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| PSYC 505 | Trauma-informed therapy with Indigenous clients | Winter 2023 |
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| Instructor: | Adam Murry | Student Name: | Jessica Elmazi |
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| Office: | AD131d | Weekly Meeting: | Bi-weekly lab meetings or by apt. |

Course Description and Goals

This course will advance a project on trauma-informed therapy practices with Indigenous clients. The work will build upon the contribution a previous 505 project, adding a data collection, analysis, and interpretation to those results in preparation for a manuscript. The project will explore which trauma-informed practices are used by therapists, and if and how they are adapted or changed for Indigenous clients.

Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see psyc.ucalgary.ca/undergraduate/program-learning-outcomes), and the expected level of achievement.

| Course Learning Outcomes | Assessment Methods | PLO(s) | Level(s) |
|--|---|--------|----------|
| Compile participant recruitment list | Excel spreadsheet | 3 | I |
| Refine interview guide | Questionnaire development | 5 | C |
| Create ethics modifications | Ethics submission | 6 | C |
| Conduct interviews with trauma-informed therapists | Transcripts/video recording | 3 | A |
| Transcribe interviews | Cleaned transcripts | 3 | C |
| Develop codebook | Excel spreadsheet of evidence-based codes | 3,7,8 | A,A,C |
| Analyze qualitative data | Visual map | 3,8 | A,C |

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles in a diverse world, 7 = apply psychological knowledge and skills, 8 = Demonstrate multicultural competence and awareness of issues related to equity, diversity,* and inclusion. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

Prerequisites

PSYC 300, 301, admission to the Psychology major or Honours program and consent of the Department

Evaluation

| Course Component | Percent of Grade | Due Date |
|--|------------------|-----------------|
| Refined interview guide | 10% | Jan 20 |
| Compiled participant recruitment list | 10% | Jan 20 |
| Create ethics modifications | 5% | Jan 27 |
| Conduct interviews with trauma-informed therapists | 20% | Jan 30 - Feb 27 |
| Clean transcriptions | 20% | Mar 6 – Mar 24 |
| Develop codebook/code data | 30% | Mar 27 – Apr 7 |
| Organize codes into themes | 5% | April 14 |

Late course components will be penalized 10% per day including weekends.

Refined interview guide. This assignment involves a critical evaluation of a pre-existing interview guide developed for this study. The interview guide should be evaluated for interpretability, flow, and alignment with content identified as important in the literature on trauma-informed therapy. The product for this assignment is a word document of the pre-existing interview guide with track-changes associated with the criteria listed above. The assignment should be uploaded to D2L. This assignment is worth 10% of the final grade. Late course components will be penalized 10% per day including weekends.

Compile participant recruitment list. This assignment involves a scan of local mental health centres in Calgary and the adjacent areas that offer trauma-informed therapy, particularly those that claim Indigenous-friendly services on their website. A list of contacts with emails and phone numbers from publicly available websites needs to be uploaded to D2L. This assignment is worth 10% of the final grade. Late course components will be penalized 10% per day including weekends.

Create ethics modification. This study has already been approved by our university’s Research Ethics Board (REB). This application needs to be reviewed for accuracy since the approval was over a year old. Assuming the interview guide requires changes, the updated interview guide should be uploaded to the REB IRISS portal. Similarly, updated recruitment materials (e.g., recruitment list) also needs to be uploaded to the REB IRISS portal. An email to me should be sent to let me know the REB modification is complete so I can submit the modification. This assignment is worth 10% of the final grade. Late course components will be penalized 10% per day including weekends.

Conduct interviews. After approval from REB, interviews can begin. Interviews can be scheduled and conducted with help from our lab’s research coordinator. Interviews can be conducted over zoom, Microsoft Teams, or in-person, whichever is most convenient for our participants. Transcriptions (even

done over Zoom or MS Teams) or audio files (if done in-person) should be submitted on D2L on a rolling basis as interviews are completed throughout the month of February and first week of March (1/30 - 3/3). This assignment is worth 20% of the final grade. Late course components will be penalized 10% per day including weekends.

Clean transcriptions. Following the interviews, transcriptions will either need to be cleaned (in the case of Zoom or MS Teams interview) or transcribed (in the case of in-person interviews). Either way, transcriptions of interviews need to be analysis ready by the March 24th. It is possible that research assistants can be recruited to assist with this assignment, but the 505 student will need to oversee any transcriptions they are not cleaning themselves, except for those transcriptions handled by the research coordinator. It is expected that preliminary codes will be created during this stage, as part of the iterative coding process. Cleaned transcriptions should be uploaded to D2L. This assignment is worth 20% of the final grade. Late course components will be penalized 10% per day including weekends.

Develop inductive codebook/code data. Once the transcriptions are clean, it is time to begin the formal coding process. Transcripts will be coded according to the inductive process outlined by Braun and Clarke's (2006) thematic analysis method. That is, transcripts will be read and segments of text will be iteratively assigned labels associated with units of meaning (i.e., constructs). As texts are coded, a codebook should be developed to track the process. As codes are created, definitions and examples of the codes should be entered into a codebook spreadsheet in Excel. The development of the codes and codebook should be done in collaboration with other researchers on this project. This stage of the research should be completed by April 7th, 2023 and uploaded on D2L. This assignment is worth 25% of the final grade. Late course components will be penalized 10% per day including weekends.

Organize codes into themes. Once the transcripts have been coded, the final stage of the analysis will be to cluster codes into themes that help to summarize the underlying messages found in the data. This step should be done as a team with myself and the co-researchers on this project in the final week of the semester. The results of this process should be represented in a visual map and submitted on D2L by April 14th. This assignment is worth 10% of the final grade. Late course components will be penalized 10% per day including weekends.

Second Reader

John Ellard

University of Calgary Academic Integrity Policy

Academic integrity is the foundation of the development and acquisition of knowledge and is based on values of honesty, trust, responsibility, and respect. We expect members of our community to act with integrity.

Research integrity, ethics, and principles of conduct are key to academic integrity. Members of our campus community are required to abide by our institutional code of conduct and promote academic integrity in upholding the University of Calgary's reputation of excellence. It is your responsibility to ensure that you have read and are familiar with the student academic misconduct policy:

<https://www.ucalgary.ca/policies/files/policies/student-academic-misconduct-policy.pdf>.

Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

A+ grade: *Exceptional Performance*. An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: *Excellent Performance*. Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance*. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: *Satisfactory Performance*. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards*. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met*. Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

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|----|---------|----|--------|----|--------|----|--------|
| A+ | 96-100% | B+ | 80-84% | C+ | 67-71% | D+ | 54-58% |
| A | 90-95% | B | 76-79% | C | 63-66% | D | 50-53% |
| A- | 85-89% | B- | 72-75% | C- | 59-62% | F | 0-49% |

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades.

To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

Reappraisal of Graded Term Work <http://www.ucalgary.ca/pubs/calendar/current/i-2.html>

Reappraisal of Final Grade <http://www.ucalgary.ca/pubs/calendar/current/i-3.html>

Academic Accommodations

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit

www.ucalgary.ca/access/. Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor. The full policy on Student Accommodations is available at <https://www.ucalgary.ca/legal-services/university-policies-procedures/accommodation-students-disabilities-procedure>.

Academic Misconduct

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <http://www.ucalgary.ca/pubs/calendar/current/k.html>

Instructor Intellectual Property

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

Copyright Legislation

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright (www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf) and requirements of the copyright act (<https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html>) to ensure they are aware of the consequences of unauthorized sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

Freedom Of Information and Protection of Privacy

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary

Student Support and Resources

<https://www.ucalgary.ca/registrar/registration/course-outlines>

Important Dates

The last day to drop this course with no "W" notation and **still receive a tuition fee refund is Thursday, January 19, 2023**. Last day add/swap a course is **Friday, January 20, 2023**. The last day to withdraw from this course is **Wednesday, April 12, 2023**

<https://www.ucalgary.ca/pubs/calendar/current/academic-schedule.html#fall2017>

