



Department of Psychology

Psychology 503.72 - Interprofessional Practice in Mental Health and Addictions

Fall Session 2008

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Course Description:

This course will bring together senior undergraduate students from various helping professions to examine aspects of mental health care and delivery in an interprofessional context. This course will look at the complex array of treatments, programs and supports available in a Canadian context. It will also critically examine the ancillary issues of community care, community treatment orders, financial and housing supports and other support services that are required for community tenure for those with severe mental illness with and without co-occurring addictive disorders. While including a brief examination of pathologies, this course **will not** concentrate on the assessment and diagnosis of mental and substance abuse disorders.

The course will make extensive use of case studies to assist students in their understanding of the complexity of issues facing individuals with mental health problems and/or addictions, their family members, and mental health care providers. The case studies will also be used to demonstrate interprofessional practice and the link between research and practice.

Individual cases will be assigned to groups of students who will then explore the relevant issues related to treatment programs, delivery of care, ancillary services, and ethical and legal issues. Students will have the opportunity to interact with mental health consumers and family members in order to explore the ramifications of illness on individuals and their families.

Please note that a major goal of this course is to link theory to practice so that students are prepared to fill professional roles in the community in the area of mental health and addictions. The emphasis will be on evidence-based, interprofessional practice.

Required Text:

Davis, Simon, (2006), *Community Mental Health in Canada: Theory, policy and practice*, Vancouver: University of British Columbia Press.
Available at the University of Calgary Bookstore.

For the last week of class, students are required to read the following:

Center for Substance Abuse Treatment. *Substance Abuse Treatment for Persons With Co-Occurring Disorders*. Treatment Improvement Protocol (TIP) Series 42. DHHS Publication No. (SMA) 05-3922. Rockville, MD: Substance Abuse and Mental Health Services Administration, 2005. Can be downloaded from <http://www.ncbi.nlm.nih.gov/books/bv.fcgi?rid=hstat5.chapter.74073>

Deegan, P.E. (1993). Recovering our sense of value after being labelled mentally ill. *Journal of Psychosocial Nursing and Mental Health Services*, 31 (4), 7-11, 33-34.

Dewa, Carolyn S., Hoch, Jeffrey S. & Goering, Paula. (2001). Using financial incentives to promote shared mental health care. *Canadian Journal of Psychiatry*, 46, 488-495.

Greenwood, R.M., Schaefer-McDaniel, N.J., Gary Winkel, G., & Tsemberis, S.T., Decreasing psychiatric symptoms by increasing choice in services for adults with histories of homelessness. *American Journal of Community Psychology*, 46(3), 223-238.

Nelson, G., Hall, G. B., & Forchuk, C., (2003), Current and preferred housing of psychiatric consumer/survivors. *Canadian Journal of Community Mental Health*, 22(1), 5-19.

Nelson, G., Sylvestre, J., Aubry, T., George, L., & Trainor, J. (2007), Housing choice and control, housing quality, and control over professional support as contributors to the subjective quality of life and community adaptation of people with severe mental illness. *Administration and Policy in Mental Health and Mental Health Services Research*. 34(2), 89-100.

Padgett, D. K., Gulcur, L., & Tsemberis, S. Housing first services for people who are homeless with co-occurring serious mental illness and substance abuse. *Research on Social Work Practice*. 16(1), 74-89.

Ralph, R.O. (2000). Recovery. *American Journal of Psychiatric Rehabilitation*, 4(3), 480-517.

The Report on Mental Illness in Canada and the *Romanow Report on Health Care* can be retrieved and downloaded from the course Blackboard site
Students are expected to read these reports prior to the first class.

Course Requirements:

Students are expected to attend class regularly (**including the full-day session on Saturday November 29**), to do assigned reading and to participate in the classroom. Students having difficulties should approach the course instructor as soon as possible.

Evaluation:

- 1) Take home exam: **Due Monday, October 20** **30%**
- 2) A. Group Presentation on selected case: **Due date determined by the topic.** **20%**
B. Group Presentation on issues related to case - **Due Saturday, November 29** **25%**
(Note that A and B are related to the same case but must cover substantially different material.)
- 3) Paper on the care and service delivery issues of a person with a serious mental illness and concurrent substance abuse. This may not be the same clinical scenario as the case chosen for group presentation **25%**
Due Monday, November 3.

Details regarding the take home exam and paper will be provided in class (e.g., page length, reference format, marking criteria, etc.).

Grading Scheme:

The final grading system used in this course will be no more stringent than the following:

A+	96-100%	B+	83-85%	C+	72-75%	D+	59-62%
A	90-95%	B	79-82%	C	67-71%	D	55-58%
A-	86-89%	B-	76-78%	C-	63-66%	F	<55

As stated in the University Calendar, it is at the instructors' discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentages will be rounded up or down to the nearest whole percentage (i.e., 89.5% will be rounded up to 90%; 89.4% will be rounded down to 89%, etc.).

Approximate Class Schedule:

Week of:	Topic
Sept 8:	Interprofessional practice within interdisciplinary teams
Sept 15:	Overview of mental illness and addictions
Sept 22 and 29:	Case Study #1: Young adult with first psychotic break who is using street drugs
Oct 6 and 20:	Case Study #2: Middle aged adult with depression and anxiety with an addiction to pain killers
Oct 27 and Nov. 3:	Case Study #3: Adult with post traumatic stress disorder and alcoholism who is homeless
Nov 17 and 24:	Case Study #4: Older adult with early dementia addicted to benzodiazepines
Nov. 29:	All day seminar/ course presentations. Please note that this is an all-day Saturday session and attendance is mandatory.

University of Calgary Curriculum Objectives:

1) This course addresses the following core competencies:

- Critical thinking
- Analysis of problems
- Effective written and verbal communication
- Gathering and organizing information
- Interpretive and assessment skills
- Understanding of different professional roles and competencies
- Interprofessional collaboration

With the following course characteristics:

1. To understand the multiple aspects of mental health and addictions from diagnosis to treatment best practices, treatment programs, systems of care, policy and legal issues.
2. To develop skills in interprofessional practice that utilize best practices in interprofessional collaboration and treatment delivery.
3. To be a component of preparation for students to assume service delivery roles in mental health and addictions settings.

2) This course addresses the following curriculum redesign features:

- A defined interdisciplinary component
- An experiential learning component relevant to the program objectives
- Integration of research

With the following course characteristics:

This course focuses on the biological, social, and psychological determinants of mental health problems and their treatments, thus is multidisciplinary in nature. Diversity issues will also be considered throughout the course (e.g., culture, gender, age, etc.)

Students may be exposed to video presentations of individuals who are experiencing mental health problems and receiving treatment. Guest speakers will be invited to interact with students to discuss various topics including: the experiential aspects of mental illness, treatment alternatives, advocacy and policy issues, and challenges to meeting the needs of those with mental health problems.

Class lectures and discussions will focus on methodological and conceptual issues in the mental health literature that showcase best practices. Students will also be expected to review the research literature for their presentations.

Reappraisal of Grades:

A student who feels that a piece of graded term work (term paper, essay, test, etc.) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within fifteen days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Head of the Department offering the course, who will arrange for a reassessment of the work within the next fifteen days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same.

If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the Faculty offering the course within fifteen days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the appraisal. The student should include as much written documentation as possible.

Plagiarism and Other Academic Misconduct:

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on an assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar, which present a Statement of Intellectual Honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct. **Documented plagiarism will result in automatic failure of the course and may result in other disciplinary action as determined by the student's academic department.**

Academic Accommodation:

It is a student's responsibility to request academic accommodation. If you are a student with a disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than fourteen (14) days after the start of this course.

Assignments:

Please note that the take home exam and the papers are due at the beginning of class. Late assignments will be accepted and should be submitted to the Faculty of Social Work main office (PF3256); however, the penalty will be 3% per day, including weekends. E-mailed assignments **will not** be accepted. Students who must miss a presentation due to illness or other **major** extenuating circumstances must notify Dr. Waegemakers Schiff **before** the scheduled presentation. A completed Physician/ Counselor Statement will be required to confirm extenuating circumstances. The student will be required to pay any cost associated with the Physician/ Counselor Statement

Course Credits for Research Participation: Please note that this course does not offer course credit for research participation.

Student Organizations:

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in the Administration building, room 170 or may be contacted at 220-5567.

Student Union VP Academic: Phone: 220-3911 [suvpaca@ucalgary.ca](mailto:suypaca@ucalgary.ca)

Student Union Faculty Rep: Phone: 220-3913 socialsciirep@su.ucalgary.ca

The last day to drop this course and still receive a fee refund is September 19, 2008. The last day to withdraw from this course is December 5, 2008.