



Healing Bodies & Minds: A Journey to Ancient Greece and Back

Psychology 503.31 & 503.32

Spring 2018

Instructor:	Dr. Hank Stam Dr. Caterina Pizanias	Lecture Location:	Admin 247
Phone:	220-5683	Lecture Days/Time:	TTr 1:00PM & in Greece
Email:	stam@ucalgary.ca caterinapizanias@gmail.com		
Office:	AD 251C		
Office Hours:	TTr by appointment		

Course Description and Goals Overview:

The early Pre-Socratic philosophers, Plato, Aristotle, and the Hippocratic physicians first systematically explored notions of the mind in ancient Greece by taking a set of concepts that had been part of the Bronze Age (*thymos, nous, pneuma, psychê*) and subjecting them to systematic analysis. The pre-Socratics focused on the underlying nature of the world and searched for a primordial essence of the cosmos and the *psychê* (i.e., of what is it made?). The Athenian *polis* or city state came to represent the pinnacle of Ancient Greek civilization. Here Plato divided the *psychê* into three parts, corresponding to roughly to reason, emotion, and desire. Aristotle believed the *psychê* to actualize the body's potential for life, but also to be inseparable from the body, and divided the *psychê* into at least five faculties. The Hippocratics focused mainly on illness, including mental illness, which was often thought to be caused by an imbalance of humours; made neurological discoveries and developed the idea of *pneuma* into an elaborate biopsychological theory. But early Greek medicine lived side by side with healing practices focused on the temples of Asclepius, the Greek god of medicine, the largest of which appears to have been at Epidaurus.

This course is concerned with Greek thinkers, scholars, scientists and social movements and how these interweave to produce unique positions on the problems of healing in medicine and the development of new understandings of mind. By discussing these issues in the sites in which they occurred we offer the student a unique experience of the foundations of psychology and medicine in western thought. The instructors will endeavor to cover the material on site with discussions, tours of well-known antiquities and background material. Guest archeologists and visitors will round out the course presentations.

Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see psyc.ucalgary.ca/undergraduate/program-learning-outcomes), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Demonstrate knowledge of historical positions over the time covered in the course	Midterms and Final paper	1,5	C
Assess and critically evaluate historical ideas and trends from a variety of perspectives	Midterm and Final paper	1,2,4,5	C
Formulate positions on important questions in the history of medicine and early psychology based on site visits	Field reports	1, 2, 4	A
Analyze and integrate multiple historical sources and issues in the history of Greek medical and psychological thought	Final paper	1,2	C
Articulate positions on the development of Greek practices and thought	Final paper	7	C

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles, 7 = apply psychological knowledge and skills. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advance

University of Calgary Curriculum Objectives: This course is designed to be part of a process of experiential learning. We will be engaged in addressing historical perspectives and theoretical frameworks that form the foundations of critical and creative thinking in multiple disciplines and that are focused on the analysis of problems at a foundational level. Much of this will require exposure to and mastery of abstract reasoning. Furthermore, this course provides an important experiential learning component by directly engaging with the Greek foundations of psychological thought *in Greece itself*. The assignments you will complete are designed to require you to engage in effective communication strategies and will require that you gather and organize information effectively. It is expected that this course will generate insight into how knowledge is produced, how psychological and medical knowledge came into existence as a separate category of knowing, and it will enhance your interpretive and assessment skills with respect to the evaluation of knowledge claims.

Course Format:

These are two spring courses (503.31 & 503.32) in which all students must be enrolled simultaneously.

Student Orientation: Session in April 2018, final date TBD. An announcement will be made and posted on D2L.

Pre-Session. Classroom sessions: May 1, 3, 7, 10 of 120 mins each. These pre-sessions will cover the basics of the course material as well as preparatory material for traveling to Greece in later in May. Location & Time: University of Calgary, Admin 247B, 1:00 PM on May 1, 3, 7, 10.

Greece. Saturday May 12, 2018 – Sunday, June 3, 2018.

Intersections: Greek Mythology, Medicine, Philosophy

Locations: 1. Just slightly more than half of the course will be spent in Athens (Parthenon, Ancient Agora, Kerameikos Cemetery, and more)
2. Attica tour, Vravra Site (Artemis Temple), Oropos (Asclepius' Temple)
3. Epidaurus—another one of Asclepius' temples among other sites.
4. Island of Crete – Lissos and Lebena, Knossos

Requirements: Permission of the Department. You must meet with Dr. Stam before you can register in this course. Limit: 27 students. Priority will be given to Psychology Majors but the course is open to students in Medical Sciences, History and other Faculty of Arts students.

This course is coordinated by the Group Study Programs of the Centre for International Students at the University of Calgary (see www.credittravelstudy.ucalgary.ca)

This course will count as an equivalent course for Psychology 305, History of Psychology if you are applying for the honor's program in psychology.

Required Texts:

1. Cartledge, P. (2011). *Ancient Greece: A very short introduction*. Oxford: Oxford University Press.

This book is required and ideally should be read before the course starts. We will ask the bookstore to order copies but you can get one quickly from Amazon or elsewhere if you order it online. It will give you a quick overview of the Greek city-states before we have our first classroom session.

2. Part One, Chapters 1, 4 & 6 only, of: Jouanna, J. (2012). *Studies in Ancient Medicine Volume 40: Greek Medicine from Hippocrates to Galen: Selected Papers*.

This book is available through the University of Calgary library as an electronic book.

Chapter 15 is also relevant to our trip, so please have a look at it. But we won't test you on it for the midterm.

3. Bowsky, M. W. (2016). Prolegomena to a dossier: Inscriptions from the Asklepieion at Lissos (Crete). *Electrum*, 23, 127-153.

This is an open access journal, article available here:

<http://www.ejournals.eu/electrum/2016/Volume-23/art/8004print/>

4. Ustinova, Y. (2002). Either a daimon or a hero, or perhaps a god: mythical residents of subterranean chambers. *Kernos*, 15, 267–288.

Kernos is an open access journal, you can find the article here:

<https://journals.openedition.org/kernos/pdf/1385>

5. Melfi, M. Lost sculptures from the Asklepieion of Lebena. *Creta Antica*, 10/II, 607-618.

This is not available from the library, the author has kindly provided a copy for us.

6. Robinson, D. (1995). *An Intellectual History of Psychology* (Third ed.). University of Wisconsin Press. Available from the bookstore. You will read page 1-67.

Recommended Readings:

There is a very large literature on Greek philosophy, medicine and drama but you may find the following references useful:

1. It is helpful to read a basic introduction to Greek mythology if you are not conversant with these. There are many books to choose from but some classics include Edith Hamilton's *Mythology: Timeless tales of gods and heroes* (in our library) or Richard Buxton's *The complete world of Greek mythology*.

2. Sineux, P. (2006). Le sanctuaire d'Asklépios à Lébèna: L'ombre de Gortyne. *Revue Historique*, No. 639, 589-608. If you can read French, this is a useful article.

3. Part I and IV of Sigerist, H. E. (1961). *A History of Medicine, Volume II: Early Greek, Hindu and Persian Medicine*. Oxford: Oxford University Press.

4. Bruno Snell, (1982). *The discovery of the mind: The Greek origins of European thought. Revised edition.* Courier Dover Publications.
5. E. R. Dodds, (2004). *The Greeks and the irrational, Revised edition.* University of California Press.
6. *Hippocratic Writings*, Edited with an introduction by G. E. R. Lloyd. Penguin Books, 1978.
7. Eghigian , G. (2017). *The Routledge History of Madness and Mental Health.* London: Taylor and Francis. (Available electronically from the library.)

Evaluation

The final course grade for this half course will be based on the following:

1. An exam written prior to departure on the pre-session material and covering the readings and lectures given in class. Thursday, May 10, 2018. One-and-a-half hour, value 20%. All questions will be paragraph answer questions or questions answered in a few sentences.
2. Two mini-essays based on field experiences written about visits to the archaeological sites, including notes of observations in the field and reports on what archaeologists, guides and professors have to say on the site, followed by an examination of the ideas introduced in the field in the current literature. Details of structure of field reports to be presented in class. Due four days after the field visits. Value, 15% each (total 30%). Late mini-essays will be penalized by 10% per day. You may submit these electronically or on paper.
3. Full participation in the preparatory and post-travel phases of the course as well as all of the field activities in Greece. Value 10%. Participation will be graded on contributions to the class made when possible, especially in the field. We expect students to be attentive to classes and to the special guests who will be presenting at the historic sites.
4. An essay to be handed in by June 25, 2018 in either electronic or print form. Electronic versions must be emailed to both Dr. Stam and Dr. Pizanias. If you choose to submit a paper version, it is to go to Dr. Stam in his office (251C) or through the drop box outside the department office. The essay should be an essay about an aspect of the origins of psychology in Ancient Greece. The topic must be approved by the instructors in advance. You must have your topic approved by handing in a one-page outline by June 1, 2018. The length of your essay should be approximately 6,000-7,000 words and must cover an aspect of the course. Further details will be provided in class. Value: 40%. Late papers will be penalized at 5% per day.

Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

A+ grade: *Exceptional Performance.* An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: *Excellent Performance.* Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance.* Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: *Satisfactory Performance.* Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards.* Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met.* Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades.

To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class; no reappraisal of term work is permitted after the 15 days. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course,

who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

Academic Accommodation

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services ; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit www.ucalgary.ca/access/.

Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor.

The full policy on Student Accommodations is available at http://www.ucalgary.ca/policies/files/policies/student-accommodation-policy_0.pdf.

Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have up to 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam during exam make-up hours provided by the

department <http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues>. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam http://www.ucalgary.ca/registrar/exams/deferred_final. Under no circumstances will this be accommodated by the department.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam http://www.ucalgary.ca/registrar/exams/deferred_final. Under no circumstances will this be accommodated by the department.

Freedom of Information and Protection of Privacy (FOIP) Act

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or via the Department Office (Admin 255), or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

Evacuation Assembly Point

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at <http://www.ucalgary.ca/emergencyplan/assemblypoints>

Please check this website and note the nearest assembly point for this course.

Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 403-220-5567.

Student Union VP Academic: Phone: 403-220-3911 [suyvaca@ucalgary.ca](mailto:suypaca@ucalgary.ca)

Student Union Faculty Rep.: Phone: 403-220-3913 socialscirep@su.ucalgary.ca

Student Ombudsman's Office

The Office of the Student Ombudsmen provides independent, impartial and confidential support for students who require assistance and advice in addressing issues and concerns related to their academic careers. The office can be reached at 403-220-6420 or ombuds@ucalgary.ca (<http://www.ucalgary.ca/provost/students/ombuds>)

Safewalk

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year.

Call 403-220-5333.

Important Dates

Once the course has begun, it is **not** possible to drop this course and **receive a tuition fee refund**. Withdrawal from this course requires you to pay tuition to the Group Study Office. The last day to withdraw from this course is **June 26, 2018**. There will be a "W" recorded for the course and tuition will not be refunded.