

<b>PSYC 433</b>	<b>Introduction to Clinical Psychology</b>	<b>Winter 2021</b>
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<b>Instructor:</b>	Keith Dobson	<b>Lecture Location:</b>	Virtual- by Zoom
<b>Phone:</b>	403-220- 5096	<b>Lecture Days/Time:</b>	Wed, 6:00-8:50 pm
<b>Email:</b>	<a href="mailto:ksdobson@ucalgary.ca">ksdobson@ucalgary.ca</a>	<b>Office:</b>	Administration Bldg. 235A
		<b>Office Hours:</b>	By appointment

### Course Description

This course will serve as an introduction to the field of clinical psychology. Students will learn about the professional aspects of the field, including training models, codes of conduct and regulatory aspects of the profession. The typical functions of clinical psychologists will be covered, including psychological assessment and therapy. A number of theoretically distinct approaches to therapy will be discussed. Towards the end of the term we will discuss recent extensions of clinical psychology into new domains of practice and some of the issues that arise from such changes.

### Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see <https://live-arts.ucalgary.ca/psychology/about#program-learning-outcomes>), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Evaluate and formulate a specific case study	Case Study assignment	1,2,4,5,6,7	C, A
Describe knowledge as related to the broad field of clinical psychology	Exams	1,2,5,7,8	C, A
Critically evaluate research	Article critique assignment, exams	1,2,4,7	C, A
Recall and recognize diagnostic, assessment, and intervention theories and methods	Exams	1,2	C
Identify and address ethical principles and dilemmas	Exams, assignments	1,2,4,5,6	C
Describe and apply theoretical and practical aspects of specific intervention methods	Case study assignment and exams	1,2,4,5,7,8	C,A

PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles in a diverse world, 7 = apply psychological knowledge and skills, 8 = Demonstrate multicultural competence and awareness of issues related to equity, diversity,\* and inclusion. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

### Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to

acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

### Course Format

Lectures will be taught live via Zoom during each scheduled class as per the course schedule below and will be recorded and posted to D2L after class. There are two exceptions to this format (January 20 and 27, 2021) and these lectures will be prerecorded and posted to the course D2L page by the day/ time of each scheduled class as per the course schedule.

### Prerequisites

Psychology 300 and 301 or 312 – Experimental Design and Quantitative Methods for Psychology  
 Psychology 385 – Abnormal Psychology  
 Admission to the Psychology Major

### Required Text

Lee, C., M. & Hunsley, J. (2018). *Introduction to Clinical Psychology: An Evidence-based Approach* (4<sup>th</sup> Edition). New York, NY: Wiley. Available at Bookstore.

Also available through John Wiley, as an e- Book. (go to <http://ca.wiley.com/WileyCDA/WileyTitle/productCd-EHEP003073.html?filter=TEXTBOOK>).

### Assessment Methods

Component	% of Grade	Material	Date
Article Review	20%	Journal article provided	February 12, 2021
Midterm	30%	Chapters 1, 2, 3, 5, 6, 7, 8, 9 & Lecture Material	March 3, 2021
Assignment	20%	Case study and questions provided	March 31, 2021
Final Exam	30%	Chapters 10, 11, 12, 13,14, 15 & Lecture Material	April 19- 21, 2021

**Article review:** The article review will consist of an APA style paper of *maximum* 7 pages in length plus a cover page (typed, double spaced, one inch margins, 12-point font), which describes (1 page maximum), and then discusses (3-5 pages) the methodology, strengths and limitations of an original research article, and concludes with a one page discussion of possible “next steps” in the development of the research described in the article. Evaluation criteria will include your ability to demonstrate background knowledge, critically evaluate the article including both its purpose and design, discuss ethics in research, and communicate effectively. Insights about the article should go beyond those mentioned in the Discussion section of the article. You may choose one of three possible articles from a recent issue of the *Journal of Consulting and Clinical Psychology* assigned by your instructor and available on the course Dropbox. Details and a sample APA-style paper are provided at:

<https://owl.english.purdue.edu/owl/resource/560/18/> You will find additional guidance on how to critically evaluate a research study on p. 100 of your textbook. Without approved documentation, a penalty of 5% of the grade per day (including weekends) will apply to all incomplete or late papers. Assignments more than 7 days late will not be accepted, without approved documentation. The article review is due at or before the beginning of class on **Wednesday, February 12, 2021**. This assignment will receive a maximum of 20/ 100 points towards the final grade.

**Midterm examination:** This is an open book examination covering the material from Chapters 1 to 9 (excepting 4) in the assigned text, and the lectures up to and including the end of Wednesday, February 24, 2021. The examination will consist of a total of 10 multiple choice, 5 short answer and 3 integrative paragraph style questions. Consistent with current protocols, the examination will be sent to students 24 hours prior to the class time on Wednesday, March 3, 2021 (at approximately 6:00 pm on March 2, 2021) and must be submitted by the end of the first 90 minutes of class time on **Wednesday, March 3, 2021, at 7:30 pm**). The examination will be written so that it can in principle be completed in the first 90 minutes of class time on Wednesday March 3, 2021. A penalty of 5% of the grade per hour will apply to all unreturned examinations. Assignments more than 12 hours late will not be accepted without approved documentation. The examination will generate a maximum of 30 points towards the final grade.

**Case study:** The case study assignment will involve analysis of one clinical case (from a selection of three cases), which incorporates principles learned about assessment and treatment throughout the term and allows for integration of the course material. Case descriptions will be provided by February 12, 2021 with questions to respond to, regarding assessment, case formulation, diagnoses, ethical issues, and treatment. This will be a *maximum 5-page* case study (typed, double-spaced, one inch margins, using 12 pitch font). The case study is due at or before the beginning of class on **Wednesday, March 31, 2021**, submitted to the relevant Dropbox on D2L. This assignment will receive a maximum of 20/ 100 points towards the final grade. Without approved documentation, a penalty of 5% of the grade per day (including weekends) will apply to all uncompleted papers. Assignments more than 7 days late will not be accepted without approved documentation.

**Final examination:** This exam will consist of a “take home” examination covering the material from Chapters 10 to 15 in the assigned text, and the lectures from the beginning of class on Wednesday, March 3, 2021 and up to and including the end of class on Wednesday, April 14, 2021. The examination will require responses to 5 paragraph style questions from each student, each of which will require the synthesis and integration of material from the course. The examination will be posted on the course’s D2L website at 9 am on Sunday, April 18<sup>th</sup> and must be returned by **Wednesday, April 21 by 9:00 pm** to the course’s D2L website. The examination will generate a maximum of 30 points towards the final grade. A penalty of 5% of the grade per hour will apply to all unreturned examinations. Assignments more than 12 hours late will not be accepted without approved documentation.

**Extra research participation course credit** is not offered for this course.

#### **Department of Psychology Criteria for Letter Grades**

Psychology course instructors use the following criteria when assigning letter grades:

**A+ grade: *Exceptional Performance.*** An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

**A, A- Range: *Excellent Performance.*** Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student’s thorough knowledge of subject matter.

**B Range: *Good Performance.*** Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

**C Range: *Satisfactory Performance.*** Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

**D range: *Marginally meets standards.*** Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

**F grade: *Course standards not met.*** Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

**Grading Scale**

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

**Tentative Lecture Schedule**

All classes below will be live and synchronous, with the exception of those marked with an asterisk (\*).

Date	Topic/ Activity/ Readings/ Due Date
M Jan 04	Winter term begins (block week January 4-8)
M Jan 11	Start of Classes
W Jan 13	Course Introduction Chapter 1 The Evolution of Clinical Psychology
W Jan 20*	Chapter 2 Contemporary Clinical Psychology; Professional issues and ethics*
R Jan 21	Last day to drop Winter Term half-courses.
F Jan 22	Last day to add or swap a course
W Jan 27*	Chapter 3 Classification and Diagnosis* Evaluating research in clinical psychology*
F Jan 29	Fee payment deadline for Winter Term fees.
W Feb 3	Chapter 5 Assessment Overview Chapter 6 Assessment Interviewing and Observation
W Feb 10	Chapter 7 Assessment: Intellectual and Cognitive Measures
<b>F Feb 12</b>	<b>Article review Due</b>

M Feb 15	Alberta Family Day
Feb 14-20	Term Break, No Classes (University if Open, Except on Alberta Family Day)
W Feb 24	Chapter 8 Assessment: Self Report and Projective Measures Chapter 9 Assessment Integration and Clinical Decision making
W Mar 3	<b>Midterm Examination (in class) 6:00- 7:30 pm</b> Chapter 10 Prevention
W Mar 10	Chapter 11 Intervention Overview and History of Psychotherapy
W Mar 17	Chapter 12 Intervention: Adults
W Mar 24	Chapter 12 CBT and Third Wave Therapies Chapter 12 Psychotherapy Research
W Mar 31	Chapter 13 Intervention: Children and Adolescents Chapter 13 Intervention: Family Therapy Chapter 14. Intervention: Identifying Key Elements of Change <b>Case Study Due</b>
F Apr 2	Good Friday, University Closed
M Apr 6	Easter Monday, University Closed
W Apr 7	Chapter 15 Specialty Areas in Clinical Psychology: Forensic Psychology
W Apr 14	Chapter 15 Specialty Areas in Clinical Psychology: Health Psychology The Future of Clinical Psychology
R Apr 15	Last day of classes, last day to withdraw from winter courses
Apr 19-21	<b>Final Exam Period: Exam due by 9:00 pm on Wednesday, April 21, 2021</b>
R Apr 30	End of Term

### Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without the approval of the instructor. Students who miss a test/exam have up to 48 hours to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Once approved by the instructor a makeup test/exam must be written within 2 weeks of the missed test/exam on a day/time scheduled by the instructor. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>.

### Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>. Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology (psyugrd@ucalgary.ca).

**Reappraisal of Graded Term Work** <http://www.ucalgary.ca/pubs/calendar/current/i-2.html>

A student who feels that a piece of graded term work (term paper, essay, test, etc.) has been unfairly graded, may have the paper re-graded as follows. The student shall discuss the work with the instructor **within fifteen days** of being notified about the mark or of the item's return to the class. If not satisfied, the student shall **immediately** take the matter to the Director of Undergraduate Studies who will arrange for a reassessment of the work **within the next fifteen days**. Students in faculties without a departmental structure should take the matter to the dean or the associate/assistant dean (Academic/Student Affairs) of the faculty offering the course. The result of that reassessment should be given to the student in writing. ***The reappraisal of term work may cause the grade to be raised, lowered or to remain the same.***

**Reappraisal of Final Grade** <http://www.ucalgary.ca/pubs/calendar/current/i-3.html>

In the reappraisal of a final grade, the only element that will be considered is the grading of the final assessment that makes up the final mark (e.g., final examination, final project, final paper). An exception may occur when the Instructor of Record evaluates a piece of graded term work at the end of the term; that grade may also be considered in a reappraisal of final grade.

A student who wish a reappraisal of a final grade should first attempt to review the final assessment with the department or faculty offering the course. After which, the student shall obtain a Reappraisal of Final Grade form from [ucalgary.ca/registrar](http://ucalgary.ca/registrar) (under Student Forms). Students must indicate exactly what error was made in marking the final assessment and/or in computing the final grade. The reappraisal will only be considered if the student provides a detailed rationale that outlines where and for what reason an error is suspected.

Students who wish a reappraisal of a final grade must submit their request by the dates outlined in the University Calendar. The reappraisal form shall be submitted to Enrolment Services who will forward it to the department head or dean of the faculty offering the course. Reappraisals of final grades are dealt with by the head of the academic unit in consultation with members of academic staff. Normally, the department/faculty will respond to a reappraisal request within thirty calendar days of its initiation. After the reappraisal is completed, the department shall return the form to the Registrar's Office who shall inform the student in writing of the decision. ***Students should be aware that the grade being reappraised may be raised, lowered or remain the same. A student may request a reappraisal of final grade only twice in one academic year (September 1 – August 31).***

**Academic Accommodations**

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit [www.ucalgary.ca/access/](http://www.ucalgary.ca/access/). Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor. The full policy on Student Accommodations is available at <http://www.ucalgary.ca/policies/files/policies/student-accommodation-policy.pdf>.

**University of Calgary Academic Integrity Policy**

Academic integrity is the foundation of the development and acquisition of knowledge and is based on values of honesty, trust, responsibility, and respect. We expect members of our community to act with integrity. Members of our campus community are required to abide by our institutional code of conduct and promote academic integrity in upholding the University of Calgary's reputation of excellence. . Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. It is your responsibility to ensure that you have read and are familiar with the student academic misconduct policy: <https://www.ucalgary.ca/policies/files/policies/student-academic-misconduct-policy.pdf>.

**Instructor Intellectual Property**

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

**Copyright Legislation**

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright ([www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf](http://www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf)) and requirements of the copyright act (<https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html>) to ensure they are aware of the consequences of unauthorized sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

**Freedom of Information and Protection of Privacy**

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary.

**Wellness and Mental Health Resources**

The University of Calgary recognizes the pivotal role that student mental health plays in physical health, social connectedness and academic success, and aspires to create a caring and supportive campus community where individuals can freely talk about mental health and receive supports when needed. We encourage you to explore the excellent mental health resources available throughout the university community, such as counselling, self-help resources, peer support or skills-building available through the SU Wellness Centre (Room 370, MacEwan Student Centre ); <https://www.ucalgary.ca/wellnesscentre/services>) and the Campus Mental Health Strategy website (<http://www.ucalgary.ca/mentalhealth/>). Universal Design principles will be used whenever possible so that learning activities are accessible to as many students as possible. In addition, students who require accommodations in this course due to a disability affecting mobility, vision, hearing, learning, mental or physical health are advised to discuss their needs with Disability Services.

**Student Organizations**

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 130 and may be contacted at 403-220-5567.

**Student Union VP Academic:** Phone: 403-220-3911 [suwpaca@ucalgary.ca](mailto:suwpaca@ucalgary.ca)

**Student Union Faculty Rep.:** [arts1@su.ucalgary.ca](mailto:arts1@su.ucalgary.ca)

**Student Support and Resources**

<https://www.ucalgary.ca/registrar/registration/course-outlines>

**Important Dates**

The last day to drop this course with no "W" notation and **still receive a tuition fee refund** is **Thursday, January 21, 2021**. Last day add/swap a course is **Friday, January 22, 2021**. The last day to withdraw from this course is **Thursday, April 15, 2021**. For further information, please see:

<https://www.ucalgary.ca/pubs/calendar/current/academic-schedule.html>