

**PSYC 433**
**Introduction to Clinical Psychology**
**Winter 2020**

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### Course Description

This course will serve as an introduction to the field of clinical psychology. Students will learn about the professional aspects of the field, including training models, codes of conduct and regulatory aspects of the profession. The typical functions of clinical psychologists will be covered, including psychological assessment and therapy. A number of theoretically distinct approaches to therapy will be discussed. Towards the end of the term we will discuss recent extensions of clinical psychology into new domains of practice and some of the issues that arise from such changes.

### Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see [psyc.ucalgary.ca/undergraduate/program-learning-outcomes](http://psyc.ucalgary.ca/undergraduate/program-learning-outcomes)), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Evaluate and formulate a specific case study	Case Study assignment	1,2,4,5,6,7	C, A
Describe knowledge as related to the broad field of clinical psychology	Exams	1,2,5,7	C, A
Critically evaluate research	Article critique assignment, exams	1,2,4,7	C, A
Recall and recognize diagnostic, assessment, and intervention theories and methods	Exams	1,2	C
Identify and address ethical principles and dilemmas	Exams, assignments	1,2,4,5,6	C
Describe and apply theoretical and practical aspects of specific intervention methods	Case study assignment and exams	1,2,4,5,7	C,A

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles, 7 = apply psychological knowledge and skills. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

### Course Prerequisites

Psychology 300 and 301 or 312 – Experimental Design and Quantitative Methods for Psychology  
Psychology 385 – Abnormal Psychology  
And admission to the psychology major.

### Required Text:

Lee, C., M. & Hunsley, J. (2018). *Introduction to Clinical Psychology: An Evidence-based Approach* (4<sup>th</sup> Edition). New York, NY: Wiley. Available at Bookstore.

Also available through John Wiley, as an e- Book. (go to <http://ca.wiley.com/WileyCDA/WileyTitle/productCd-EHEP003073.html?filter=TEXTBOOK>).

### Assessment Methods

Component	% of Grade	Material	Date
Article Review	20%	Journal article provided	February 13, 2020
Midterm	30%	Chapters 1, 2, 3, 5, 6, 7, 8, 9 & Lecture Material	February 27, 2020
Assignment	20%	Case study and questions provided	March 26, 2020
Final Exam	30%	Chapters 10, 11, 12, 13,14, 15 & Lecture Material	Set by Registrar

**Article review:** The article review will consist of an APA style paper of *maximum* 7 pages in length plus a cover page (typed, double spaced, one inch margins, 12-point font), which describes (1 page maximum), and then discusses (3-5 pages) the methodology, strengths and limitations of an original research article (not a theoretical article), and concludes with a one page discussion of possible “next steps” in the development of the research described in the article. Evaluation criteria will include your ability to demonstrate background knowledge, critically evaluate the article including both its purpose and design, discuss ethics in research, and communicate effectively. Insights about the article should go beyond those mentioned in the Discussion section of the article. You may choose one of three possible articles from a recent issue of the *Journal of Consulting and Clinical Psychology* assigned by your instructor and available on the course Dropbox. Details and a sample APA-style paper are provided at: <https://owl.english.purdue.edu/owl/resource/560/18/> You will find additional guidance on how to critically evaluate a research study on p. 100 of your textbook. Without approved documentation, a penalty of 5% of the grade per day (including weekends) will apply to all incomplete or late papers. Assignments more than 7 days late will not be accepted, without approved documentation. The article review is due at or before the beginning of class on **Thursday, February 13, 2020**. This assignment will receive a maximum of 20/ 100 points towards the final grade.

**Midterm examination:** This is a closed book examination covering the material from Chapters 1 to 9 (excepting 4) in the assigned text, and the lectures up to and including the end of Tuesday, February 12, 2020. The examination will consist of a total of 20 multiple choice, 5 short answer and 2 paragraph style questions. The examination will take place in the class time on Thursday, February 27, 2020. The examination will generate a maximum of 30 points towards the final grade. No resources are allowed, including ipods, ipads, or computers.

**Case study:** The case study assignment will involve analysis of one clinical case (from a selection of two cases), which incorporates principles learned about assessment and treatment throughout the term and allows for integration of the course material. Case descriptions will be provided by February 13, 2020 with questions to respond to, regarding assessment, case formulation, diagnoses, ethical issues, and treatment. This will be a *maximum 5-page* case study (typed, double-spaced, one inch margins, using 12 pitch font). The case study is due at or before the beginning of class on Thursday, March 26, 2020, submitted to the relevant Dropbox on D2L. This assignment will receive a maximum of 20/ 100 points towards the final grade. Without approved documentation, a penalty of 5% of the grade per day (including weekends) will apply to all uncompleted papers. Assignments more than 7 days late will not be accepted without approved documentation.

**Final examination:** This exam will consist of a “take home” examination covering the material from Chapters 10 to 15 in the assigned text, and the lectures from the beginning of class on Tuesday, March 3, 2020 and up to and including the end of Tuesday, April 14, 2020. The examination will require responses to 5 paragraph style questions from each student, each of which will require the synthesis and integration of material from the course. The examination will be posted on the course’s D2L website at 4 pm on Friday, April 17<sup>th</sup> and must be returned by Monday, April 20 by 12:00 noon to the course’s D2L website. The examination will generate a maximum of 30 points towards the final grade. A penalty of 5% of the grade per hour will apply to all unreturned examinations.

**Extra research participation course credit** is not offered for this course.

### **Department of Psychology Criteria for Letter Grades**

Psychology professors use the following criteria when assigning letter grades:

**A+ grade: *Exceptional Performance.*** An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

**A, A- Range: *Excellent Performance.*** Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student’s thorough knowledge of subject matter.

**B Range: *Good Performance.*** Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

**C Range: *Satisfactory Performance.*** Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

**D range: *Marginally meets standards.*** Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

**F grade: *Course standards not met.*** Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

## Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

## Approximate Lecture Schedule

Date	Topic/Activity/Readings/Due Dates
T Jan 14	Course Introduction Chapter 1 The Evolution of Clinical Psychology
R Jan 16	Chapter 2 Contemporary Clinical Psychology
T Jan 21	Chapter 2 Professional Issues and Ethics
R Jan 23	Chapter 3 Classification and Diagnosis
R Jan 23	Last day to drop Winter Term half-courses.
F Jan 24	Last day to add or swap Winter Term half courses.
T Jan 28	Chapter 5 Assessment Overview
R Jan 30	Chapter 6 Assessment Interviewing and Observation
F Jan 31	Fee payment deadline for Winter Term fees.
T Feb 4	Chapter 7 Assessment: Intellectual and Cognitive Measures
R Feb 6	Chapter 7 Assessment: Intellectual and Cognitive Measures
T Feb 11	Chapter 8 Assessment: Self Report and Projective Measures
R Feb 13	Chapter 8 Assessment: Self Report and Projective Measures <b>Article review due</b>
Feb 16- 22	Reading Week. No lectures. University open (except Family Day).
M Feb 17	Alberta Family Day, University closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries).
T Feb 25	Chapter 9 Assessment Integration and Clinical Decision making
R Feb 27	<b>Midterm Examination</b>
T Mar 3	Chapter 10 Prevention
R Mar 5	Chapter 11 Intervention Overview
T Mar 10	Chapter 11 Intervention Overview and History of Psychotherapy
R Mar 12	Chapter 12 Intervention: Adults
T Mar 17	Chapter 12 CBT and Third Wave Therapies
R Mar 19	Chapter 13 Intervention: Children and Adolescents
T Mar 24	Chapter 13: Intervention: Family Therapy
R Mar 26	<b>Case Study Due</b> Chapter 12 Psychotherapy Research
T Mar 31	Chapter 12 Evidence Based Treatments and Clinical Practice Guidelines
R Apr 2	Chapter 14 Intervention: Identifying Key Elements of Change
T Apr 7	Chapter 15 Specialty Areas in Clinical Psychology: Forensic Psychology

R Apr 9	Chapter 15 Specialty Areas in Clinical Psychology: Health Psychology
T Apr 14	The Future of Clinical Psychology
W Apr 15	Last day of classes, last day to withdraw from Winter Term courses.
Apr 18- 29	<b>Final Examination-</b> Scheduled by Registrar

**Reappraisal of Graded Term Work** <http://www.ucalgary.ca/pubs/calendar/current/i-2.html>

A student who feels that a piece of graded term work (term paper, essay, test, etc.) has been unfairly graded, may have the paper re-graded as follows. The student shall discuss the work with the instructor **within fifteen days** of being notified about the mark or of the item's return to the class. If not satisfied, the student shall **immediately** take the matter to the Director of Undergraduate Studies who will arrange for a reassessment of the work **within the next fifteen days**. Students in faculties without a departmental structure should take the matter to the dean or the associate/assistant dean (Academic/Student Affairs) of the faculty offering the course. The result of that reassessment should be given to the student in writing. ***The reappraisal of term work may cause the grade to be raised, lowered or to remain the same.***

**Reappraisal of Final Grade** <http://www.ucalgary.ca/pubs/calendar/current/i-3.html>

In the reappraisal of a final grade, the only element that will be considered is the grading of the final assessment that makes up the final mark (e.g., final examination, final project, final paper). An exception may occur when the Instructor of Record evaluates a piece of graded term work at the end of the term; that grade may also be considered in a reappraisal of final grade.

A student who wish a reappraisal of a final grade should first attempt to review the final assessment with the department or faculty offering the course. After which, the student shall obtain a Reappraisal of Final Grade form from [ucalgary.ca/registrar](http://ucalgary.ca/registrar) (under Student Forms). Students must indicate exactly what error was made in marking the final assessment and/or in computing the final grade. The reappraisal will only be considered if the student provides a detailed rationale that outlines where and for what reason an error is suspected.

Students who wish a reappraisal of a final grade (excluding Law courses) must submit their request by the following dates: Winter Term – June 30, 2020.

The reappraisal form shall be submitted to Enrolment Services who will forward it to the department head or dean of the faculty offering the course. Reappraisals of final grades are dealt with by the head of the academic unit in consultation with members of academic staff. Normally, the department/faculty will respond to a reappraisal request within thirty calendar days of its initiation. After the reappraisal is completed, the department shall return the form to the Registrar's Office who shall inform the student in writing of the decision. ***Students should be aware that the grade being reappraised may be raised, lowered or remain the same. A student may request a reappraisal of final grade only twice in one academic year (September 1 – August 31).***

**Academic Accommodations**

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit [www.ucalgary.ca/access/](http://www.ucalgary.ca/access/). Students who require an accommodation in relation to their coursework

based on a protected ground other than disability should communicate this need in writing to their Instructor. The full policy on Student Accommodations is available at <http://www.ucalgary.ca/policies/files/policies/student-accommodation-policy.pdf>.

### **Plagiarism and Other Academic Misconduct**

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/ Cheating/ Other Academic Misconduct. For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <http://www.ucalgary.ca/pubs/calendar/current/k.html>

### **Seating During Exams**

Instructors and exam invigilators are free to ask students to move seats before an exam begins or even during an exam. Students must comply with this request and refusal to do so may warrant a charge of academic misconduct.

### **Absence From A Test/Exam**

Makeup tests/exams are **NOT** an option without the approval of the instructor. A student may be asked to provide supporting documentation for an exemption/special request for a make-up exam <https://www.ucalgary.ca/registrar/registration/appeals>. Students who miss a test/exam have up to 48 hours to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Once approved by the instructor a makeup test/exam must be written within 2 weeks of the missed test/exam during exam make-up hours provided by the department <http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues>. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>.

### **Travel During Exams**

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flights) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>. Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology ([psyugrd@ucalgary.ca](mailto:psyugrd@ucalgary.ca)).

### **Instructor Intellectual Property**

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

### **Copyright Legislation**

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright ([www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf](http://www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf)) and requirements of the copyright act (<https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html>) to ensure they are aware of the consequences of unauthorized sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

### **Freedom of Information and Protection of Privacy (FOIP) Act**

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

### **Acknowledgments and Respect for Diversity**

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

### **Wellness and Mental Health Resources**

The University of Calgary recognizes the pivotal role that student mental health plays in physical health, social connectedness and academic success, and aspires to create a caring and supportive campus community where individuals can freely talk about mental health and receive supports when needed. We encourage you to explore the excellent mental health resources available throughout the university community, such as counselling, self-help resources, peer support or skills-building available through the SU Wellness Centre (Room 370, MacEwan Student Centre );

<https://www.ucalgary.ca/wellnesscentre/services>) and the Campus Mental Health Strategy website (<http://www.ucalgary.ca/mentalhealth/>). Universal Design principles will be used whenever possible so that learning activities are accessible to as many students as possible. In addition, students who require accommodations in this course due to a disability affecting mobility, vision, hearing, learning, mental or physical health are advised to discuss their needs with Disability Services.

### **Student Organizations**

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 130 and may be contacted at 403-220-5567.

**Student Union VP Academic:** Phone: 403-220-3911 [suvpaca@ucalgary.ca](mailto:suvpaca@ucalgary.ca)

**Student Union Faculty Rep.:** [arts1@su.ucalgary.ca](mailto:arts1@su.ucalgary.ca)

### **Important Dates**

The last day to drop this course with no "W" notation and **still receive a tuition fee refund is January 23, 2020**. The last day for registration/change of registration is **January 24, 2020**. The last day to withdraw from this course is **April 15, 2020**.