

PSYC 433
Clinical Psychology
Winter 2019

Instructor:	Kristin Newman, PhD	Lecture Location:	SA235
Email:	krchampa@ucalgary.ca kristinnewman@shaw.ca	Lecture Times	T 17:00 – 19:45
Office:	AD 06	Marking TA	Matthew Shay
Office Hours:	By appointment		

Course Description

This course is designed to introduce students to the knowledge base, ethical orientation, practical skills and research focus required of clinical psychologists. Students will learn about the professional components of the field, including training models, codes of conduct, and regulatory aspects of the profession. The course will cover applied skills involved in assessment, diagnosis, and therapy. A number of theoretical models of therapy will be discussed. Students will also be introduced to empirical research on topics discussed.

Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see psyc.ucalgary.ca/undergraduate/program-learning-outcomes), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Evaluate and formulate a specific case study	Case Study assignment	1,2,4,5,6,7	C, A
Describe knowledge as related to the broad field of clinical psychology	Exams	1,2,5,7	C, A
Critically evaluate research	Article critique assignment, exams	1,2,4,7	C, A
Recall and recognize diagnostic, assessment, and intervention theories and methods	Exams	1,2	C
Identify ethical principles and dilemmas	Exams, assignments	1,2,4,5,6	C
Describe and apply theoretical and practical aspects of specific intervention methods	Case study assignment and exams	1,2,4,5,7	C,A

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles, 7 = apply psychological knowledge and skills. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

Prerequisites

Psychology 312 – Experimental Design and Quantitative Methods for Psychology, and

Psychology 385 – Abnormal Psychology

Required Text

Lee, C.M. & Hunsley, J. (2018). Introduction to Clinical Psychology: An Evidence-based Approach (4th Edition). New York: J. Wiley and Sons.

Available at University Bookstore. Also available through John Wiley, as an e-Book. (go to <http://ca.wiley.com/WileyCDA/WileyTitle/productCd-EHEP003073.html?filter=TEXTBOOK>).

Assessment Methods

Component	% of Grade	Material	Date
Article Review	20%	Journal article provided	February 15, 2019
Midterm	30%	Chapters 1,2,3,5,6,7,8 reading & Lecture Material	March 5, 2019
Assignment	20%	Case study and questions provided	April 2, 2019
Final Exam	30%	Chapters 9, 10, 11, 12, 14, 15 & Lecture Material	Set by Registrar

Each test will consist of multiple choice, short answer, and long answer written questions. Only assigned textbook chapters, assigned readings, and lecture material prior to the exam date are eligible to appear on the exam. If a test is missed it can only be made up following the provision of appropriate documentation, otherwise a grade of 0 will be assigned for that exam. iPods, iPads, computers, phones, books or notes are not allowed during exams.

The article review will consist of an APA-style paper of 7 pages in length (typed, double-spaced, 12-point font, not including a cover page or reference page), which describes (1 to 1.5 pages), and then discusses (5 pages) the methodology, strengths, and limitations of a selected original *research* article, and concludes with a one page discussion of possible “next steps” in the development of the research described in the article. Where possible, these strengths and limitations should be tied to the concepts of validity (e.g., internal, external, statistical, clinical) and reliability. In other words, it is not enough to state that a particular aspect of the study is a limitation, you must explain *why* it is a limitation in the context of the properties of a scientifically sound study. Insights in the article review should go beyond those mentioned in the Discussion section of the article. APA formatting will be included as part of the evaluation. Details and a sample APA-style paper are provided here:

<https://owl.english.purdue.edu/owl/resource/560/18/> You will find additional guidance on how to critically evaluate a research study on p. 100 of your textbook. More specific details regarding grading and expectations will be discussed in class on **January 29, 2019** and posted on D2L. This assignment should be submitted to the relevant dropbox on D2L by 11:59pm on February 15, 2019 at the latest. Late assignments will be accepted with a 10% penalty per day, including weekends. Without approved documentation, assignments more than 3 days late will not be accepted.

The case study assignment will involve analysis of a clinical case which incorporates principles learned about assessment and treatment throughout the term and allows for integration of the course material. A specific case description will be provided by March 12, 2019 with several questions to respond to regarding assessment, case formulation, diagnoses, ethical issues, and treatment. This assignment should be submitted to the relevant dropbox on D2L by **5:00pm** on April 2, 2019 at the latest. Late assignments will be accepted with a 10% penalty per day, beginning at 5:01pm on April 2, 2019 and

including weekends. Without approved documentation, assignments more than 3 days late will not be accepted.

Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

A+ grade: *Exceptional Performance.* An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: *Excellent Performance.* Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance.* Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: *Satisfactory Performance.* Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards.* Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met.* Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades.

To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

Tentative Lecture Schedule

Date	Topic/Activity/Readings/Due Date
W Jan 2	<i>Winter term begin.</i>
R Jan 10	<i>Winter Lectures Begin</i>
T Jan 15	Course Introduction Chapter 1 The Evolution of Clinical Psychology Chapter 2 Contemporary Clinical Psychology
R Jan 17	<i>Last day to drop Winter Term half-courses.</i>
F Jan 18	<i>Last day to add or swap Winter Term half courses. Last day for change of registration from audit to credit or credit to audit.</i>
T Jan 22	Chapter 2 Professional Issues and Ethics Chapter 3 Classification and Diagnosis
F Jan 25	<i>Tuition Fee Deadline</i>
T Jan 29	Article Critique exercise and discussion with TA Matthew Shay
T Feb 5	Chapter 3 Classification and Diagnosis continued Science and Pseudoscience (Reading: Olatunji et al., 2005, posted on D2L)
T Feb 12	Chapter 5 Assessment Overview Chapter 6 Assessment Interviewing and Observation
F Feb 15	Article review due to D2L dropbox
Feb 17-24	<i>Reading Week. No lectures. University open (except Family Day). Alberta Family Day, University closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.</i>
M Feb 18	<i>Alberta Family Day, University closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.</i>
T Feb 26	Chapter 7 Assessment Intellectual and Cognitive Measures Chapter 8 Assessment Self Report and Projective Measures
T Mar 5	Midterm Chapters 1, 2, 3, 5, 6,7,8 plus reading and lecture material
T Mar 12	Chapter 9 Assessment Integration and Clinical Decision making Chapter 10 Prevention
T Mar 19	Chapter 11 Intervention Overview Chapter 12 Intervention: Adults/Psychotherapy Research Evidence Based Treatments and Clinical Practice Guidelines
T Mar 26	CBT and Third Wave Therapies
T Apr 2	Chapter 14 Intervention: Identifying Key Elements of Change Case Study Assignment due to dropbox
T Apr 9	Chapter 15 Specialty Areas in Clinical Psychology: Forensic Psychology Topic
F Apr 12	<i>Winter Term Lectures End. Last day to withdraw from full courses and Winter Term half courses.</i>
Apr 15-27	<i>Winter Term Final Examinations. Final exam scheduled by registrar</i>

Apr 19	<i>Good Friday</i>
Apr 30	<i>Winter Term Ends</i>

Reappraisal of Graded Term Work <http://www.ucalgary.ca/pubs/calendar/current/i-2.html>

A student who feels that a piece of graded term work (term paper, essay, test, etc.) has been unfairly graded, may have the paper re-graded as follows. The student shall discuss the work with the instructor **within fifteen days** of being notified about the mark or of the item's return to the class. If not satisfied, the student shall **immediately** take the matter to the Director of Undergraduate Studies who will arrange for a reassessment of the work **within the next fifteen days**. Students in faculties without a departmental structure should take the matter to the dean or the associate/assistant dean (Academic/Student Affairs) of the faculty offering the course. The result of that reassessment should be given to the student in writing. ***The reappraisal of term work may cause the grade to be raised, lowered or to remain the same.***

Reappraisal of Final Grade <http://www.ucalgary.ca/pubs/calendar/current/i-3.html>

In the reappraisal of a final grade, the only element that will be considered is the grading of the final assessment that makes up the final mark (e.g., final examination, final project, final paper). An exception may occur when the Instructor of Record evaluates a piece of graded term work at the end of the term; that grade may also be considered in a reappraisal of final grade.

A student wishing a reappraisal of a final grade should first attempt to review the final assessment with the department or faculty offering the course. After which, the student shall obtain a Reappraisal of Final Grade form from ucalgary.ca/registrar (under Student Forms). Students must indicate exactly what error was made in marking the final assessment and/or in computing the final grade. The reappraisal will only be considered if the student provides a detailed rationale that outlines where and for what reason an error is suspected.

Students wishing a reappraisal of a final grade (excluding Law courses) must submit their request by the following dates:

Fall Term – March 1

Winter Term – June 30

Spring Intersession – August 15

Summer Term – October 15

Supplemental Examinations: 30 calendar days from the date the examination was written

The reappraisal form shall be submitted to Enrolment Services who will forward it to the department head or dean of the faculty offering the course. Reappraisals of final grades are dealt with by the head of the academic unit in consultation with members of academic staff. Normally, the department/faculty will respond to a reappraisal request within thirty calendar days of its initiation. After the reappraisal is completed, the department shall return the form to the Registrar's Office who shall inform the student in writing of the decision. ***Students should be aware that the grade being reappraised may be raised, lowered or remain the same. A student may request a reappraisal of final grade only twice in one academic year (September 1 – August 31).***

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

Academic Accommodations

The student accommodation policy can be found at: ucalgary.ca/access/accommodations/policy. Students needing an Accommodation because of a Disability or medical condition should communicate this need to Student Accessibility Services in accordance with the Procedure for Accommodations for Students with Disabilities ucalgary.ca/policies/files/policies/student-accommodation-policy. Students needing an Accommodation based on a Protected Ground other than Disability, should communicate this need, preferably in writing, to the instructor.

Seating During Exams

Instructors and exam invigilators are free to ask students to move seats before an exam begins or even during an exam. Students must comply with this request and refusal to do so may warrant a charge of academic misconduct.

Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without the approval of the instructor. A student may be asked to provide supporting documentation for an exemption/special request for a make-up exam <https://www.ucalgary.ca/pubs/calendar/current/n-1.html>. . Students who miss a test/exam have up to 48 hours to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. **Once approved by the instructor a makeup test/exam must be written within 2 weeks of the missed test/exam during exam make-up hours provided by the department** <http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues>. **If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam** <https://www.ucalgary.ca/registrar/exams/deferred-exams>.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the

department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>. Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology (psyugrd@ucalgary.ca).

Freedom of Information and Protection of Privacy (FOIP) Act

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

Wellness and Mental Health Resources

The University of Calgary recognizes the pivotal role that student mental health plays in physical health, social connectedness and academic success, and aspires to create a caring and supportive campus community where individuals can freely talk about mental health and receive supports when needed. We encourage you to explore the excellent mental health resources available throughout the university community, such as counselling, self-help resources, peer support or skills-building available through the SU Wellness Centre (Room 370, MacEwan Student Centre, <https://www.ucalgary.ca/wellnesscentre/services/mental-health-services>) and the Campus Mental Health Strategy website (<http://www.ucalgary.ca/mentalhealth/>).

Course Credits for Research Participation (Max 2% of final grade)

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. **A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation.** The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <http://ucalgary.sona-systems.com>. The last day to participate in studies and to assign or reassign earned credits to courses is **April 12, 2019**.

Evacuation Assembly Point

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at

<http://www.ucalgary.ca/emergencyplan/assemblypoints>

Please check this website and note the nearest assembly point for this course.

Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 130 and may be contacted at 403-220-5567.

Student Union VP Academic: Phone: 403-220-3911 suvpaca@ucalgary.ca

Student Union Faculty Rep.: arts1@su.ucalgary.ca

Student Ombudsman's Office

The Office of the Student Ombudsmen provides independent, impartial and confidential support for students who require assistance and advice in addressing issues and concerns related to their academic careers. The office can be reached at 403-220-6420 or ombuds@ucalgary.ca

(<http://www.ucalgary.ca/provost/students/ombuds>)

Safewalk

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year.

Call 403-220-5333.

Important Dates

The last day to drop this course with no "W" notation and **still receive a tuition fee refund** is **January 17, 2019**. Last day for registration/change of registration is **January 18, 2019**. The last day to withdraw from this course is **April 12, 2019**.