

Psychology 433
Introduction to Clinical Psychology
Spring 2021

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| Instructor: | Julie Gorenko | Lecture Location: | Online (Zoom & D2L) |
| Phone: | N/A | Lecture Days/Time: | MW, 13:00 – 15:45 Mon: Synchronous/Zoom Wed: Asynchronous/D2L |
| Email: | Julie.gorenko@ucalgary.ca | Marking TA: | Matt Dawson |
| Office: | Virtual (zoom) | Email: | matthew.dawson@ucalgary.ca |
| Office Hours: | By appointment, on Mondays between 15:45 – 16:45 | Office Hours: | By appointment |

Course Description

This course will serve as an introduction to the field of clinical psychology. Students will learn about the professional aspects of the field, including training models, codes of conduct and regulatory aspects of the profession. The typical functions of clinical psychologists will be covered, including psychological assessment and therapy. A number of theoretically distinct approaches to therapy will be discussed. Towards the end of the term, we will discuss recent extensions of clinical psychology into new domains of practice and some of the issues that arise from such changes.

Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see psyc.ucalgary.ca/undergraduate/program-learning-outcomes), and the expected level of achievement.

| Course Learning Outcomes | Assessment Methods | PLO(s) | Level(s) |
|---|----------------------------------|---------------|-----------------|
| Evaluate and formulate a specific case study | Case study assignment | 1,2,4,5,6,7 | C, A |
| Describe knowledge as related to the broad field of clinical psychology | Exams | 1,2,5,7,8 | C, A |
| Critically evaluate research | Article review assignment, exams | 1,2,4,7 | C, A |
| Recall and recognize diagnostic, assessment, and intervention theories and methods | Exams, assignments | 1,2 | C |
| Identify and address ethical principles and dilemmas | Exams, assignments | 1,2,4,5,6 | C |
| Describe and apply theoretical and practical aspects of specific intervention methods | Case study assignment, exams | 1,2,4,5,7,8 | C, A |

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles in a diverse world, 7 = apply psychological

knowledge and skills, 8 = Demonstrate multicultural competence and awareness of issues related to equity, diversity,* and inclusion. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

Course Format

This course will use a hybrid format. Some lectures (Mondays) will be taught live via Zoom during each scheduled class as marked by asterisks (*) in the course schedule below and will be recorded and posted to D2L after class (please note, in the event of a technical issue that interferes with recording of the lecture, only the class slides will be posted). Other class materials will be posted to the course D2L page by the day/time of each scheduled class as per the course schedule.

Prerequisites

Psychology 300 and 301 or 312 – Experimental Design and Quantitative Methods for Psychology,
Psychology 385 – Abnormal Psychology,
Admission to the psychology major

Required Text

Lee, C., M. & Hunsley, J. (2018). *Introduction to Clinical Psychology: An Evidence-based Approach* (4th Edition). New York, NY: Wiley. Available at Bookstore.

Assessment Methods

| Component | % of Grade | Material | Due Date |
|------------------|-------------------|--|-----------------|
| Article Review | 20 | Journal article provided | May 17, 2021 |
| Midterm | 30 | Chapters 1, 2, 3, 5, 6, 7, 8, 9 & lecture material | May 31, 2021 |
| Case Study | 25 | Case study & questions provided | June 9, 2021 |
| Final Exam | 25 | Chapters 10-15 & lecture material | June 23, 2021 |

Exams in this course are open book. For this course, an open book exam means that the use of class notes and the textbook is permitted. The use of online resources is prohibited. Students may not communicate with others about course material or the exam either in person or electronically during exams.

Article review: The article review will consist of an APA style paper of *maximum* 3 pages in length (typed, double spaced, one-inch margins, 12-point font, APA style 7th edition). You may choose one of two possible articles assigned by your instructor and available on the course Dropbox, from a recent issue of the *Journal of Consulting and Clinical Psychology*. Your article critique must clearly indicate the article chosen for review. The critique must include: (1) APA format cover page, (2) summary of the study's research design (minimum .5 page), (3) discussion of strengths and limitations of the

methodology (minimum 1 page), and (4) based on the strengths/limitations, conclude with discussion of the importance of the strengths/limitations and possible “next steps” in the development of the research described in the article (minimum 1 page). Evaluation will be based on your ability to demonstrate background knowledge, critically evaluate the article including both its purpose and design, discuss ethics in research, and communicate effectively while adhering to the assignment guidelines. Insights about the article should go beyond those mentioned in the “Discussion” section of the article. Formatting details and a sample APA-style student paper are provided at:

<https://apastyle.apa.org/style-grammar-guidelines>. You will find additional guidance on how to critically evaluate a research study on p. 100 of your required textbook. Without prior approval from the instructor, a penalty of 5% of the grade per day (including weekends) will apply to all incomplete or late papers. Assignments more than 7 days late will not be accepted, without prior approval from the instructor and approved documentation. The article review is due at or before **1:00 PM on Monday, May 17, 2021** to the course’s D2L website. This assignment will receive a maximum of 20/100 points towards the final grade.

Midterm examination: This is an open book examination covering the material from Chapters 1 to 9 (not including chapter 4) in the assigned text, and the lectures up to and including the end of Wednesday, May 19, 2021. The examination will consist of a total of 10 multiple choice, 5 short answer and 2 integrative paragraph style questions. Consistent with current protocols, the examination will be posted on D2L 24 hours prior to the class time on Monday, May 31, 2021 (at approximately 2:30 pm on Sunday, May 30, 2021) and must be submitted by **Monday, May 31, 2021, at 2:30 pm** to the course’s D2L website. The examination will be written so that it can in principle be completed in the first 90-minutes of class time on Wednesday May 31, 2021. A penalty of 5% of the grade per hour will apply to all examinations that are submitted past 9:00 pm. Submissions of midterm exams that are 12 hours or more late will not be accepted without prior instructor approval. The examination will generate a maximum of 30/100 points towards the final grade.

Case study: The case study assignment will involve analysis of one clinical case (from a selection of three cases), which incorporates principles learned about assessment and treatment throughout the term and allows for integration of the course material. Case descriptions will be provided by May 26, 2021 with questions to respond to, regarding assessment, case formulation, diagnoses, ethical issues, and treatment. This will be a *maximum 5-page* case study (typed, double-spaced, one-inch margins, using 12-point font). The case study is due at or before **1:00 pm on Wednesday, June 9th, 2021**, submitted to the relevant Dropbox on D2L. Without prior approval from the instructor, a penalty of 5% of the grade per day (including weekends) will apply to all uncompleted papers. Assignments more than 7 days late will not be accepted without instructor approval. This assignment will receive a maximum of 25/100 points towards the final grade.

Final examination: This exam will consist of a “take home” examination covering the material from Chapters 10 to 15 in the assigned text, and the lectures from the beginning of class on Wednesday, May 26, 2021 and up to and including to the end of lecture material on Wednesday, June 16, 2021. The examination will require responses to 5 paragraph style questions from each student, each of which will require the synthesis and integration of material from the course. The examination will be posted on the

course's D2L website at 9:00 am on Monday, June 21 and must be returned by **Wednesday, June 23, 2021 by 4:00 pm** to the course's D2L website. Without prior instructor approval, a penalty of 5% of the grade per hour will apply to all late/unreturned examinations. Exams submitted more than 12 hours late will not be accepted without prior instructor approval. The examination will generate a maximum of 25/100 points towards the final grade.

University of Calgary Academic Integrity Policy

Academic integrity is the foundation of the development and acquisition of knowledge and is based on values of honesty, trust, responsibility, and respect. We expect members of our community to act with integrity. Research integrity, ethics, and principles of conduct are key to academic integrity. Members of our campus community are required to abide by our institutional code of conduct and promote academic integrity in upholding the University of Calgary's reputation of excellence. It is your responsibility to ensure that you have read and are familiar with the student academic misconduct policy: <https://www.ucalgary.ca/policies/files/policies/student-academic-misconduct-policy.pdf>.

Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

A+ grade: *Exceptional Performance.* An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: *Excellent Performance.* Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance.* Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: *Satisfactory Performance.* Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards.* Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met.* Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

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|----|---------|----|--------|----|--------|----|--------|
| A+ | 96-100% | B+ | 80-84% | C+ | 67-71% | D+ | 54-58% |
| A | 90-95% | B | 76-79% | C | 63-66% | D | 50-53% |
| A- | 85-89% | B- | 72-75% | C- | 59-62% | F | 0-49% |

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A, but 89.4% will be rounded down to 89% = A-).

Tentative Lecture Schedule

Dates listed below with an asterisk (*) indicate live and synchronous lecture via Zoom.

| Date | Topic/Readings/Due Dates (revise and add columns & rows as necessary) |
|-----------|--|
| W May 5 | <i>Spring term lectures begin</i> Course Introduction, Chapter 1: The Evolution of Clinical Psychology, Evaluating research in clinical psychology |
| M May 10* | Chapter 2. Contemporary Clinical Psychology, Chapter 3. Classification and Diagnosis |
| T May 11 | Last day to drop classes without penalty and last day to add or swap classes |
| W May 12 | Chapter 5. Assessment: Overview Chapter 6. Assessment: Interviewing and Observation |
| F May 14 | Tuition and fee payment deadline for spring term |
| M May 17* | Article Review Due (by 1:00 PM) Chapter 7. Assessment: Intellectual and Cognitive Measures Chapter 8. Assessment: Self-Report and Projective Measures |
| W May 19 | Chapter 9. Assessment Integration and Clinical-Decision Making |
| M May 24 | Victoria Day - UNIVERSITY CLOSED (No lecture) |
| W May 26 | Chapter 10. Prevention |
| M May 31* | Mid-term Exam (due by 2:30 PM) Chapter 11. Intervention: Overview |
| W Jun 2 | Chapter 12. Intervention: Adults and Couples |
| M Jun 7* | Chapter 13. Intervention: Children and Adolescents |
| W Jun 9 | Case Study Due (by 1:00 PM) Chapter 14. Intervention: Identifying Key Elements of Change |
| M Jun 14* | Chapter 15. Clinical Neuropsychology, & Clinical Geropsychology |
| W Jun 16 | Chapter 15. Clinical Health Psychology (Guest Lecture: Michelle Flynn, M.Sc.), & Forensic Psychology (Guest Lecture: Dr. Calandra Speirs, Ph.D., R.Psych) |
| R Jun 17 | End of spring lectures and last day to withdraw from a course |

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| M Jun 21-23 | Final exam period: Final exam due by 4:00 PM on Wednesday, June 23, 2021 |
| W Jun 23 | End of spring final exams |

Extra research participation course credit is not offered for this course.

Seating During Exams

Instructors and exam invigilators are free to ask students to move seats before an exam begins or even during an exam. Students must comply with this request and refusal to do so may warrant a charge of academic misconduct.

Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without the approval of the instructor. A student may be asked to provide supporting documentation for an exemption/special request for a make-up exam <https://www.ucalgary.ca/pubs/calendar/current/m-1.html> . . Students who miss a test/exam have up to 24 hours to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. Students who do not schedule a makeup test/exam with the instructor within this 24-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Once approved by the instructor a makeup test/exam must be written within 1 week of the missed test/exam during exam make-up hours provided by the department <http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues>. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official June and August examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>. Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology (psyugrd@ucalgary.ca).

Reappraisal of Graded Term Work <http://www.ucalgary.ca/pubs/calendar/current/i-2.html>

Reappraisal of Final Grade <http://www.ucalgary.ca/pubs/calendar/current/i-3.html>

Academic Accommodations

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit www.ucalgary.ca/access/. Students who require an accommodation in relation to their coursework

based on a protected ground other than disability should communicate this need in writing to their Instructor. The full policy on Student Accommodations is available at <http://www.ucalgary.ca/policies/files/policies/student-accommodation-policy.pdf>.

Academic Misconduct

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <http://www.ucalgary.ca/pubs/calendar/current/k.html>

Instructor Intellectual Property

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

Copyright Legislation

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright (www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf) and requirements of the copyright act (<https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html>) to ensure they are aware of the consequences of unauthorized sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

Freedom Of Information and Protection of Privacy

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary.

Student Support and Resources

<https://www.ucalgary.ca/registrar/registration/course-outlines>

Important Dates

The last day to drop this course with no "W" notation and **still receive a tuition fee refund is Tuesday, May 11, 2021**. Last day for registration/change of registration is **Tuesday, May 11, 2021**. The last day to withdraw from this course is **Thursday, June 17, 2021**.