

PSYC 433
CLINICAL PSYCHOLOGY
Spring 2015

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| Instructor: | Jennifer Ference | Lecture Location: | SA 121 |
| Phone: | 403-990-7159 | Lecture Days/Time: | T/R 9:00am – 11:45am |
| Email: | jdferenc@ucalgary.ca | | |
| Office: | Admin 243 | Lab TA: | Liza Mastikhina |
| Office Hours: | By appointment | Lab TA Email: | lmastikh@ucalgary.ca |

Course Description and Goals

This course is designed to introduce the student to the knowledge base, ethical orientation, practical skills and research focus required of clinical psychologists. Students will learn about the professional components of the field, including training models, codes of conduct, and regulatory aspects of the profession. The course will cover applied skills involved in assessment, diagnosis, and therapy. A number of theoretical models of therapy will be discussed. Students will also be introduced to empirical research on topics discussed. This course has both a lecture and lab component.

Prerequisites

Psychology 312 – Experimental Design and Quantitative Methods for Psychology, and
Psychology 385 – Abnormal Psychology

Required Text

Hunsley, J., & Lee, C. M. (2010). *Introduction to Clinical Psychology: An Evidence-based Approach (2nd Edition)*. New York: J. Wiley and Sons. Available at University Bookstore. Also available through John Wiley, as an e-Book. (go to <http://ca.wiley.com/WileyCDA/WileyTitle/productCd-EHEP001044.html?filter=TEXTBOOK>).

Evaluation

| Component | % of Grade | Material | Date |
|------------------|-------------------|---|---------------|
| Quiz 1 | 10% | Chapters 1-5 & Lecture Material | May 26, 2015 |
| Quiz 2 | 10% | Chapters 6-9 & Lecture Material | June 4, 2015 |
| Quiz 3 | 10% | Chapters 10, 11, 12, 13, 15 & Lecture Material | June 25, 2015 |
| Term Paper | 40% | Requirements described below | June 26, 2015 |

Each quiz will consist of short answer and written answer questions. Only assigned textbook chapters and lecture material prior to the exam date are eligible to appear on the exam. There is no final exam. If a quiz is missed it can only be made up following the provision of a Physician/ Counselor Statement, otherwise a grade of 0 will be assigned for that exam.

The term paper must be written using APA 6 format and should be between 15 to 20 pages in length (typed, double-spaced, 12-point Times New Roman Font, 1-inch margins), not including a cover page,

figures, tables, and references. The specific topics for this paper will be provided in class and assigned to students, but are negotiable if alternative topics are suggested by students and deemed appropriate by the instructor. The purpose of this assignment is to evaluate the efficacy of a specific psychological treatment and/or assessment method. This will involve a review of the literature and the use of research evaluation guidelines, which will be provided in class. This paper will be worth 40% of the final grade and is due at 4:00 p.m. on June 26, 2015, which you will deliver via email to your instructor (paper copies will NOT be accepted). Late assignments will be accepted, but there will be a penalty of 10% per day (24 hours), including weekends. This assignment will be discussed in more detail during the first week of classes and a longer description of the requirements will be posted on D2L.

Lab Evaluation:

| Component | % of Grade | Date |
|------------------------------|-------------------|---------------------|
| Individual Presentation | 20% | As arranged in lab |
| Participation and attendance | 10% | Throughout the term |

You will be provided with a lab syllabus with TA contact information, office hours, tentative schedule, and assignments. Presentations will be given individually during the lab sessions and will last approximately 15-30 minutes (final amounts will be discussed in lab). Presentation will consist of a case study of a single person (e.g., actor, musician, athlete, etc.) or a show, movie or book character with a psychological disorder. Students will be responsible to discuss background information, presenting psychological symptoms, diagnosis, and empirically supported psychosocial treatments through their in-depth analysis of the selected case. The presentation is required for the lab; it is not an option. If missed, presentations can only be made up with Physician/Counselors Statements; otherwise a grade of 0 will be assigned for the presentation.

Students are expected to attend labs regularly and to participate in discussions. For every lab, each student will receive a mark for participation in class exercises and discussion. Normally students will not be able to make up marks for missed labs. More specific details regarding grading and expectations will be discussed in class and posted on D2L. **Students must achieve a passing grade on both the class and lab components to pass this course.**

Department of Psychology Grade Distribution Policy

The distribution of grades in Psychology courses (the percentage of A grades, B grades, etc.) will be similar to the distribution of grades in other courses in the Faculty of Arts. The Department monitors the grade distributions of 200-, 300-, and 400-level courses in the Faculty to ensure that the grade distributions in Psychology courses are comparable. Based on these reviews, students can expect that 1) up to 30% of grades in 200- and 300-level psychology courses will be "A" grades (A+, A, and A-), and 2) up to 40% of grades in 400-level psychology courses will be "A" grades.

Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

A+ grade: *Exceptional Performance.* An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: *Excellent Performance*. Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student’s thorough knowledge of subject matter.

B Range: *Good Performance*. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: *Satisfactory Performance*. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards*. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met*. Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

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|----|---------|----|--------|----|--------|----|--------|
| A+ | 96-100% | B+ | 80-84% | C+ | 67-71% | D+ | 54-58% |
| A | 90-95% | B | 76-79% | C | 63-66% | D | 50-53% |
| A- | 85-89% | B- | 72-75% | C- | 59-62% | F | 0-49% |

As stated in the University Calendar, it is at the instructor’s discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

Tentative Lecture Schedule

| Date | Topic/Activity/Readings/Due Date |
|----------|--|
| R May 14 | Spring Term Lecture begins. |
| T May 19 | Chapter 1: The Evolution of Clinical Psychology Chapter 2: Contemporary Clinical Psychology Chapter 3: Classification and Diagnosis |
| W May 20 | Last day to change registration |
| R May 21 | Chapter 4: Research Methods in Clinical Psychology Pseudoscience with optional reading: Lilienfeld, S. O. (2007). Psychological treatments that cause harm. <i>Perspectives on Psychological Science</i> , 2, 53-70. Chapter 5: Assessment Overview <i>Quiz #1 Review</i> |
| T May 26 | Quiz 1: Chapter 1 – 5, plus lecture material (60 minutes) Chapter 6: Assessment – Interviewing & Observation |

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| | Chapter 7: Assessment – Intellectual & Cognitive Measures |
| R May 28 | Chapter 8: Assessment – Self-Report & Projective Measures Chapter 9: Assessment – Integration & Clinical Decision-Making <i>Quiz #2 Review</i> |
| T June 2 | Term Paper Review: APA Style, Writing Tips, Work-Group Session |
| R June 4 | <i>Quiz 2: Chapter 6 – 9, plus lecture material (60 minutes)</i> Chapter 10: Prevention Positive Psychology |
| T June 9 | Chapter 11: Intervention Overview |
| R June 11 | Chapter 12: Adult & Couples Intervention Cognitive Behavior Therapy for Depression |
| T June 16 | Family Therapy Third Wave Therapies (Acceptance & Commitment Therapy; Mindfulness-Based Stress Reduction; Dialectical Behavior Therapy) |
| R June 18 | Chapter 13: Children & Adolescent Intervention Evidence-Based Treatment for Autism Spectrum Disorder Parent-Child Interaction Therapy |
| T June 23 | Chapter 15: Clinical Health Psychology, Clinical Neuropsychology, & Forensic Psychology Neuropsychology Guest Lecturer: Cameron Clark <i>Quiz #3 Review</i> |
| R June 25 | <i>Quiz 3: Chapters 10, 11, 12, 13, 15, plus lecture material (60 minutes)</i> |
| F June 26 | Spring Term Lectures End. Last day to withdraw from full session Spring Term courses. Term Paper Due at 4:00 p.m. via email: jdferenc@ucalgary.ca |

Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class; no reappraisal of term work is permitted after the 15 days. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

Academic Accommodation

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 403-220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

Absence From A Test/Exam

Makeup tests/exams are NOT an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered except under exceptional circumstances. Students are advised to wait until the final examination schedule is posted before making any travel arrangements.

Freedom of Information and Protection of Privacy (FOIP) Act

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or via the Department Office (Admin 275), or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

Course Credits for Research Participation (Max 2% of final grade)

Students in most psychology courses are eligible to participate in departmentally approved research and earn credits toward their final grades. **A maximum of two (2) credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation.** The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <http://ucalgary.sona-systems.com>

The last day to participate in studies and to assign or reassign earned credits to courses is **June 26th, 2015.**

Evacuation Assembly Point

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at

<http://www.ucalgary.ca/emergencyplan/assemblypoints>

Please check this website and note the nearest assembly point for this course.

Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 403-220-5567.

Student Union VP Academic: Phone: 403-220-3911

suvpaca@ucalgary.ca

Student Union Faculty Rep.: Phone: 403-220-3913

socialscirep@su.ucalgary.ca

Safewalk

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year.

Call 403-220-5333.

Important Dates

The last day to drop this course with no "W" notation and **still receive a tuition fee refund** and the last day for registration/change of registration is **May 20, 2015**. The last day to withdraw from this course is **June 26, 2015**.