

PSYC 433	Clinical Psychology	Fall 2019
<b>Instructor:</b>	Dr. Sally (Sara) During	<b>Lecture Location:</b> EDC 284
<b>Phone:</b>	403-640-6270	<b>Lecture Days/Time:</b> MWF 13:00-13:50
<b>Email:</b>	during@ucalgary.ca	
<b>Office:</b>	AD155B	
<b>Office Hours:</b>	By appointment	

### Course Description

This course will serve as an introduction to the field of clinical psychology. Students will learn about the professional aspects of the field, including training models, codes of conduct and regulatory aspects of the profession. The typical functions of clinical psychologists will be covered, including psychological assessment and therapy. A number of theoretically distinct approaches to assessment and therapy will be discussed. Towards the end of the term we will discuss recent extensions of clinical psychology into new domains of practice and some of the issues that arise from such changes. The course will provide exposure to practical applications of clinical psychology through demonstrations, discussions, video tapes, and assignments.

### Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see [psyc.ucalgary.ca/undergraduate/program-learning-outcomes](http://psyc.ucalgary.ca/undergraduate/program-learning-outcomes)), and the expected level of achievement

Course Learning Outcomes	Assessment Methods	Program Learning Outcomes and Levels	
		PLO(s)	Level(s)
Demonstrate knowledge of psychological sciences (e.g., assessment, intervention, ethics, evidence based practices)	Short/long answer exams Written exercises and paper	1, 2, 4, ,6	C
Understand how clinical psychologists approach cases	Class Discussions Paper	2, 4, 7	C
Demonstrate understanding of aspects of the field of clinical psychology	Short/long answer exams Written exercises and paper	1, 2, 4, 6	C
Communicate effectively in writing and in person	Short/Long answer exams Written exercises and paper	4, 5	C

Critically evaluate research	Paper	3, 4, 5	C
Participate in class discussions	In-class sessions	2, 4	C

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles, 7 = apply psychological knowledge and skills. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

### Prerequisites

Psychology 312 – Experimental Design and Quantitative Methods for Psychology or Psychology 300 and 301 – Research Design and Data Analysis in Psychology I and II  
Psychology 385 – Abnormal Psychology

### Required Text

Lee, C.M. & Hunsley, J. (2018). Introduction to Clinical Psychology: An Evidence-based Approach (4th Edition). New York: J. Wiley and Sons.

Available at University Bookstore. Also available through John Wiley, as an e- Book. (go to <http://ca.wiley.com/WileyCDA/WileyTitle/productCd-EHEP003073.html?filter=TEXTBOOK>).

A copy will also be available in the Reserved Reading Room. Used copies of the text may also be available.

### Assessment Methods

Students are strongly encouraged to attend class regularly and to participate in classroom activities. There will be three noncumulative exams in this course, one of which is during the final exam period.

All exams will most likely consist of some combination of multiple choice, fill in the blank, and/or short answer and essay questions from the text, class discussions, and lectures/PowerPoint slides.

- 1.) 20% of your mark will be based on a **Midterm #1 on Friday, October 4, 2019**. Midterm Exam #1 will consist of material from **Topics 1 to 5 (corresponding text chapters: 2 & 3)**.
- 2.) 25% of your mark will be based on a **Midterm #2 on Friday, November 1, 2019**. Midterm Exam #2 will consist of material from **Topics 6 to 10 (corresponding text chapters: 6, 8, 9, 10, 12)**.
- 3.) 25% of your mark will be based on a Final Exam Scheduled by the Registrar. The Final Exam will consist of material from **Topics 11 to 15 (corresponding text chapters: 7, 12, 13, 15)**.
- 4.) **No study aids** (such as calculators, computers, or any electronic devices such as iPads and Smart Watches, open textbook, flash cards, or class notes) will be permitted during the Midterms and Final Exam.
- 5.) **If a test is missed, it can only be made up following the provision of appropriate documentation that is provided in the required time frame -- Please follow the "Absence from a Test/Exam" rules listed later in this course outline. Not reading the guidelines will not be accepted as a reason for failing to book makeup exams appropriately; failure to follow the**

**makeup exam requirements will result in a grade of 0 being assigned for that exam.**

- 6.) 25% of your mark will be based on your work in the paper component of the course. Students will write an APA-style paper of 7 pages in length (typed, double-spaced, 12-point font, (not including your cover page with your name and I.D. number, or your reference page), which describes (1 to 1.5 pages), and then discusses (5 pages) the uses, strengths, and weaknesses of a psychological intervention for a specific disorder of students' choosing, and concludes with a one page discussion of possible "next steps" in the area. Where possible, strengths and limitations should be tied to the concepts of validity (e.g., internal, external, statistical, clinical) and reliability. In other words, it is not enough to state that a particular aspect of the intervention that is a strength or a limitation; you must explain why and refer to relevant research findings.

APA formatting will be included as part of the evaluation. Details and a sample APA-style paper are provided here: <https://owl.english.purdue.edu/owl/resource/560/18/>  
More specific details regarding grading and expectations will be discussed in class on September 6, 2019 and posted on D2L. This assignment should be submitted to the relevant dropbox on D2L by **the end of class on Friday, November 22, 2019** at the latest: you will also need to hand in a paper copy of your assignment. Without approved documentation (approval of this documentation as sufficient is at the discretion of the instructor), late assignments will be accepted with a 10% penalty per day, including weekends. Without approved documentation, assignments more than 3 days late will not be accepted.

Papers will be graded according to: adequate length; comprehensive consideration of your topic; grammar, spelling and punctuation; sentence construction; summary. More detailed information about the papers and exercises will be provided in class and on D2L.

- 7.) 5% of your mark will be based on three brief thought papers (approximately one page in length) that occur throughout the semester (**Due: September 25; October 23; December 2, 2019**). More detailed information about the thought papers will be provided in class and on D2L. **Send your thought papers to the course Dropbox on D2L by the end of class on the day that each thought paper is due.** In general, students will need to write a short document (can be point form) in response to questions that will be given on D2L prior to the activity (i.e., area interested in if you were to become a clinical psychologist and why; what qualifications or designations do you believe someone should have to conduct assessments and treatments for individuals with mental health challenges and why; what do you view as significant impediments to change). Grade will reflect handing in of all three documents on time, and provision of complete answers to the listed questions. **Without approved documentation, late assignments will be accepted with a 10% penalty per day, and including weekends. Without approved documentation, assignments more than 3 days late will not be accepted**

## Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

**A+ grade: *Exceptional Performance.*** An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

**A, A- Range: *Excellent Performance.*** Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

**B Range: *Good Performance.*** Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

**C Range: *Satisfactory Performance.*** Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

**D range: *Marginally meets standards.*** Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

**F grade: *Course standards not met.*** Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

### Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades.

To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

## Tentative Lecture Schedule

Date	Topic/Activity/Readings/Due Date	
F Sep 6	University Lectures begin. Course Introduction and explanation of requirements and grading	
M Sep 9	Clinical Psychology: Background and Definitions	TOPIC 1 (Chpt. 2)
W Sep 11	Clinical Psychology: Background and Definitions	TOPIC 1 (Chpt. 2)
R Sep 12	Last day to drop a class without a penalty	
F Sep 13	Current Controversies Last day to add or swap a course	TOPIC 2 (no chpt)
M Sep 16	Current Controversies	TOPIC 2 (no chpt)
W Sep 18	Cultural Issues	TOPIC 3 (no chpt)
F Sep 20	Cultural Issues	TOPIC 3 (no chpt)
M Sep 23	Ethical Issues	TOPIC 4 (Chpt. 2)
W Sep 25	Ethical Issues <b>Thought Paper #1 Due **</b> <b>(send your paper to Dropbox on D2L by the end of class)</b>	TOPIC 4 (Chpt. 2)
F Sep 27	Class Activity #1: Case Discussions of Ethical Issues	
M Sep 30	Diagnosis and Classification	TOPIC 5 (Chpt. 3)
W Oct 2	Diagnosis and Classification	TOPIC 5 (Chpt. 3)
F Oct 4	<b>TEST ONE ** (Worth 20%)</b>	
M Oct 7	Clinical Interview	TOPIC 6 (Chpt. 6)
W Oct 9	Clinical Interview	TOPIC 6 (Chpt. 6)
F Oct 11	Class Activity #2: Case Discussions of Clinical Interviews	
M Oct 14	Thanksgiving Day, University closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.	
W Oct 16	Self-Report	TOPIC 7 (Chpt. 8)
F Oct 18	Self-Report	TOPIC 7 (Chpt. 8)
M Oct 21	Assessment Integration/Formulation	TOPIC 8 (Chpt. 9)
W Oct 23	Assessment Integration/Formulation <b>Thought Paper #2 Due **</b> <b>(send your paper to Dropbox on D2L by the end of class)</b>	TOPIC 8 (Chpt. 9)
F Oct 25	Prevention	TOPIC 9 (Chpt. 10)
M Oct 28	Prevention	TOPIC 9 (Chpt. 10)
W Oct 30	Marital and Adult Interventions	TOPIC 10 (Chpt.12)
F Nov 1	<b>TEST TWO ** (Worth 25%)</b>	
M Nov 4	Child/Teen Interventions and Class Activity #3: Case Discussions	TOPIC 11 (Chpt. 13)
W Nov 6	Child/Teen Interventions	TOPIC 11 (Chpt. 13)
F Nov 8	CBT and Mindfulness Interventions	TOPIC 12 (Chpt. 12)
Nov 10-16	Term Break No Classes	
M Nov 11	Remembrance Day (Observed). University Closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.	
M Nov 18	CBT and Mindfulness Interventions	TOPIC 12 (Chpt. 12)

W Nov 20	Intellectual and Cognitive Assessment/Tx	TOPIC 13 (Chpt. 7)
F Nov 22	Intellectual and Cognitive Assessment/Tx <b>PAPER DUE ** (Worth 25%)</b>	TOPIC 13 (Chpt. 7)
M Nov 25	Health Psychology	TOPIC 14 (Chpt. 15)
W Nov 27	Health Psychology	TOPIC 14 (Chpt. 15)
F Nov 29	Forensic Psychology	TOPIC 15 (Chpt. 15)
M Dec 2	Forensic Psychology <b>Thought Paper #3 Due ** (send your paper by Dropbox by the end of class)</b>	TOPIC 15 (Chpt. 15)
W Dec 4	Class Activity #4: Case Discussions of Forensic Psychology	
F Dec 6	Course recap and Final Exam review Fall Term Lectures End. Last day to withdraw with permission from Fall Term half courses.	
Dec 9-19	Fall Final Exam Period <b>(Final Exam Worth 25%)</b>	

### Reappraisal of Graded Term Work <http://www.ucalgary.ca/pubs/calendar/current/i-2.html>

A student who feels that a piece of graded term work (term paper, essay, test, etc.) has been unfairly graded, may have the work reappraised as follows. The student shall discuss the work with the instructor **within ten business days** of being notified about the mark or of the item's return to the class. If not satisfied, the student shall take the matter to the head of the department offering the course **within 2 business days of receiving the decision from the instructor**, who will arrange for a reappraisal of the work **within the next ten business days**. The reappraisal will only be considered if the student provides a detailed rationale that outlines where and for what reason an error is suspected. Students in faculties without a departmental structure should take the matter to the dean, or designate, of the faculty offering the course. The result of that reappraisal will be given to the student in writing along with information about appealing the reappraisal.

*The reappraisal of graded term work may cause the grade to be raised, lowered or to remain the same. There is no limit to the number of pieces of graded work that a student may request be reappraised, however a single piece of work may only be reappraised once.*

### Reappraisal of Final Grade <http://www.ucalgary.ca/pubs/calendar/current/i-3.html>

In the reappraisal of a final grade, the only element that will be considered is the grading of the final assessment that makes up the final mark (e.g., final examination, final project, final paper). An exception may occur when the Instructor of Record evaluates a piece of graded term work at the end of the term; that grade may also be considered in a reappraisal of final grade.

A student seeking a reappraisal of a final grade should first attempt to review the final assessment with the department or faculty offering the course. After which, the student shall obtain a Reappraisal of Final Grade form from [ucalgary.ca/registrar](http://ucalgary.ca/registrar) (under Student Forms). The student must indicate exactly what error was made in marking the final assessment and/or in computing the final grade. The reappraisal will only be considered if the student provides a detailed rationale that outlines where and for what reason an error is suspected.

Students requesting a reappraisal of a final grade must submit their request by the following dates:

Fall Term – March 1

Winter Term – June 30

Spring Intersession – August 15

Summer Term – October 15

Supplemental Examinations: 30 calendar days from the date the examination was written

For information relating to Law, Veterinary Medicine and the Cumming School of Medicine (MD) courses, please refer to the faculty section.

The reappraisal form shall be submitted to Enrolment Services who will forward it to the department head or dean of the faculty offering the course. Reappraisals of final grades are dealt with by the head of the academic unit in consultation with members of academic staff. Normally, the department/faculty will respond to a reappraisal request within thirty calendar days of its initiation. After the reappraisal is completed, the department shall return the form to the Registrar's Office who shall inform the student in writing of the decision.

Students should be aware that the grade being reappraised may be raised, lowered or remain the same. A student may request a reappraisal of final for a maximum of two courses in one academic year (September 1 – August 31).

### **Plagiarism and Other Academic Misconduct**

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

### **Academic Accommodations**

The student accommodation policy can be found at: [ucalgary.ca/access/accommodations/policy](http://ucalgary.ca/access/accommodations/policy). Students needing an Accommodation because of a Disability or medical condition should communicate this need to Student Accessibility Services in accordance with the Procedure for Accommodations for Students with Disabilities [ucalgary.ca/policies/files/policies/student-accommodation-policy](http://ucalgary.ca/policies/files/policies/student-accommodation-policy). Students needing an Accommodation based on a Protected Ground other than Disability, should communicate this need, preferably in writing, to the instructor.

### **Seating During Exams**

Instructors and exam invigilators are free to ask students to move seats before an exam begins or even during an exam. Students must comply with this request and refusal to do so may warrant a charge of academic misconduct.

### **Absence From A Test/Exam**

Makeup tests/exams are **NOT** an option without the approval of the instructor. A student may be asked to provide supporting documentation for an exemption/special request for a make-up exam <https://www.ucalgary.ca/pubs/calendar/current/n-1.html>. Students who miss a test/exam have up to **48 hours** to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. **Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam.** At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Once approved by the instructor a makeup test/exam must be written within 2 weeks of the missed test/exam during exam make-up hours provided by the department <http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues>.

If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>.

### **Travel During Exams**

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. **If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam** <https://www.ucalgary.ca/registrar/exams/deferred-exams>. **Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology** ([psyugrd@ucalgary.ca](mailto:psyugrd@ucalgary.ca)).

### **Freedom of Information and Protection of Privacy (FOIP) Act**

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

### **Acknowledgments and Respect for Diversity**

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.



### **Wellness and Mental Health Resources**

The University of Calgary recognizes the pivotal role that student mental health plays in physical health, social connectedness and academic success, and aspires to create a caring and supportive campus community where individuals can freely talk about mental health and receive supports when needed. We encourage you to explore the excellent mental health resources available throughout the university community, such as counselling, self-help resources, peer support or skills-building available through the SU Wellness Centre (Room 370, MacEwan Student Centre, <https://www.ucalgary.ca/wellnesscentre/services/mental-health-services>) and the Campus Mental Health Strategy website (<http://www.ucalgary.ca/mentalhealth/>).

### **Extra Research Participation Course Credit is Not Offered for this Course.**

#### **Evacuation Assembly Point**

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at <http://www.ucalgary.ca/emergencyplan/assemblypoints>  
Please check this website and note the nearest assembly point for this course.

#### **Student Organizations**

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 130 and may be contacted at 403-220-5567.

**Student Union VP Academic:** Phone: 403-220-3911 [suypaca@ucalgary.ca](mailto:suypaca@ucalgary.ca)  
**Student Union Faculty Rep.:** [arts1@su.ucalgary.ca](mailto:arts1@su.ucalgary.ca)

#### **Student Ombudsman's Office**

The Office of the Student Ombudsmen provides independent, impartial and confidential support for students who require assistance and advice in addressing issues and concerns related to their academic careers. The office can be reached at 403-220-6420 or [ombuds@ucalgary.ca](mailto:ombuds@ucalgary.ca)  
(<http://www.ucalgary.ca/provost/students/ombuds>)

#### **Safewalk**

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year.  
Call 403-220-5333.

#### **Important Dates**

The last day to drop this course with no "W" notation and **still receive a tuition fee refund is Thursday, September 12, 2019.** Last day add/swap a course is **Friday, September 13, 2019.** The last day to withdraw from this course is **Friday, December 6, 2019.**