

# Department of Psychology Psychology 431 (L01) – Current Issues in Psychopathology Fall 2009

Instructor: Shervin Vakili, Ph.D. Lecture Location: SH 288

**Phone:** 403-944-2002 **Lecture Days/Time:** M 17:00 – 19:50

Email: Shervin.vakili@albertahealthservices.ca

Office Hours: After class or by appointment

## **Course Description and Goals**

Discussion of current developments and controversies in the assessment, etiology and treatment of psychopathology. Emphasis will be on teaching students how to strengthen their critical thinking skills using controversial issues in the fields of abnormal and clinical psychology as a basis for discussion and debate. Course format will be lectures with a strong expectation for student involvement in class discussions. Students will be expected to engage in a formal presentation/debate for this course.

# **Prerequisites**

Psyc 312 – Experimental Design and Quantitative Methods for Psychology, and

Psyc 385 – Abnormal Psychology

# **Required Text**

Halgin, R. P. (2008). <u>Taking sides: Clashing views in abnormal psychology (fifth edition).</u> MacGraw Hill, Iowa. The text is available for purchase at the U of C bookstore.

## **Evaluation**

Grades for the mid-term, presentation, and final examination will be computed as a percentage and then combined as a weighted overall average for the course. As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. The FINAL grade will be rounded up or down to the nearest whole percentage (i.e., 89.5% will be rounded up to 90%; 89.4% will be rounded down to 89%).

- 1. 30% of your mark will be based on a mid-term exam scheduled during class time. The exam will consist of short answer, essay, and multiple choice questions.
- 2. 35% of your mark is based on a class presentation/debate. A team of 2 people will debate another team of 2 people on a contentious issue in abnormal or clinical psychology. Detailed information on the debate format and expectations is provided in the attached document. A position paper must be submitted at the time of the presentation. <u>Late papers will result in a loss of 10% on the overall debate grade.</u>
- 35% of your mark is based on a final 2-hour exam scheduled by the Registrar during the final
  examination period. The exam will consist of multiple choice, short answer and essay questions
  from the class presentations and lectures.

# **Grading Scale**

| A+ | 96-100% | B+ | 80-84% | C+ | 67-71% | D+ | 54-58% |
|----|---------|----|--------|----|--------|----|--------|
| Α  | 90-95%  | В  | 76-79% | С  | 63-66% | D  | 50-53% |
| Α- | 85-89%  | B- | 72-75% | C- | 59-62% | F  | 0-49%  |

#### Attendance

Exam content will be based on the assigned readings from the textbook, and on any topic covered during lecture, this includes class presentations by your peers. It is unlikely that students will be able to do well in this course if they miss the lecture component. Changes in the syllabus are *probable* at the discretion of the instructor, and if you miss classes being up-to-date on new deadlines and/or material is entirely your responsibility. If you must be absent, please arrange to get notes from other classmates. Lecture notes will be posted on the blackboard AFTER each lecture. Students are allowed to audio-tape record my lectures for this course.

# **Tentative Lecture Schedule**

| Date      | Important dates:  |  |
|-----------|---|--|
| Sept 18   | Last day to drop a course with no W grade and tuition refund.     |  |
| Sept 22   | Last day for registration/change of registration.                 |  |
| Oct 12    | Thanksgiving Day. University closed.                              |  |
| Nov 11-15 | Reading Days. No lectures.  |  |
| Dec 7     | Last day to participate in research and allocate research credits |  |
| Dec 8     | Fall Session Lectures end. Last day to withdraw                   |  |
| Dec 11-21 | Final exams (scheduled by the Registrar)                          |  |
| Dec 25-31 | Holiday Observance. Session Break. University closed.             |  |

| Date    | Lecture Topic:  | Readings  |
|---------|---|---|
| Sept 14 | <ul> <li>Course overview</li> <li>Discuss debate topics, format &amp; choosing debate teams</li> <li>Should psychologists prescribe medication?</li> </ul>                      | Halgin (issue 11)   |
| Sept 21 | <ul> <li>Debate teams announce debate topics<br/>(have 2) and get scheduled</li> <li>Are projective assessment techniques<br/>valid for assessing personality?</li> </ul>       | Lilienfeld, S. O., Wood, J. M., & Garb, H. N. (2001, May). What's wrong with this picture? <i>Scientific American</i> , 81-86.  |
| Sept 28 | <ul> <li>Are psychological disorders real? What is abnormal behaviour?</li> <li>Should individuals with anorexia have the right to refuse life-sustaining treatment?</li> </ul> | Class readings Halgin (issue 1)   |
| Oct 5   | Is alcoholism a disease?  | Halgin (issue 7) Chapter 1: Why Addiction is Not a Disease. In Peele (1989). Diseasing of America; Addiction treatment out of control. (pp.1- 29). Lexington Books, Toronto  Leshner, A. (1997). Addiction Is a |

|           |  | Brain Disease, and It Matters. <i>Science</i> , <i>278</i> , 45-47. |
|-----------|--|---|
| Oct 12    | Thanksgiving Holiday!  |   |
| Oct 19    | <ul> <li>Are blocked and recovered memories valid?</li> <li>Debate 1</li> </ul>      | Halgin (issue 4)  |
| Oct 26    | <ul><li>Is Electroconvulsive Therapy Ethical?</li><li>Debate 2</li></ul>             |   |
| Nov 2     | ** Midterm Exam **   | Halgin (issue 12)   |
| Nov 9     | <ul> <li>Are Prozac and Similar Antidepressants<br/>Safe &amp; Effective?</li> </ul> | Class readings  |
| Nov 16    | <ul><li>Is Ritalin overprescribed?</li><li>Debate 3</li></ul>                        | Halgin (issue 10)   |
| Nov 23    | <ul><li>Debate 4</li><li>Debate 5</li></ul>  |   |
| Nov 30    | <ul><li>Is pornography harmful to society?</li><li>Debate 6</li></ul>                | Class readings  |
| Dec 7     | <ul><li>Debate 7</li><li>Debate 8</li></ul>  |   |
| Dec 11-21 | Final Exam (To be scheduled)   |   |

# **Reappraisal of Grades**

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

# **Plagiarism and Other Academic Misconduct**

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

## **Academic Accommodation**

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered

with the Disability Resource Centre, please contact their office at 220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

# Absence From A Test/Exam

Makeup tests/exams are NOT an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam. Makeup exams will be different in form and content from the regularly written class exams.

# **Course Credits for Research Participation (Max 2% of final grade)**

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation. The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <a href="http://ucalgary.sona-systems.com">http://ucalgary.sona-systems.com</a>. The last day to participate in studies and to assign or reassign earned credits to courses is Dec 7<sup>th</sup>, 2009.

# **Student Organizations**

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 220-5567.

**Student Union VP Academic:** Phone: 220-3911 suvpaca@ucalgary.ca

Student Union Faculty Rep.: Phone: 220-3913 <u>socialscirep@su.ucalgary.ca</u>

## **Important Dates**

The last day to drop this course and **still receive a fee refund** is **Sep 18<sup>th</sup>**, **2009**. The last day to withdraw from this course is August **Dec 8<sup>th</sup>**, **2009**.

# Psych 431 Debates

Rationale: Presentations at 400-level psychology courses are common. The experience can be invaluable in preparing you for future oral reports, whether for graduate school, medical school, law school or the business world. The material in Psychology 431 lends itself to a debate-style presentation. You will notice the textbook is organized in a pro/con format. For every topic, there is compelling evidence on both sides of the issue. There is no right or wrong answer to each issue. Rather, the debates provide the opportunity to review evidence in detail (i.e., sort out opinion/myth from fact), promote discussion and critical evaluation of the issue.

**Format:** A team of 2 people will debate another team of 2 people on a contentious issue in abnormal or clinical psychology. Twenty to 25 minutes is allotted for each team's presentation and 5 to 10 minutes for each team's rebuttal. The order of speakers will be 1) Yes side – main presentation, 2) No side – main presentation, 3) Yes side – rebuttal, 4) No side – rebuttal. 5) Class discussion.

Your main presentation can follow any style you think would work for the topic. The majority of students use PowerPoint slides; you can also use overheads. You don't need to provide an exhaustive background on the topic except how it pertains to your side of the issue. The debates are intended to be enjoyable, so feel free to use cartoons, video clips, class demonstrations, or other ice-breakers. However, try not to let your presentation get too casual—these are still professional presentations. During the Class discussion, questions from the class can be directed at one or both groups. At the end of each debate the class will evaluate each team and a "winner" will be announced based on class input (this does not impact your grade).

During the Rebuttal, choose a few major points the other side presented and attempt to dispute them with your evidence or arguments. Your rebuttals should be appropriate for a 400 level university course. Avoid emotionally charged comments like "that is ridiculous", "totally wrong", etc. rather dispute points based on logic, and opposing data. Although they can sometimes be used effectively, beware of countering based on social or ethical norms, since they can easily be confused with personal opinions.

A copy of your powerpoint presentation will be posted on blackboard for your classmates to study from.

**Paper:** An 8-10 page (double spaced) position paper must be submitted at the time of the presentation (each team hands in ONE paper, which you have both contributed to writing). The paper gives you the opportunity to expand on your presentation points in greater detail. Please note that is not sufficient to use the argument that the "research is flawed" to support your side. All research is flawed in some way. Provide specific criticisms of why research on the topic is flawed, and how this affects the credibility of the evidence. Whenever possible, look at the preponderance of evidence (e.g., results from meta-analyses) and not just one or two studies that have findings supporting your position.

The paper should be double spaced, in APA format and have at least 8 to 10 references. Please review primary source material (original articles) in addition to secondary sources. Use headings to structure the text please! You can use tables to summarize arguments or specific

evidence, however the bulk of the paper should be written in complete sentences like a regular term paper.

You do not need an abstract for this paper.

**Choosing a topic:** You may choose any of the topics from your textbook for your presentation, EXCEPT for the topics I have chosen for lectures. New findings are appearing on these issues literally every day. Selection of the topic is first come, first served. Once you have your group together, provide me with your 1<sup>st</sup> and 2<sup>nd</sup> choices for topic (name of topic and whether you want pro or con side). You can also choose a topic that does not appear on the list but you will need to find another team of students willing to debate the other side of the issue. All topics are finalized on the date listed in your lecture schedule.

**Group work**: The majority of students have no problems working together in preparing for the presentations. However, occasionally a team experiences problems within their group. The most common concern I hear is that one person in the group is not doing his or her share. A few suggestions to prevent this from happening are:

- 1. Divide the work up logically with clear expectations on length and quality.
- 2. Set deadlines in advance of the presentation date to review the material within your group. For example, if you are each writing a section of the paper, have it ready at least one week before the due date to review, edit, and condense the material to everyone's satisfaction.
- 3. Have open discussions on how the work is going and who in the group should be doing more or less. Electing a team leader is not a bad idea provided the individual delegates work equally and is not expecting to do everything him or herself.
- 4. Please be mindful of individual strengths and weaknesses. Some students are better writers, while others are better at public speaking. Divide up the work according to the strengths of your group members.

If you are experiencing problems within your group and can not resolve them internally please talk to me before the presentation date! We can probably work out a solution. Please do not wait until after the presentation is done and the paper is submitted to tell me about the problem. In rare instances where a group member is making little to no contribution, and the issue cannot be resolved, the person may be asked not participate in the debate and will be asked to do a different term paper on their own, on a topic which the student can choose with my approval. This paper will be due on the, during class time. NO LATE PAPERS WILL BE ACCEPTED. The student will receive a separate grade than the group based on this paper, minus 15%, for not having participated in the debate.

## **Grading for debate portion:**

Your overall grade will be based of quality of the presentation, soundness of arguments, and use of supporting material. The total 35 marks for the debate breaks down as follows:

- 20 marks for the paper (writing, organization, consistent use of APA style)
- 5 marks for the quality of presentation (e.g., use of A/V aids, organization, clarity of speakers,

flow of the presentation, rebuttal comments)

- 10 marks for soundness of arguments (use of empirical evidence vs. opinions, use of material outside of textbook chapter).