

PSYC 429	Adolescence		Fall 2022
<b>Instructor:</b>	Dr. Deinera Exner-Cortens	<b>Lecture Location:</b>	SH 274
<b>Phone:</b>	403-220-8871	<b>Lecture Days/Time:</b>	MWF 1:00-1:50pm
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### Course Description

An in-depth examination of the physical, cognitive, emotional, and social changes occurring during adolescence, drawing upon theory and relevant research.

### Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see <https://live-arts.ucalgary.ca/psychology/about#program-learning-outcomes>), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Identify key biological, cognitive, and social transitions in adolescence	Quizzes, Reflection Papers	1, 2, 4, 5, 7	A
Explore key social contexts (families; work, leisure, & media; schools; peer groups) that shape adolescent development	Quizzes, Reflection Papers	1, 2, 4, 5, 7	C
Describe features of psychosocial development in adolescence (identity; autonomy; achievement; intimacy; sexuality)	Quizzes	1, 2, 4, 5, 7	C
Critically assess adolescent development theory and research from an anti-oppressive and decolonizing perspective	Quizzes, Reflection Papers	1, 2, 4, 5, 6, 8	C
Identify how adolescent development theory and research can be applied to real-world social issues and policy	Reflection Papers	1, 2, 4, 5, 6, 7, 8	I

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles in a diverse world, 7 = apply psychological knowledge and skills, 8 = Demonstrate multicultural competence and awareness of issues related to equity, diversity,\* and inclusion. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

## Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

## Course Format

This is an in-person class held on campus.

## Prerequisites

Psychology 300, 301, 351 and admission to the Psychology major or Honours program.

## Antirequisites

Credit for Psychology 429 and 355 will not be allowed.

## Required Text

Steinberg, L. (2023). *Adolescence* (13<sup>th</sup> ed.). New York, NY: McGraw Hill.

*This book is available at the University of Calgary bookstore. There are also several [online options](#) for access. The 12<sup>th</sup> edition can also be used (equivalent pages for the 12<sup>th</sup> ed. will be provided on D2L).*

- All other course readings (as indicated in “Course Schedule”) will be posted to D2L

## Assessment Methods

### A) Quizzes

Assignment	Weighting	Date	Format	Material Covered
Quiz #1	20%	October 12 <sup>th</sup>	Short answer	All material from Weeks 1-5 of the course
Quiz #2	20%	November 4 <sup>th</sup>	Short answer	All material from Weeks 6-9 of the course
Quiz #3 (Final Exam)	20%	Final exam period (to be scheduled by the Registrar)	Short answer	All material from Weeks 11-14 of the course

Exams in this course are open book. For this course, an open book exam means that the use of class notes and the textbook is permitted. The use of online resources (other than the textbook) is prohibited. Students may not communicate with others about course material or the exam either in person or electronically during exams.

### B) Reflection Papers

Assignment	Weighting	Due Date & Time	Submission Method	Short Description
Reflection Paper #1	20%	September 23 <sup>rd</sup> by 11:59pm	D2L Dropbox	Students will integrate learning on the social construction of adolescence by critically analyzing a media piece (e.g., TV show, TikTok, YouTube video, movie scene) of their choosing.
Reflection Paper #2	20%	November 23 <sup>rd</sup> by 11:59pm	D2L Dropbox	Students will reflect on adolescent development in equity- and sovereignty-deserving populations,

				and describe implications for psychological interventions and/or social policy.
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Detailed instructions for all assignments, as well as rubrics, will be posted to D2L. All reflection papers should be submitted via the Dropbox in D2L, and not by email. Without instructor approval, late assignments will be penalized 10% per day, including weekends.

### **University of Calgary Academic Integrity Policy**

Academic integrity is the foundation of the development and acquisition of knowledge and is based on values of honesty, trust, responsibility, and respect. We expect members of our community to act with integrity.

Research integrity, ethics, and principles of conduct are key to academic integrity. Members of our campus community are required to abide by our institutional code of conduct and promote academic integrity in upholding the University of Calgary's reputation of excellence. It is your responsibility to ensure that you have read and are familiar with the student academic misconduct policy:

<https://www.ucalgary.ca/legal-services/sites/default/files/teams/1/Policies-Student-Academic-Misconduct-Policy.pdf>.

### **Department of Psychology Criteria for Letter Grades**

Psychology course instructors use the following criteria when assigning letter grades:

**A+ grade: *Exceptional Performance.*** An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

**A, A- Range: *Excellent Performance.*** Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

**B Range: *Good Performance.*** Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

**C Range: *Satisfactory Performance.*** Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

**D range: *Marginally meets standards.*** Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met.* Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

### Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, It is at the instructor’s discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

### Tentative Lecture Schedule

Date	Topic	Reading(s)	Due Dates
W Sep 7	<i>University Lectures begin</i> Course introduction	-	-
F Sep 09	What is adolescence?	<i>Adolescence</i> pp. 2-8, 68-76	-
M Sep 12	What is adolescence?	<i>Act Your Age</i> pp. 1-6	-
W Sep 14	What is adolescence?	Simard & Blight (2011) p. 29, pp. 31 (“Thematic of Aboriginal Development”) – 34 (“Ways of Knowing”), pp. 43 (“Task Completion) – 44 (“Child Rearing Practices”) <i>7 Stages of Life</i> teaching	-
R Sep 15	Last day to drop a class without a penalty		
F Sep 16	<i>Last day to add or swap a course</i> Biological transitions	<b>*lecture today is recorded – no in-person lecture*</b> <i>Adolescence</i> pp. 13-33	-
M Sep 19	Biological transitions – Eating disorders	Alberga et al. (2016)	-
W Sep 21	Cognitive transitions	<i>Adolescence</i> pp. 40-47, 59-61	-
F Sep 23	<i>Fee payment deadline for Fall Term full and half courses</i> Cognitive transitions	<i>Adolescence</i> pp. 47-57, 62-67	Reflection Paper #1
M Sep 26	Cognitive transitions	<i>Roper v. Simmons</i>	-
W Sep 28	Social transitions	<i>Adolescence</i> pp. 79-85	-
F Sept 30	UNIVERSITY CLOSED National Day for Truth and Reconciliation <b>Recommended reading: <i>Canadian Psychological Association</i> pp. 4-14, 24-25</b>		
M Oct 4	Social transitions	<i>Act Your Age</i> pp. 41-45, 48-56, 66-74	-
W Oct 5	Social transitions	<i>New Fire</i> podcast	-
F Oct 7	Review	-	-

M Oct 10	Thanksgiving Day, University closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.		
W Oct 12	Quiz	-	Quiz #1
F Oct 14	Families	<i>Adolescence</i> pp. 94-108 <i>Indigenous Adolescent Development</i> pp. 21-23, 27-29, 74-83	-
M Oct 17	Families	Hale et al. (2021) <a href="https://www.youtube.com/watch?v=ByG1DZmdoX0">https://www.youtube.com/watch?v=ByG1DZmdoX0</a>	-
W Oct 19	Peer groups	<i>Adolescence</i> pp. 122-139 <i>Indigenous Adolescent Development</i> pp. 107-115	-
F Oct 21	Peer groups – Bullying & aggression	-	-
M Oct 24	Schools	<i>Adolescence</i> pp. 158-162, 167-173, 177-178 <i>Indigenous Adolescent Development</i> pp. 93-106	-
W Oct 26	Schools – School mental health	-	-
F Oct 28	Work & Leisure	<i>Adolescence</i> pp. 180-191 Keller (2019)	-
M Oct 31	Media	<i>Adolescence</i> pp. 191-196, 201-207	-
W Nov 2	Review	-	-
F Nov 4	Quiz	-	Quiz #2
Nov 6-12	Term Break No Classes		
F Nov 11	Remembrance Day (Observed). University Closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.		
M Nov 14	Identity	<b>*lecture today is recorded – no in-person lecture*</b> <i>Adolescence</i> pp. 218-229 Tatum (2019) Simard & Blight (2011) pp. 40 (“Cultural Identity Formation”) – 43 (“Task Completion”)	-
W Nov 16	Identity	Bishop et al. (2020)	-
F Nov 18	Autonomy	<i>Adolescence</i> pp. 236-250	-
M Nov 21	Achievement	<i>Adolescence</i> pp. 336-347 Rosales (2018)	-
W Nov 23	Intimacy	<i>Adolescence</i> pp. 267-272	Reflection Paper #2
F Nov 25	Intimacy – Dating & teen dating violence	-	-
M Nov 28	Sexuality	<i>Adolescence</i> pp. 293-302	-
W Nov 30	Sexuality	East & Orchard (2013)	-
F Dec 2	Sexuality – Sexual violence prevention	-	-
M Dec 5	Review	-	-
W Dec 7	<i>Fall Term Lectures End. Last day to withdraw with permission from</i>	-	-

	<i>Fall Term half courses.</i> Review		
Dec 10-21	Fall Final Exam Period	-	Quiz #3

**Course Credits for Research Participation:**

**Extra Research Participation Course Credit is Not Offered for this Course.**

**Absence From A Test/Exam**

Makeup tests/exams are **NOT** an option without the approval of the instructor. Students who miss a test/exam have up to 48 hours to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. **Once approved by the instructor a makeup test/exam must be written within 2 weeks of the missed test/exam on a day/time scheduled by the instructor. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>.**

**Travel During Exams**

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. **If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>.** Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology ([psyugrd@ucalgary.ca](mailto:psyugrd@ucalgary.ca)).

**Reappraisal of Graded Term Work:**

<http://www.ucalgary.ca/pubs/calendar/current/i-2.html>

**Reappraisal of Final Grade:**

<http://www.ucalgary.ca/pubs/calendar/current/i-3.html>

**Academic Accommodations**

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit [www.ucalgary.ca/access/](http://www.ucalgary.ca/access/). Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their

Instructor. The full policy on Student Accommodations is available at <https://www.ucalgary.ca/legal-services/university-policies-procedures/accommodation-students-disabilities-procedure>.

### **Academic Misconduct**

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <http://www.ucalgary.ca/pubs/calendar/current/k.html>

### **Instructor Intellectual Property**

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

### **Copyright Legislation**

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright (<https://www.ucalgary.ca/legal-services/university-policies-procedures/acceptable-use-material-protected-copyright-policy> ) and requirements of the copyright act (<https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html>) to ensure they are aware of the consequences of unauthorized sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

### **Freedom Of Information and Protection of Privacy**

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary

### **Student Support and Resources:**

<https://www.ucalgary.ca/registrar/registration/course-outlines>

### **Important Dates**

The last day to drop this course with no "W" notation and **still receive a tuition fee refund** is **Thursday, September 15, 2022**. Last day add/swap a course is **Friday, September 16, 2022**. The last day to withdraw from this course is **Wednesday, December 7, 2022**

<https://www.ucalgary.ca/pubs/calendar/current/academic-schedule.html#fall2017>