

PSYC 385
Abnormal Psychology
Summer 2022

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*Please allow 24 hours to receive an email reply. Emails sent on a Friday, Saturday, or Sunday will be responded to on the following Monday.

Course Description

Welcome to Psychology 385! This course will provide an overview of the field of psychopathology in both adults and children. We will examine the nature of psychopathology, including the factors that contribute to the etiology (i.e., what causes it), presentation (the signs and symptoms), assessment (how to measure the disorder), and treatment (how to reduce symptoms and suffering) of psychopathology. We will also examine the historical origins of psychopathology, and theories related to abnormal behaviour. The primary goal of this course is to develop students' critical thinking abilities regarding mental illness using theory, contemporary research findings, logic, and applied knowledge. A secondary goal is for students to become educated consumers of mental health information.

Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see psyc.ucalgary.ca/undergraduate/program-learning-outcomes), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Identify similarities and differences between disorders and disorder subtypes within/between different diagnostic categories	Examinations	1,2	C
Describe how the conceptualization and classification of mental disorders has evolved and continues to evolve over time	Examinations	1,2	C

Identify and describe the biological, psychological, and sociocultural factors contributing to the development, maintenance, and understanding of both child and adult psychopathology	Examinations	1,8	I
Identify and describe different mental illnesses including their classification, causes, symptoms, and diagnostic criteria	Examinations	1,2,7	C
Demonstrate knowledge of methods related to the prevention and treatment of mental health problems	Examinations	1,2,7	I

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles in a diverse world, 7 = apply psychological knowledge and skills, 8 = Demonstrate multicultural competence and awareness of issues related to equity, diversity,* and inclusion. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

Course Format

This is an in-person class held on campus.

Prerequisites

PSYC 200 (Principles of Psychology I) and PSYC 201 (Principles of Psychology II) or PSYC 205 (Principles of Psychology)

Required Text

Dozois, D. J. A. (2019). *Abnormal Psychology: Perspectives (6th Edition)*. North York, Ontario: Pearson Canada Inc.

This text is available in paperback or digital format at the University Bookstore. A copy of this text is also available on reserve at the Taylor Family Digital Library.

Assessment Methods

Midterms (33.33% each): Tuesday, July 12 & July 26

Each midterm exam will include multiple choice (50 questions), and short answer and fill-in-the-blank questions (20 questions). They will be non-cumulative and cover material from lectures and assigned readings from the textbook up until the day of the midterm (see course schedule below). Lectures may include content that is not found in the textbook, and similarly the textbook may include sections that are not covered in the lectures. Exams in this course are closed book. The use of resources, including class notes, the textbook, online resources, and calculators is prohibited during the exams in this course. Students may not communicate with others about course material or the exam either in person or electronically during exams. Midterm exams will be written in person, during class time.

Final exam (33.33%): Date and place assigned by Registrar

The final exam will cover content from all lectures and assigned readings since the midterm (i.e., noncumulative). The format will be similar to the midterm exam, including 50 multiple choice questions and short answer and fill-in-the-blank questions (20 questions). Exams in this course are closed book. The use of resources, including class notes, the textbook, online resources, and calculators is prohibited during the exams in this course. Students may not communicate with others about course material or the exam either in person or electronically during exams. The final exam will be scheduled by the registrar.

University of Calgary Academic Integrity Policy

Academic integrity is the foundation of the development and acquisition of knowledge and is based on values of honesty, trust, responsibility, and respect. We expect members of our community to act with integrity.

Research integrity, ethics, and principles of conduct are key to academic integrity. Members of our campus community are required to abide by our institutional code of conduct and promote academic integrity in upholding the University of Calgary's reputation of excellence. It is your responsibility to ensure that you have read and are familiar with the student academic misconduct policy:

<https://www.ucalgary.ca/policies/files/policies/student-academic-misconduct-policy.pdf>.

Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

A+ grade: *Exceptional Performance.* An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: *Excellent Performance.* Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance.* Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: *Satisfactory Performance.* Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential

requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards.* Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met.* Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor’s discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

Tentative Lecture Schedule

Date	Topic/Activity/Readings/Due Date (revise and add columns & rows as necessary)
M Jun 27	Summer term lectures begin.
T Jun 28	<i>First Day of Class</i> Introduction and welcome Concepts of Abnormality Throughout History (Chapter 1) Theoretical Perspectives on Abnormal Behaviour (Chapter 2)
R June 30	Classification and Diagnosis (Chapter 3) Psychological Assessment and Research Methods (Chapter 4) <i>Last day to drop classes without penalty and last day to add or swap classes.</i>
F Jul 1	<i>CANADA DAY No Classes</i>

T Jul 5	Anxiety, Obsessive-Compulsive, and Trauma-Related Disorders (Chapter 5)
R Jul 7	Dissociative and Somatic Symptom and Related Disorders (Chapter 6) Psychological Factors Affecting Medical Conditions (Chapter 7)
T Jul 12	Exam 1 (Chapters 1-7)
R Jul 14	Mood Disorders and Suicide (Chapter 8) Schizophrenia Spectrum and Other Psychotic Disorders (Chapter 9)
T Jul 19	Eating Disorders (Chapter 10) Substance-Related and Addictive Disorders (Chapter 11)
R Jul 21	The Personality Disorders (Chapter 12) Sexual and Gender Identity Disorders (Chapter 13)
T Jul 26	Exam 2 (Chapters 8-13)
R Jul 28	Neurodevelopmental Disorders (Chapter 14)
T Aug 2	Behaviour and Emotional Disorders of Childhood and Adolescence (Chapter 15) Aging and Mental Health (Chapter 16)
R Aug 4	Therapies (Chapter 17)
T Aug 9	Prevention and Mental Health Promotion in the Community (Chapter 18) Mental Disorder and the Law (Chapter 19)
W Aug 10	<i>End of Summer Lectures and last day to withdraw from a course.</i>
Aug 12-15	Final exam TBD by registrar (Chapters 14-19)

Seating During Exams

Instructors and exam invigilators are free to ask students to move seats before an exam begins or even during an exam. Students must comply with this request and refusal to do so may warrant a charge of academic misconduct.

Absence From a Test/Exam

Makeup tests/exams are **NOT** an option without the approval of the instructor. A student may be asked to provide supporting documentation for an exemption/special request for a make-up exam (<https://www.ucalgary.ca/pubs/calendar/current/m-1.html>). Students who miss a test/exam have up to 24 hours to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. Students who do not schedule a makeup test/exam with the instructor within this 24-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Once approved by the instructor a makeup test/exam must be written within 1 week of the missed test/exam during exam make-up hours provided by the department (<http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues>). If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam (<https://www.ucalgary.ca/registrar/exams/deferred-exams>).

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official June and August examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam (<https://www.ucalgary.ca/registrar/exams/deferred-exams>). Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology (psyugrd@ucalgary.ca).

Reappraisal of Graded Term Work: <http://www.ucalgary.ca/pubs/calendar/current/i-2.html>

Reappraisal of Final Grade: <http://www.ucalgary.ca/pubs/calendar/current/i-3.html>

Academic Accommodations

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit www.ucalgary.ca/access/. Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor. The full policy on Student Accommodations is available at <http://www.ucalgary.ca/policies/files/policies/student-accommodation-policy.pdf>.

Academic Misconduct

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <http://www.ucalgary.ca/pubs/calendar/current/k.html>

Instructor Intellectual Property

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

Copyright Legislation

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright (www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf) and requirements of the copyright act (<https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html>) to ensure they are aware of the consequences of unauthorized sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

Freedom OF Information and Protection of Privacy

Student information will be collected in accordance with typical (or usual) classroom practice. Students assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary

Student Support and Resources

<https://www.ucalgary.ca/registrar/registration/course-outlines>

Important Dates

The last day to drop this course with no “W” notation and **still receive a tuition fee refund** is **Thursday, June 30, 2022**. Last day for registration/change of registration is **June 30, 2022**. The last day to withdraw from this course is **Wednesday, August 10th, 2022**.