



UNIVERSITY OF  
CALGARY

**Department of Psychology**  
**Psychology 383 (L01) - Personality**  
**Winter 2010 – Course Outline**

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<b>Class Time:</b>	Thursdays 18:30 – 21:20	<b>Classroom:</b> A142
<b>Instructor:</b>	Guy Pelletier, Ph.D., R.Psych.	
<b>Telephone:</b>	403-355-3212 (Tom Baker Cancer Centre)	<b>Office:</b> A 257
<b>E-mail:</b>	<a href="mailto:gpelleti@ucalgary.ca">gpelleti@ucalgary.ca</a>	
<b>Office Hours:</b>	By appointment	

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### **Course Objectives**

The purpose of this course is to familiarize the student with the main theories, concepts and research strategies which characterize the field of personality. Five major paradigms will be examined: (1) Psychodynamic; (2) Family, Society, and Culture; (3) Traits and the heritability of behavior; (4) Phenomenology and humanism; (5) Behaviorism, Social Learning, and Social Cognitive Learning. We will examine theories which are representative of each paradigm and we will evaluate their strengths and weaknesses. Toward the end of the course we will focus on some contemporary issues and future directions.

### **Instructional Approach**

Lecture material will be drawn from the textbook and from various other sources, providing the students with a broad and current presentation of personality psychology. The lectures are intended to highlight ideas, most (but not all) of which are presented in the textbook, and to elaborate upon information. **Thus, the course will be going beyond the textbook and is not intended to be mere repetition.** Questions are strongly encouraged as they enrich the delivery of the lectures. It is unlikely that any of the lectures will fully cover any and all topics that are presented in the textbook. Students are responsible for reading and understanding the assigned textbook chapters. Students are also encouraged to read the assigned material prior to the corresponding lecture. This will facilitate a better comprehension of the subjects that will be presented.

Students should keep in mind that this is a survey course intended to provide basic, wide-ranging knowledge of personality psychology. This is an ambitious endeavor that will require the learning and understanding of a considerable amount of information. Students interested in more detailed discussions of various theories and of other subjects in personality psychology will be encouraged to consider higher-level, more advanced courses.

Lecture slides will be made available on **Blackboard** so as to facilitate note taking. The slides will highlight **ONLY** the main points of the lectures and are not meant to replace class attendance. Class attendance is essential to obtain full coverage of the subjects.

### **Prerequisite**

Psychology 205 – Principles of Psychology

### **Required Textbook**

Crowne, Douglas P. (2009). Personality theory (2<sup>nd</sup> Ed.). Toronto: Oxford University Press. (The textbook is available at the U of C bookstore)

### **Evaluation**

The exam format will be entirely multiple choice.

#### Midterm #1

30% of final grade

Chapters 1 – 4, 6, and lectures, 75 minutes

Thursday, February 04, 2010, first half of the lecture

#### Midterm #2

30% of final grade

Lecture on Object Relations Theory, Chapters 7, 5, 9, 8, 16, and lectures, 75 minutes

Thursday, March 11, 2010, first part of the lecture

#### Final Exam

40% of final grade

All material covered in the course, with a strong emphasis on Ch 11-15, and Ch 17 and lectures (including video: The Human Experiments), 2 hours.

The final exam is scheduled by the Registrar during final exam time

### **Grading Scheme**

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. In this course there will be no rounding up of final grades, especially in light of the opportunities students have to increase their final grade via research participation.

## Tentative Course/Lecture Schedule

Class Date	Course Topic	Text Reading
January 14	Introduction: Contemporary study of personality Psychoanalysis – Freudian Model (1)	Ch 1 Ch 2,3
January 21	Psychoanalysis – Freudian Model (2)	Ch 3
January 28	Carl Jung’s Analytic Psychology Neo-Freudians – Alfred Adler	Ch 4 Ch 6
February 04	<b>Midterm #1</b> Neo-Freudians: Sullivan, Horney, Fromm	Ch 7
February 11	Ego Psychology: Hartmann, Erickson Object relations theories: Fairbairn, Mahler, Kohut, Bowlby	Ch 5
<b>Feb 18</b>	<b>Reading days – no lecture</b>	
February 25	Trait theories: Allport, Cattell, Eysenck, and the Big Five	Ch 9
March 04	Psychiatric trait theory and personality disorders Evolutionary psychology, genetics, and personality	Ch 8 (part) Ch 16
March 11	<b>Midterm Exam #2</b> Video: <u>The Human Behavior Experiments</u>	No readings
March 18	Phenomenology and Humanism: Rogers, Maslow, Kelly	Ch 11
March 25	Learning theory: The S-R theory of Dollard and Miller	Ch 12
April 01	Learning theory: The radical behaviorism of B.F. Skinner Social Learning theory: Julian Rotter	Ch 13 Ch 14
April 08	Social-Cognitive theories: Albert Bandura and Walter Mischel	Ch 15
April 15	Social-Cognitive theories: additional concepts, strengths and weaknesses Commonalities and Continuing Controversies, Summary and question period	Ch 15, Ch 17 (part)
April 19 - 29	<b>Final Exam to be Scheduled by the Registrar</b>	

### Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with

any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

### **Plagiarism and Other Academic Misconduct**

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

### **Academic Accommodation**

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 403-220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

### **Absence From A Test/Exam**

Makeup tests/exams are NOT an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam.

### **Course Credits for Research Participation (Max 2% of final grade)**

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. **A maximum of two (2) credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation.** The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <http://ucalgary.sona-systems.com>. The last day to participate in studies and to assign or reassign earned credits to courses is **April 15, 2010**.

### **Evacuation Assembly Point**

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at

<http://www.ucalgary.ca/emergencyplan/assemblypoints>

Please check this website and note the nearest assembly point for this course.

### **Student Organizations**

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 403-220-5567.

**Student Union VP Academic:** Phone: 403-220-3911 [suvpaca@ucalgary.ca](mailto:suvpaca@ucalgary.ca)

**Student Union Faculty Rep.:** Phone: 403-220-3913 [socialscirep@su.ucalgary.ca](mailto:socialscirep@su.ucalgary.ca)

### **Important Dates**

The last day to drop this course with no "W" notation and **still receive a tuition fee refund** is **Jan 22<sup>nd</sup>, 2010**. Last day for registration/change of registration is **Jan 26<sup>th</sup>, 2010**. The last day to withdraw from this course is **Apr 16<sup>th</sup>, 2010**.