

# **Department of Psychology**

## **Personality**

# Psychology 383 (L01) - Spring 2008

Class Time:	Tuesday – Thursday 17:00 to 19:45	Classroom: TBA
Instructor:	Guy Pelletier, Ph.D., R.Psych.	
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E-mail:	gpelleti@ucalgary.ca	
Office Hours:	By appointment	

**Textbook:** Crowne, Douglas P. (2007). <u>Personality theory</u>. Toronto: Oxford University Press.

### **Course Objectives:**

The purpose of this course is to familiarize the student with the main theories, concepts and research strategies which characterize the field of personality. Five major paradigms will be examined: (1) Psychodynamic; (2) Family, Society, and Culture; (3) Traits and the heritability of behavior; (4) Phenomenology and humanism; (5) Behaviourism, Social Learning, and Social Cognitive Learning. We will examine theories which are representative of each paradigm and we will evaluate their strengths and weaknesses. Toward the end of the course we will focus on some contemporary issues and future directions.

#### **Instructional Approach:**

Lecture material will be drawn from the textbook and from various other sources, providing the students with a broad and current presentation of personality psychology. The lectures are intended to highlight ideas, most (but not all) of which are presented in the textbook, and to elaborate upon information. **Thus, the course will be going beyond the textbook and is not intended to be mere repetition**. Questions are strongly encouraged as they enrich the delivery of the lectures. It is unlikely that any of the lectures will fully cover any and all topics that are presented in the textbook. Students are responsible for reading and understanding the assigned textbook chapters. Students are also encouraged to read the assigned material prior to the

corresponding lecture. This will facilitate a better comprehension of the subjects that will be presented.

Students should keep in mind that this is a survey course indented to provide basic, wide-ranging knowledge of personality psychology. This is an ambitious endeavor that will require the learning and understanding of a considerable amount of information. Students interested in more detailed discussions of various theories and of other subjects in personality psychology will be encouraged to consider higher-level, more advanced courses.

Lecture slides will be made available on **Blackboard** so as to facilitate note taking. <u>The slides</u> will highlight **ONLY** the main points of the lectures and are not meant to replace class attendance. Class attendance is essential to obtain full coverage of the subjects.

## **University of Calgary Curriculum Objectives:**

As much as possible, the course will encourage critical thinking, the analysis of problems, the growth of insight and intuition in understanding issues in personality psychology, and the acquisition of basic knowledge which can lead to the development of interpretive and assessment skills.

#### **Course Evaluation:**

The exam format will be either entirely multiple choice or a mix of multiple choice and short answer questions.

Term Test #1: 30% Chapters 1 to 8 and lectures, 70 minutes Thursday May 29 2008 5:00 PM to 6:15 PM

Term Test #2: 30% Lecture on Object Relations Theory, Chapters 9, 11, 16 and lectures, 70 minutes

### Midtem #2 is Thursday June 12 2008 5:00 PM to 6:15 PM

Final Exam: 40% All material covered in the course, with a strong emphasis on Chapters 12 to 15, and chapter 17 and lectures, 2 hours, to be scheduled by the Registrar during final exam time

Since bonus points from research participation can be attached to this course, the instructor will not round grades up or down over and above what the computer program already does.

#### **Course Grading Scheme:**

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	В	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

# **Tentative Course/Lecture Schedule:**

Class Date	Course Topic	<b>Text Reading</b>
May 15	Introduction: Contemporary study of personality	Ch 1, 2
	The Psychoanalisis – Freudian Model (1)	
May 20	The Psychoanalisis – Freudian Model	Ch 2,3
May 22	Carl Jung's Analytic Psychology	Ch 4,5
	Neo-Freudians – Alfred Adler	
May 27	Neo-Freudians: Sullivan, Horney, Fromm	Ch 6-8
	Ego Psychology: Hartmann, Erickson	
May 29	Mid-term #1	No readings
	Object relations theories: Fairbairn, Mahler, Kohut, Bowlby	
	Strengths and weaknesses of the psychodynamic paradigm	
June 03	Trait theories: Allport, Cattell, Eysenck, and the Big Five	Ch 9
June 05	Evolutionary psychology, genetics, and personality	Ch 16
	Strengths and limitations of the trait paradigm	_

June 10	Phenomenology and Humanism: Rogers, Maslow, Kelly  Strengths and weaknesses of the Humanistic paradigm	Ch 11
June 12	Midterm Exam #2	No readings
	Video "The Human Behavior Experiments"	
June 17	Learning theory: The S-R theory of Dollard and Milller	Ch 12
June 19	Learning theory: The radical behaviorism of B.F. Skinner  Strenghts and limitations of behavioral theory in personality studies	Ch 13, 14
	Social Learning theory: Julian Rotter	
June 24	Social-Cognitive theories: Albert Bandura and Walter Mischel	Ch 15
June 26	Social-Cognitive theories: additional concepts, strengths and weaknesses  Commonalities and Continuing Controversies, Summary and question period	Ch. 15, 17
June 27, 28 & 30	Final Exam to be Scheduled by the Registrar	

### Reappraisal of Grades

A student who feels that a piece of graded term work (term paper, essay, test, etc.) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within fifteen days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next fifteen days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same.

If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within fifteen days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

### Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

#### **Academic Accommodation**

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and **have not** registered with the Disability Resource Centre, please contact their office at 220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than fourteen (14) days after the start of this course.

### **Absence From A Test**

Make-up exams are NOT an option without an official University medical excuse (see the University Calendar). You must contact the instructor <u>before</u> the scheduled examination or you will have forfeited any right to make up the exam. At the instructor's discretion, a make-up exam may differ significantly (in form and/or content) from a regularly scheduled exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup exam is written within two (2) weeks of the missed exam.

A completed Physician/Counselor Statement will be required to confirm absence from a test for health reasons. The student will be required to pay any cost associated with the Physician Counselor Statement.

### **Bonus Course Credits for Research Participation**

Students in most psychology courses are eligible to participate in departmentally-approved research and earn credits toward their final grades. A maximum of two credits (2%) per course, including this course, may be applied to an individual's final grade. Students can create an account and access the Research Participation System website at <a href="http://ucalgary.sona-systems.com">http://ucalgary.sona-systems.com</a>. The last day to participate in research and ALLOCATE YOUR CREDITS TO THIS COURSE is June 25<sup>th</sup>, 2008.

The last day to withdraw from this course and **still receive a fee refund** is May 16<sup>th</sup>, 2008. The last day to withdraw from this course is June 26<sup>th</sup>, 2008.