



UNIVERSITY OF  
CALGARY

**Department of Psychology**  
**Psychology 353 (L01) – Psychology of Aging**  
**Fall 2009**

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<b>Instructor:</b>	Rose Joudi Kadri	<b>Lecture Location:</b>	A140
<b>Email:</b>	<a href="mailto:rjoudi@ucalgary.ca">rjoudi@ucalgary.ca</a>	<b>Lecture Days/Time:</b>	TR 09:30-10:45
<b>Office:</b>	Admin 257D		
<b>Office Hours:</b>	TBA		

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**Please read the entire course outline as many questions that you may have about the course are usually addressed in the outline.**

### **Course Description and Goals**

Upon completion of this course you should have a good understanding of the psychological, biological, and sociological perspectives to the aging process. One main objective of this course is to acquire a class atmosphere that fosters discussions on the aging process. Aside from having an increased knowledge of the aging process, it is anticipated that by the end of the course you will have increased your ability to think about aging issues in a critical manner. It is also anticipated that this course will exercise your reasoning skills in an insightful and logical manner. This course also Examines theory and research related to psychological processes during adulthood and aging. Topics may include life-span developmental theories and methods; biological processes; sensory, perceptual and cognitive processes; personality and social processes; life transitions, mental health issues; and dying.

### **Prerequisites**

Psyc 205 – Principles of Psychology

### **Required Text**

Cavanaugh, J. C., Blanchard-Fields, F. & Norris, J. (1st Canadian Edition). Adult Development and Aging. Thomson/Nelson.

Lectures are intended to highlight and extend (not summarize) the material in each chapter. Students are encouraged to ask questions and/or provide comments during the lectures as class discussions enhance learning. Students are responsible for the material covered in all lectures, videos, and textbook readings. *Please note that you are encouraged to make arrangements with another student for class information that you may have missed due to absenteeism.*

## Lecture Materials

Portions of the lecture materials may be posted on Blackboard at the instructor's discretion. Borrow missed notes from a classmate.

**Blackboard:** <https://blackboard.ucalgary.ca/webapps/login>

## Communicating with the Instructor

Given the numerous students in the course I find that face-to-face communication is more personal and seems to work well, especially when you have questions about the course material. I will try to respond to emails, however please email me or see me in class to make an appointment to ask questions about the course material.

## Evaluation

The course will consist of two term tests, one in-class quiz and a final exam. Test one and two are worth 22% each and consist of multiple-choice questions. The in-class quiz is worth 6% and will be a choice of four questions in which you will answer only one of them. These questions relate to the chapters in the book that we would have already covered in the lectures. The final exam is worth 50% of your grade, and will consist of multiple-choice questions. The term tests and final exam are non-cumulative.

## Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (i.e., 89.5% will be rounded up to 90%; 89.4% will be rounded down to 89%, etc.).

## Tentative Lecture Schedule

Date	Topic/ Due Date	Chapter
Tues 8 <sup>th</sup> Sept	<b>Lectures begin</b> Introduction to Adult Aging	Chapter 1
Thurs 10 <sup>th</sup> Sept	Introduction to Adult Aging: Research Methods	Chapter 1
Tues 15 <sup>th</sup> Sept	Physical Changes	Chapter 2
Thurs 17 <sup>th</sup> Sept	Physical Changes	Chapter 2
	<b><i>18<sup>th</sup> Sept Last day to drop a course with no W grade and tuition refund.</i></b>	
Tues 22 <sup>nd</sup> Sept	Longevity, Health & Functioning	Chapter 3
	<b><i>Last day for registration/change of registration.</i></b>	
Thurs 24 <sup>th</sup> Sept	Longevity, Health & Functioning	Chapter 3
Tues 29 <sup>th</sup> Sept	Mental Health	Chapter 4

Thurs 1 <sup>st</sup> Oct	Mental Health	Chapter 4
Tues 6 <sup>th</sup> Oct	<b>TEST ONE</b>	Chapters 1 - 4
Thurs 8 <sup>th</sup> Oct	Person- Environment Interactions	Chapter 5
Mon 12 <sup>th</sup> Oct	<b>Thanksgiving Day. University closed.</b>	
Tues 13 <sup>th</sup> Oct	Person- Environment Interactions	Chapter 5
Thurs 15 <sup>th</sup> Oct	<b>Video: TBA</b>	
Tues 20 <sup>th</sup> Oct	Memory	Chapter 7
Thurs 22 <sup>nd</sup> Oct	Memory	Chapter 7
Tues 27 <sup>th</sup> Oct	Intelligence	Chapter 8
Thurs 29 <sup>th</sup> Oct	Intelligence	Chapter 8
Tues 3 <sup>rd</sup> Nov	Personality	Chapter 10
Thurs 5 <sup>th</sup> Nov	Personality	Chapter 10
Tues 10 <sup>th</sup> Nov	Relationships	Chapter 11
<b>11<sup>th</sup>-15<sup>th</sup> Nov</b>	<b>Reading Days. No lectures.</b>	
Tues 17 <sup>th</sup> Nov	<b>In-Class Quiz</b>	Chapters 1 - 5,7,8
Thurs 19 <sup>th</sup> Nov	<b>Video: Myths of Aging</b>	
Tues 24 <sup>th</sup> Nov	<b>TEST TWO</b>	Chapters 5,7,8
Thurs 26 <sup>th</sup> Nov	Relationships	Chapter 11
Tues 1 <sup>st</sup> Dec	Work, Leisure & Retirement	Chapter 12
Thurs 3 <sup>rd</sup> Dec	Death & Dying	Chapter 13
Mon 7 <sup>th</sup> Dec	Last day to participate in research and allocate research credits	
Tues 8 <sup>th</sup> Dec	<b>Final Class</b> Death & Dying	Chapter 13
	Fall Session Lectures end. Last day to withdraw	
Dec 11-21	Final exams (scheduled by the Registrar)	Chapters 10, 11, 12, 13
Dec 25-31	Holiday Observance. Session Break. University closed.	

### Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

### **Plagiarism and Other Academic Misconduct**

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

### **Academic Accommodation**

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Centre, please contact their office at 220-8237. Students who have not registered with the Disability Resource Centre are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

### **Absence From A Test/Exam**

Makeup tests/exams are NOT an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam.

### **Course Credits for Research Participation**

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. **A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation.** The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <http://ucalgary.sona-systems.com>. The last day to participate in studies and to assign or reassign earned credits to courses is **Dec 7<sup>th</sup>, 2009**.

### **Student Organizations**

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 220-5567.

**Student Union VP Academic:** Phone: 220-3911 [suvpaca@ucalgary.ca](mailto:suvpaca@ucalgary.ca)  
**Student Union Faculty Rep.:** Phone: 220-3913 [socialscirep@su.ucalgary.ca](mailto:socialscirep@su.ucalgary.ca)

### **Important Dates**

The last day to drop this course and **still receive a fee refund** is **Sep 18<sup>th</sup>, 2009**. The last day to withdraw from this course is August **Dec 8<sup>th</sup>, 2009**.