

## Psychology 201 - L01

## Principles of Psychology II

Winter 2021

<b>Instructor:</b>	Dr. Peter van der Velde	<b>Lecture Location:</b>	Web Based
<b>Phone:</b>		<b>Lecture Days/Time:</b>	M/W/F 11:00 - 11:50
<b>Email:</b>	<a href="mailto:pvander@ucalgary.ca">pvander@ucalgary.ca</a>		
<b>Office:</b>	(AD155B)		
<b>Office Hours:</b>	via Zoom, by appointment		

**Course description**

This course provides a general introduction to the study of basic psychological processes. At the end of the course, you will be able to evaluate psychological information in accordance with the scientific method and will have introductory-level knowledge of:

- The diverse sub-fields of psychology, such as Developmental and Social Psychology, Intelligence, Motivation, Emotion, Personality, Stress, as well as Psychological Disorders and their Treatment.
- Understanding current psychological theories focusing on basic processes
- Basic concepts and terminology used in different areas of psychology

Lectures are intended to highlight and extend, rather than summarize, assigned text readings. You will benefit most from the posted lecture notes if you read the assigned book chapters *prior* to the corresponding lecture. Class PowerPoints as well as accompanying audio and/or video files will be made available on the course D2L site. The Power Points are provided to assist you in organizing and understanding the material and are not a substitute for the full lectures.

**Prerequisites**

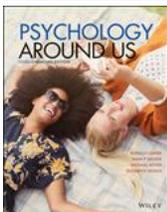
There are no prerequisites to this course.

**Required Text:**

Comer, Ronald; Gould, Elizabeth; Ogden, Nancy and Boyes, Mike (2018): **Psychology Around Us, Third Canadian Edition**, Wiley Canada, Toronto. Available at the University of Calgary Bookstore.

Electronic copies are available at:

<https://www.wiley.com/en-ca/Psychology+Around+Us%2C+3rd+Canadian+Edition-p-9781119348610>



There are online resources available for this textbook: <http://bcs.wiley.com/hec/Books?action=index&itemId=1119348617&bcsId=11089>

### Course Format

This course will use a synchronous format. Class materials will be posted to the course D2L page by the day/time of each scheduled class as per the course schedule. Also I will make myself available every Wednesday (between 11-12 am) via scheduled Zoom meetings to answer questions or clarify the material. All Zoom meetings will be recorded and will be made available via weblink to students after class.

### Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see <https://live-arts.ucalgary.ca/psychology/about#program-learning-outcomes>), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Differentiate between the diverse sub-fields of Psychology	MC Exams	1	I
Define the terminology used in different areas of Psychology	MC Exams	1	I
Define psychology as a biological and social science, and Define/Apply the key theories and research methods in Psychology	MC Exams	3	I
Critically Think about psychological issues	MC Exams	2, 6	I
Apply course knowledge to real world information/data	MC Exams	5, 7	I, C

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles, 7 = apply psychological knowledge and skills, 8 = demonstrate multicultural competence and awareness of issues related to equity, diversity and inclusion. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

### Desire2Learn for PSYC 201

There is an area on the general campus Desire 2Learn site set aside for this course.

***THIS SITE SHOULD BE YOUR FIRST STOP FOR QUESTIONS ABOUT COURSE TOPICS, DATES, ETC.***

### Assessment Methods

Three on-line mid-term exams (Feb 1, Mar 1, Mar 22) and a final exam (date set by the Registrar: Apr 19-29) are scheduled. You will be allowed to start a mid-term exam any time within the scheduled 24-hour period, and from that point in time onwards you will have 90 minutes to complete it (following UofC guidelines for on-line courses: normally you would have been allowed 1 hour to complete the test, but you will receive 50% of added time to be able to deal with eventual technical problems such as

internet connection issues, etc.). I will make myself available via pre-scheduled Zoom meetings on exam days between 11 am and 1 pm, in case that you need help to deal with unexpected problems during the quiz, but will also regularly check my email throughout most of the day.

All are web-based, non-cumulative multiple-choice exams based on **both** textbook and lecture material (including films and other demonstrations). Not all exam material will be covered in class, and some exam material covered in the lectures will not be covered in the text, so paying attention to the (published) lectures is important for success in this course. Note that you are responsible for **all** assigned readings from the text even if the specific content has not been covered in lectures. Many exam questions will involve critical thinking, a skill you will be given practice developing in class, so again it's to your advantage to pay attention to the lectures.

Exams in this course are **open book**. For this course, an open book exam means that the use of class notes, the textbook and calculators is permitted.

**The use of online resources is not permitted. Students may not communicate with others about course material or the exam either in person or electronically during exams.**

Your **course grade** will be computed as **the average of your four exam scores (converted to a score of 96/100) PLUS your Experiential Learning score (4%) (see section below)**. In other words, **each exam is worth 24%** of your final mark: the “missing” 4 points can be earned via the Experiential-Learning/Article-Evaluation program.

**“Test-Taking Advice: Especially for the Multiple-Choice Challenged”:**

[https://psyc.ucalgary.ca/sites/psyc.ucalgary.ca/files/Test\\_Taking\\_Advice.pdf](https://psyc.ucalgary.ca/sites/psyc.ucalgary.ca/files/Test_Taking_Advice.pdf)

This is a useful document with all sorts of tips about how to prepare for exams more effectively!

### **Course Credits for Research Participation**

#### **Experiential Learning / Article +Evaluation Course Component (4% of final grade)**

This experiential-learning/article-evaluation component provides enriched learning opportunities in this introductory course. You can complete this component by participating in research studies (Option 1: Research Participation), by completing 1-page article evaluations from a designated list (Option 2: Article Evaluations), or by a combination of the two options. Thus, you will learn more about psychology by taking part in research studies and/or by reading and evaluating articles from a psychological perspective.

**Option 1: Research Participation.** Students can complete this course component by creating an account and participating in Departmentally approved research studies at <https://ucalgary.sona-systems.com>. Students earn **0.5% (0.5 credits) for each full 30 minutes of participation**. Each study will be followed by an educational debriefing experience. The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. **The last day to participate in research and allocate credits is Thursday, April 15, 2021 (i.e., you must have this finalized before 11:59 pm on that day).**

**Option 2: Article Evaluations.** Students can complete this course component by reading and evaluating articles. Students earn 1% (1 credit) for each acceptable evaluation. Students can submit only one evaluation per due date (**January 29, February 12, March 12, April 1, 2021**). Again, closing time for each day is **11:59 pm**; **late submissions will not be accepted**. Please consult the D2L for this course for more information about this option.

**Option 3: Combinations of Options 1 and 2.** Students can complete this course component through any combination of Options 1 and 2 (e.g., 3% through Option 1 and 1% through Option 2, or vice versa). Given that each article evaluation counts for 1%, students who complete, for example, 2.5% through Option 1 would need to complete two evaluations to successfully complete all 4% of this course component. As mentioned under Option 2, students can only submit one article evaluation per due date, late submissions will not be accepted. Thus, students who opt to combine Options 1 and 2 must plan ahead carefully.

### **Absence from a Test/Exam**

Makeup tests/exams are **NOT** an option without the approval of the instructor. Students who miss a test/exam have up to **48 hours** to contact the instructor to ask for a makeup test/exam. It's the instructor's discretion if they will allow a make-up exam. **Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam.** At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Once approved by the instructor a makeup test/exam must be written within 2 weeks of the missed test/exam on a day/time scheduled by the instructor. If a student cannot write their Final Exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <https://www.ucalgary.ca/registrar/exams/deferred-exams>.

### **Travel During Exams**

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. **If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam:**

<https://www.ucalgary.ca/registrar/exams/deferred-exams>.

Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology ([psyugrd@ucalgary.ca](mailto:psyugrd@ucalgary.ca)).

## Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

**A+ grade:** *Exceptional Performance.* An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

**A, A- Range:** *Excellent Performance.* Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

**B Range:** *Good Performance.* Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

**C Range:** *Satisfactory Performance.* Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

**D range:** *Marginally meets standards.* Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

**F grade:** *Course standards not met.* Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

### Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, **final** percentage grades will be rounded up to the nearest whole percentage (e.g., 89.50 % will be rounded up to 90% = A, but 89.49 % will be rounded down to 89% = A-).

### Reappraisal of Graded Term Work:

<https://www.ucalgary.ca/pubs/calendar/current/i-2.html>

### Reappraisal of Final Grade:

<https://www.ucalgary.ca/pubs/calendar/current/i-3.html>

### **Academic Accommodations**

Students seeking an accommodation based on disability or medical concerns should contact Student Accessibility Services; SAS will process the request and issue letters of accommodation to instructors. For additional information on support services and accommodations for students with disabilities, visit [www.ucalgary.ca/access/](http://www.ucalgary.ca/access/). Students who require an accommodation in relation to their coursework based on a protected ground other than disability should communicate this need in writing to their Instructor. The full policy on Student Accommodations is available at <https://www.ucalgary.ca/policies/files/policies/student-accommodation-policy.pdf>.

### **University of Calgary Academic Integrity Policy**

Academic integrity is the foundation of the development and acquisition of knowledge and is based on values of honesty, trust, responsibility, and respect. We expect members of our community to act with integrity.

Research integrity, ethics, and principles of conduct are key to academic integrity. Members of our campus community are required to abide by our institutional code of conduct and promote academic integrity in upholding the University of Calgary's reputation of excellence. It is your responsibility to ensure that you have read and are familiar with the student academic misconduct policy: <https://www.ucalgary.ca/policies/files/policies/student-academic-misconduct-policy.pdf>.

### **Academic Misconduct**

For information on academic misconduct and its consequences, please see the University of Calgary Calendar at <https://www.ucalgary.ca/pubs/calendar/current/k.html>

### **Instructor Intellectual Property**

Course materials created by professor(s) (including course outlines, presentations and posted notes, labs, case studies, assignments and exams) remain the intellectual property of the professor(s). These materials may NOT be reproduced, redistributed or copied without the explicit consent of the professor. The posting of course materials to third party websites such as note-sharing sites without permission is prohibited. Sharing of extracts of these course materials with other students enrolled in the course at the same time may be allowed under fair dealing.

### **Copyright Legislation**

All students are required to read the University of Calgary policy on Acceptable Use of Material Protected by Copyright ([www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf](http://www.ucalgary.ca/policies/files/policies/acceptable-use-of-material-protected-by-copyright.pdf)) and requirements of the copyright act (<https://laws-lois.justice.gc.ca/eng/acts/C-42/index.html>) to ensure they are aware of the consequences of unauthorized sharing of course materials (including instructor notes, electronic versions of textbooks etc.). Students who use material protected by copyright in violation of this policy may be disciplined under the Non-Academic Misconduct Policy.

### **Freedom OF Information and Protection of Privacy**

Student information will be collected in accordance with typical (or usual) classroom practice. Students' assignments will be accessible only by the authorized course faculty. Private information related to the individual student is treated with the utmost regard by the faculty at the University of Calgary

### **Student Support and Resources**

<https://www.ucalgary.ca/registrar/registration/course-outlines>

### **Student Organizations**

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS).

<https://arts.ucalgary.ca/psychology/current-students/undergraduate/student-clubs>

Also the Student Union has a variety of services available to students:

<https://www.su.ucalgary.ca/>

### **Acknowledgments and Respect for Diversity**

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

### **Wellness and Mental Health Resources**

The University of Calgary recognizes the pivotal role that student mental health plays in physical health, social connectedness and academic success, and aspires to create a caring and supportive campus community where individuals can freely talk about mental health and receive supports when needed. We encourage you to explore the excellent mental health resources available throughout the university community, such as counselling, self-help resources, peer support or skills-building available through the SU Wellness Centre (Room 370, MacEwan Student Centre, <https://www.ucalgary.ca/wellness-services/services/mental-health-services> and the Campus Mental Health Strategy website (<https://www.ucalgary.ca/mentalhealth>)

### **Student Ombudsman's Office**

The Office of the Student Ombudsmen provides independent, impartial and confidential support for students who require assistance and advice in addressing issues and concerns related to their academic careers. The office can be reached at 403-220-6420 or [ombuds@ucalgary.ca](mailto:ombuds@ucalgary.ca) (<https://www.ucalgary.ca/student-services/ombuds>)

### **Important Dates**

The last day to drop this course with no "W" notation and **still receive a tuition fee refund** is **Thursday, January 21, 2021**. The last day to add/swap a course is **Friday, January 22, 2021**. The last day to withdraw from this course is **Thursday, April 15, 2021**.

<https://www.ucalgary.ca/pubs/calendar/current/academic-schedule.html>

### Tentative Lecture Schedule

**NOTE: While Exam Dates are FIXED, topic dates may shift a bit.**

DATE	Topics	Readings
<b>Mon Jan 4</b>	<b>Winter Term begins</b> (block week January 4-8).	
<b>Mon Jan 11 *</b>	Introduction ( <b>Zoom meeting!</b> )	
Jan 13,15,18,20,22	Human Development	Ch 4
<b>Thu Jan 21</b>	<b>Last day to drop Winter Term half-courses</b>	
<b>Fri Jan 22</b>	<b>Last day to add or swap a course</b>	
Jan 22,25,27,29	Motivation and Emotion	Ch 11
<b>Fri Jan 29</b>	<b>Fee payment deadline for Fall Term full and half courses.</b>	
<b>Mon Feb 1</b>	<b>Exam #1</b>	<b>Ch 4, 11</b>
Feb 3,5,8,10,12	Intelligence	Ch 10
<b>Mon Feb 15</b>	<b>Alberta Family Day; University closed!</b>	
<b>Feb 14-20</b>	<b>Term Break; no classes (University is open, except on Alberta Family Day)!</b>	
Feb 12,22,24,26	Personality	Ch 12
<b>Mon Mar 1</b>	<b>Exam #2</b>	<b>Ch 10, 12</b>
Mar 3,5,8,10,12	Social Psychology	Ch 13
Mar 12,15,17,19	Stress, Coping and Health	Ch 14
<b>Wed Mar 22</b>	<b>Exam #3</b>	<b>Ch 13, 14</b>
Mar 24,26,29,31	Psychological Disorders	Ch 15
<b>Fri Apr 2</b>	<b>Good Friday; University closed!</b>	
<b>Mon Apr 6</b>	<b>Easter Monday; University closed!</b>	
Apr 7,9,12,14	Treatment of Psychological Disorders	Ch 16
<b>Thu Apr 15</b>	<b>Last day to allocate Research Participation credits on RPS (SONA)</b>	
<b>Thu Apr 15</b>	<b>Last day of classes. Last day to withdraw from Winter courses.</b>	
<b>Apr (19-29) TBA</b>	<b>Final Exam Period (and our final [4<sup>th</sup>] exam)!</b>	<b>Ch 15, 16</b>
<b>Thu Apr 30</b>	<b>End of Term</b>	