

PSYC 433		Clinical Psychology		Winter 2018	
Instructor:	Sally (Sara) During	Lecture Location:	ST 128		
Phone:	403-630-7043	Lecture Days/Time:	MWF 13-13:50 pm		
Email:	sduring@shaw.ca	[Lab and/or TA info:	Room AD 248		
	*Please include the course		Lab 1: W 9-10:50		
	# when emailing me		Lab 2: F 9-10:50		
			TA: Maryam Sharif-Razi		
Office:	AD155B				
Office Hours:	By appointment				

Course Description

This course will serve as an introduction to the field of clinical psychology. Students will learn about the professional aspects of the field, including training models, codes of conduct and regulatory aspects of the profession. The typical functions of clinical psychologists will be covered, including psychological assessment and therapy. A number of theoretically distinct approaches to therapy will be discussed. Towards the end of the term we will discuss recent extensions of clinical psychology into new domains of practice and some of the issues that arise from such changes. The laboratory component will provide exposure to practical applications of clinical psychology through demonstrations, discussions, video tapes, and assignments.

Course Learning Outcomes

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see psyc.ucalgary.ca/undergraduate/program-learning-outcomes), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	Program Learning Outcomes and Levels	
		PLO(s)	Level(s)
Demonstrate knowledge of psychological sciences (e.g. assessment, intervention, ethics, evidence based practices)	Short/long answer exams Lab presentation and paper	1, 2, 4, ,6	C
Understand how clinical psychologists approach cases	Lab presentation	2, 4, 7	C
Demonstrate understanding of aspects of the field of clinical psychology	Short/long answer exams	1, 2, 4, 6	NA

	Lab presentation and paper		
Communicate effectively in writing and in person	Short/Long answer exams Lab presentation and paper	4, 5	C
Critically evaluate research	Lab paper	3, 4, 5	C
Participate in class discussions	In-class and lab sessions	2, 4	C

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles, 7 = apply psychological knowledge and skills. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

Prerequisites

Psychology 312 – Experimental Design and Quantitative Methods for Psychology

Psychology 385 – Abnormal Psychology

Required Text

Clinical Psychology: Science, Practice, and Culture, 4th Edition. Andrew M. Pomerantz. Copyright 2017 Sage Publications, Inc.

Text can be purchased at the bookstore. A copy will also be available in the Reserved Reading Room

Assessment Methods

Students are expected to attend class and lab regularly and to participate in classroom/lab activities.

There will be three noncumulative exams in this course, one of which is during the final exam period.

All exams will most likely consist of some combination of multiple choice, fill in the blank, and/or short answer and essay questions from the text, class discussions, lectures/PowerPoint slides, and labs.

- 1.) 20% of your mark will be based on a **Midterm #1 on Friday, February 9, 2018.** Midterm Exam #1 will consist of material from **Chapters 1, 3, 4, 5, 6, and 7.**
- 2.) 20% of your mark will be based on a **Midterm #2 on Monday, March 12, 2018.** Midterm Exam #2 will consist of material from **Chapters 8, 9, 10, and 11.**
- 3.) 30% of your mark will be based on a Final Exam Scheduled by the Registrar. The Final Exam will consist of material from **Chapters 15, 16, 17, 18, and 19.**
- 4.) 30% of your mark will be based on your work in the **lab component** of the course. Students are expected to attend labs weekly. Materials presented in the labs on psychological assessment and therapy may appear on the course examinations. Specific requirements will be reviewed with your lab TA during the first week of labs.
- 5.) No study aids (such as open textbook, flash cards, or class notes) will be permitted during the Midterm and Final Exams.

- 6.) Calculators and computers, or any electronic devices (i.e. iPads, iPods, Smart Watches) cannot be used during any exam.

Lab Evaluation:

Component	% of Grade	Date
Individual Presentation	15%	Date TBD in lab
Participation	5%	All lab dates
Article review	10%	Due in lab Feb 28 or March 2, 2018

The lab component is worth 30% of the final grade. You will be provided with a lab syllabus with TA contact information, office hours, tentative schedule, and assignment information. Presentations will be given individually during the last 4 lab sessions and will last approximately 20 minutes. The purpose of these presentation is to develop an understanding of a disorder's features, assessment, and treatment, and will involve presenting on a specific assessment or therapy for a particular disorder. Detailed information on the presentation content will be provided in the lab outline. The presentation is required for the lab, and is not an option. If missed, presentation can only be made up with Physician/Counselors statement; otherwise a grade of 0 will be assigned for the presentation.

The article review will consist of an APA style paper of between 5 and 7 pages in length plus a cover page (typed, double spaced, 12-point font), which describes (1 page maximum), and then discusses (3-5 pages) the methodology, strengths and limitations of an original research article (not a theoretical article), and concludes with a one page discussion of possible "next steps" in the development of the research described in the article. Choose any article from a current (defined as since 2012) issue of a journal relevant to clinical psychology. Examples include: Journal of Consulting and Clinical Psychology, Psychological Assessment, Behavior Research and Therapy, and Journal of Clinical and Child Psychology (available online through OVID). **The reviewed article must be submitted with your review. Papers submitted without the journal article that was reviewed will be considered incomplete and a penalty of 5% of the grade per day (including weekends) will apply.** The article and your review must be handed in during your lab (either Feb. 28/17 or March 2/17). Late article reviews will be deducted 5% per day late.

Students must achieve a passing grade on both the class and lab components to pass this course.

Department of Psychology Criteria for Letter Grades

Psychology professors use the following criteria when assigning letter grades:

A+ grade: *Exceptional Performance*. An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: *Excellent Performance*. Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance*. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: *Satisfactory Performance*. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards*. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: *Course standards not met*. Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

Grading Scale

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
A	90-95%	B	76-79%	C	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

Tentative Lecture Schedule

Date	Topic/Activity/Readings/Due Date
M Jan 08	Winter term lectures begin. Course Introduction
W Jan 10	Clinical Psychology: Definitions Chpt. 1
F Jan 12	Clinical Psychology: Definitions
M Jan 15	Current Controversies Chpt. 3
W Jan 17	Current Controversies Lab 1 begins
F Jan 19	Cultural Issues Chpt. 4 Lab 2 begins

	Last day to drop Winter Term half-courses.
M Jan 22	Cultural Issues Last day to add or swap Winter Term half courses. Last day for change of registration from audit to credit or credit to audit.
W Jan 24	Ethical Issues Chpt. 5
F Jan 26	Ethical Issues Fee payment deadline for Winter Term fees.
M Jan 29	Class Activity #1: Case discussions of Ethical Issues
W Jan 31	Conducting Research Chpt. 6
F Feb 2	Conducting Research
M Feb 5	Diagnosis and Classification Chpt. 7
W Feb 7	Diagnosis and Classification
F Feb 9	TEST ONE (Worth 20%)
M Feb 12	The Clinical Interview Chpt. 8
W Feb 14	The Clinical Interview
F Feb 16	Class Activity #2: Case discussions of Clinical Interviews
Feb 18-25	Reading Week. No lectures. University open (except Family Day).
M Feb 19	Alberta Family Day, University closed (except Taylor Family Digital Library, Law, Medical, Gallagher and Business Libraries). No lectures.
M Feb 26	Intellectual and Neuropsychological Assessment Chpt. 9
W Feb 28	Intellectual and Neuropsychological Assessment Lab article review due for Lab 1
F Mar 2	Personality and Behavioral Assessment Chpt. 10 Lab article review due for Lab 2
M Mar 5	Personality and Behavioral Assessment
W Mar 7	General Issues in Psychotherapy Chpt. 11
F Mar 9	General Issues in Psychotherapy
M Mar 12	TEST TWO (Worth 20%)
W Mar 14	Cognitive Psychotherapy and Mindfulness Chpt. 15
F Mar 16	Cognitive Psychotherapy and Mindfulness
M Mar 19	Group and Family Therapy Chpt. 16
W Mar 21	Group and Family Therapy
F Mar 23	Clinical Child and Adolescent Psychology Chpt. 17
M Mar 26	Clinical Child and Adolescent Psychology
W Mar 28	Class Activity #3: Case discussions of Child and Adolescent Psychology
F Mar 30	Good Friday. University Closed
M Apr 2	Health Psychology Chpt. 18
W Apr 4	Health Psychology
F Apr 6	Forensic Psychology Chpt. 19
M Apr 9	Forensic Psychology
W Apr 11	Class Activity #4: Case discussions of Forensic Psychology

F Apr 13	Last Day of Classes: Course recap and Final Exam review Winter Term Lectures End. Last day to withdraw from full courses and Winter Term half courses.
Apr 16-26	Winter Term Final Examinations. FINAL EXAM: to be scheduled by the Registrar (Worth 30%)

Reappraisal of Grades

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class; no reappraisal of term work is permitted after the 15 days. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

Plagiarism and Other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

Academic Accommodations

The student accommodation policy can be found at: ucalgary.ca/access/accommodations/policy. Students needing an Accommodation because of a Disability or medical condition should communicate this need to Student Accessibility Services in accordance with the Procedure for Accommodations for Students with Disabilities ucalgary.ca/policies/files/policies/student-accommodation-policy. Students needing an Accommodation based on a Protected Ground other than Disability, should communicate this need, preferably in writing, to the instructor.

Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have up to 48 hours to contact the instructor and to schedule a makeup

test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam during exam make-up hours provided by the department <http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues>. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam http://www.ucalgary.ca/registrar/exams/deferred_final. Under no circumstances will this be accommodated by the department.

Travel During Exams

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam http://www.ucalgary.ca/registrar/exams/deferred_final. Under no circumstances will this be accommodated by the department.

Freedom of Information and Protection of Privacy (FOIP) Act

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

Acknowledgments and Respect for Diversity

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

Wellness and Mental Health Resources

The University of Calgary recognizes the pivotal role that student mental health plays in physical health, social connectedness and academic success, and aspires to create a caring and supportive campus community where individuals can freely talk about mental health and receive supports when needed. We encourage you to explore the excellent mental health resources available throughout the university community, such as counselling, self-help resources, peer support or skills-building available through the

SU Wellness Centre (Room 370, MacEwan Student Centre, <https://www.ucalgary.ca/wellnesscentre/services/mental-health-services>) and the Campus Mental Health Strategy website (<http://www.ucalgary.ca/mentalhealth/>).

Course Credits for Research Participation (Max 2% of final grade)

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. **A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation.** The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <http://ucalgary.sona-systems.com>. The last day to participate in studies and to assign or reassign earned credits to courses is **April 13, 2018**.

Evacuation Assembly Point

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at <http://www.ucalgary.ca/emergencyplan/assemblypoints>. Please check this website and note the nearest assembly point for this course.

Student Organizations

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 130 and may be contacted at 403-220-5567.

Student Union VP Academic: Phone: 403-220-3911 suwpaca@ucalgary.ca
Student Union Faculty Rep.: arts1@su.ucalgary.ca

Student Ombudsman's Office

The Office of the Student Ombudsmen provides independent, impartial and confidential support for students who require assistance and advice in addressing issues and concerns related to their academic careers. The office can be reached at 403-220-6420 or ombuds@ucalgary.ca (<http://www.ucalgary.ca/provost/students/ombuds>)

Safewalk

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year.
Call 403-220-5333.

Important Dates

The last day to drop this course with no “W” notation and **still receive a tuition fee refund** is **January 19, 2018**. Last day for registration/change of registration is **January 22, 2018**. The last day to withdraw from this course is **April 13, 2018**.