

# DEPARTMENT OF PSYCHOLOGY Faculty of Arts

Psychology 385	Abnormal Psy	Summer 2014	
Instructor:	Kristin Newman, M.Sc.,	Lecture Location:	ST 127
	PhD candidate		
Phone:	403-220-4667	Lecture Days/Time:	TR 8:30-11:15
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Office:	Administration A06		
Office Hours:	By appointment		
	Email to schedule		

#### **Course Description and Goals**

This course will cover a broad range of topics related to psychopathology. We will examine the historical origins of psychopathology, theories related to abnormal behavior, and how to classify and diagnose psychological disorders. A number of different disorders will be examined in terms of their etiology (what contributes to the development of the disorder), specific defining features, assessment (the measurement of disorders), and treatment (ways to intervene). Some disorders that will be covered include: anxiety disorders, mood disorders, dissociative disorders, schizophrenia, eating disorders, substance disorders, personality disorders, and legal and ethical issues. The use of case studies, class discussion, video clips, and guest speakers will enrich each class topic. A student who successfully completes this course will gain an understanding of each disorder, as well as knowledge regarding current psychological theories, research and treatment related to the problem area.

## **Prerequisites**

Psychology 205- Principles of Psychology or Psychology 200 & 201

## **Required Text**

Barlow, D., Durand, M., Stewart, S., & Lalumiere, L. (2014). Abnormal Psychology: An Integrative Approach, 4<sup>th</sup> Edition, Toronto: Nelson Education.

The textbook is available at the U of C bookstores.

## **Evaluation**

Component	Weighting toward final grade	Exam date/Due date
Midterm exam	40%	July 24, 2014
Assignment	15%	August 5, 2014
Final exam	45%	Scheduled by registrar

#### Exams:

Exams in this class will include both a midterm and final exam. Exams will be **non-cumulative** and will **include lecture content, chapter content, guest speaker material, and audio-visual material**. Each exam will be 2 hours in length and will consist of multiple choice, short answer, and short essay questions. It will be important to attend lectures as well as read the textbook. Some of the text content will not be covered in class, but students will still be responsible for relevant text material for the exams. Please be aware that on some topics, the lectures will be the only source of information, therefore regular attendance is important for success in this course. The course notes are available to help in understanding the material and are not intended to replace class attendance. Students experiencing difficulties should approach the course instructor as soon as possible. The final examination will be scheduled by the registrar and take place during the scheduled examination period.

## Assignment:

There will be one paper in this class (Due August 5, 2014) worth 15% of your final grade. The paper is to be 5-6 pages in length (typed, double spaced, 12 point font, **do not exceed 6 pages**). APA formatting is required. In this paper, you will choose a disorder that you are interested in to describe and then choose one treatment for that disorder and discuss in detail. The paper should also <u>reflect your own thoughts on or reactions to the use of that treatment for your chosen disorder</u>. At least **5 references** including empirical journal articles or books are required. Internet resources (other than journals) should NOT be used (NO Wikipedia for example). More specific details regarding grading and expectations will be discussed in class and posted on D2L. Assignments if missed can only be made up with Physician/Counselor Statement, otherwise a grade of 0 will be assigned.

#### Please note:

- Late assignments will be accepted, with a penalty of 10% per day late (including weekends). Late assignments should be placed into the green box outside of the Psych department office (A275). Late assignments will only be accepted until August 8, 2014. After that date, assignments will not be accepted.
- Emailed assignments will NOT be accepted unless specific arrangements have been made for extenuating circumstances.
- Assignments must be turned in to the instructor at the BEGINNING of the class on the day they are due.
- A failing grade may be assigned to any student who fails to complete one or more of the exams.
- Makeup tests/exams are NOT an option without an official University medical excuse (see the University Calendar and below for more detailed information)

## **Department of Psychology Grade Distribution Policy**

The distribution of grades in Psychology courses (the percentage of A grades, B grades, etc.) will be similar to the distribution of grades in other courses in the Faculty of Arts. The Department monitors the grade distributions of 200-, 300-, and 400-level courses in the Faculty to ensure that the grade distributions in Psychology courses are comparable. Based on these reviews, students can expect that 1) up to 30% of grades in 200- and 300-level psychology courses will be "A" grades (A+, A, and A-), and 2) up to 40% of grades in 400-level psychology courses will be "A" grades.

## **Department of Psychology Criteria for Letter Grades**

Psychology professors use the following criteria when assigning letter grades:

A+ grade: Exceptional Performance. An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: Excellent Performance. Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance*. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: Satisfactory Performance. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards*. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: Course standards not met. Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

## **Grading Scale**

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
Α	90-95%	В	76-79%	С	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final letter grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A, but 89.4% will be rounded down to 89% = A-).

#### **Tentative lecture schedule**

Date	Topic/Activity	Required Readings		
W July 2	Summer Term Lecture begins			
R July 3	<b>History of Abnormal Behavior</b>	Chapter 1		
	Integrative Approach	Chapter 2		
	Last day for registration/changes of			
	registration (drop, add, or swap			
	courses). No fee refunds after this date			
T July 8	Assessment & Diagnosis	Chapter 3		
	Research Methods	Chapter 4		
R July 10	Anxiety, Trauma Related and	Chapter 5		
	<b>Obsessive Compulsive Disorders</b>			
T July 15	<b>Mood Disorders</b>	Chapter 7		
R July 17	Mood Disorders	Chapter 7		
T July 22	Somatic Symptom and Dissociative	Chapter 6		
	Disorders			
R July 24	*Mid-term Exam*	Chapters 1, 2, 3, 4, 5, 6, 7, lecture		
		content and guest lectures		
T July 29	Eating Disorders	Chapter 8		
	Substance related disorders	Chapter 11		

R July 31	Personality Disorders Guest speaker: Dr. Ryan Day from the Forensic Adolescent Program	Chapter 12
T Aug 5	Schizophrenia *Assignment due at beginning of class*	Chapter 13
R Aug 7	Neurodevelopmental Disorders Guest speaker: Autism	Chapter 14
T Aug 12	Sexual Dysfunctions, Paraphilias	Chapter 10
R Aug 14	<b>Legal and Ethical Issues</b> Summer lectures end, last day to withdraw	Chapter 16
Aug 15, 16, 18	Final exam dates- TBD	Chapters 8, 10, 11, 12, 13, 14, 16, and lecture content (guest speaker, movies)

## **Reappraisal of Grades**

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavorable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

## Plagiarism and other Academic Misconduct

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

#### **Academic Accommodation**

It is the student's responsibility to request academic accommodations. If you are a student with a documented disability who may require academic accommodation and have not registered with the Disability Resource Center, please contact their office at 403-220-8237. Students who have not registered with the Disability Resource Center are not eligible for formal academic accommodation. You are also required to discuss your needs with your instructor no later than 14 days after the start of this course.

## Absence from a Test/Exam

Makeup tests/exams are NOT an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48 hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content)

from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam.

## **Travel During Exams**

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December, April, or Spring/Summer examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered except under exceptional circumstances. Students are advised to wait until the final examination schedule is posted before making any travel arrangements.

# Freedom of Information and Protection of Privacy (FOIP) Act

The FOIP legislation disallows the practice of having students retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or via the Department Office (Admin 275), or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take car to not link students' names with their grades, UCIDs, or other FOIP sensitive information.

## Course Credits for Research Participation (Max 2% of final grade)

Students in most psychology courses are eligible to participate in Departmentally approved research and earn credits toward their final grades. A maximum of two credits (2%) per course, including this course, may be applied to the student's final grade. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation. The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. Students can create an account and participate in Departmentally approved research studies at <a href="http://ucalgary.sona-systems.com">http://ucalgary.sona-systems.com</a>. The last day to participate in studies and to assign or reassign earned credits to courses is August 14, 2014.

## **Evacuation Assembly Point**

In case of emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at <a href="http://www.ucalgary.ca/emergencyplan/assemblypoints">http://www.ucalgary.ca/emergencyplan/assemblypoints</a> Please check this website and note the nearest assembly point for this course.

# **Student Organizations**

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 170 and may be contacted at 403-220-5567.

Student Union VP Academic:Phone: 403-220-3911suvpaca@ucalgary.caStudent Union Faculty Rep.:Phone: 403-220-3913socialscirep@su.ucalgary.ca

#### Safewalk

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year. Call 403-220-5333.

## Important Dates http://www.ucalgary.ca/pubs/calendar/current/academic-schedule.html

The last day to drop this course with no "W" notation and still receive a tuition fee refund and the last day for registration/change of registration is **Friday**, **July 4**, **2014**. The last day to withdraw from this course is **August 14**, **2014**.