

# DEPARTMENT OF PSYCHOLOGY Faculty of Arts

PSYC 201-L01 Principles of Psychology II Winter 2018

Instructor: Dr. Daniel McGrath Lecture Location: ICT 102

**Phone:** 403-220-7268 **Lecture Days/Time:** T, TR 11:00-12:15

Email: mcgrathteach@ucalgary.ca
Office: Administration Building 216

Office Hours: Thursdays 1:00-3:00

# **Course Description**

This course provides a general introduction to basic processes in psychology. Upon completion of the course, you will be able to evaluate psychological information related to basic processes according to the scientific method and will have introductory-level knowledge of:

- Psychology as a social science
- The sub-fields of psychology focusing on individual, social, and abnormal behaviour
- Current theories for understanding different areas of psychology focusing on basic processes
- Methodologies and terminology used in psychology focusing on individual, social, and abnormal processes

Lectures are intended to highlight and extend, rather than summarize, assigned text readings. You will benefit most from the lectures if you read the assigned material prior to attending the lecture. Class outlines will be available on the course D2L site. These outlines are provided to assist you in organizing and understanding the material and are not a substitute for class attendance.

# **Course Learning Outcomes**

The Department of Psychology is committed to student knowledge and skill development. The table below lists the key learning outcomes for this course, the program-learning outcomes they facilitate (see <a href="mailto:psyc.ucalgary.ca/undergraduate/program-learning-outcomes">psyc.ucalgary.ca/undergraduate/program-learning-outcomes</a>), and the expected level of achievement.

Course Learning Outcomes	Assessment Methods	PLO(s)	Level(s)
Demonstrate a basic understanding of the diverse sub-	MC	1	1
fields of Psychology			
Demonstrate a basic knowledge of the terminology	MC	1	1
used in different areas of Psychology			
Demonstrate a basic knowledge of psychology as a	MC	1	1
biological and social science, as well as a basic			
understanding of the key theories and research			
methods in Psychology			
Demonstrate critical thinking skills with regards to	MC	1	I
psychological issues			

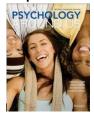
Demonstrate a basic understanding of the diverse sub-	MC	1,1	1
fields of Psychology			

Notes. PLOs = Program-Learning Outcomes: 1 = demonstrate knowledge of psychological sciences, 2 = think critically and solve problems, 3 = conduct research and analyze data, 4 = communicate effectively, 5 = demonstrate information literacy, 6 = understand and implement ethical principles, 7 = apply psychological knowledge and skills. Level of PLO achievement facilitated by this course: I = introductory, C = competency, A = advanced.

## **Prerequisites**

There are no prerequisites for Psyc 201

### **Required Text**



Comer, Ronald; Ogden, Nancy; Boyes, Mike and Gould, Elizabeth (2015) **Psychology Around Us: Second Canadian** Edition Wiley Canada, Toronto. Available at the University of Calgary bookstore

# Desire2Learn (D2L) for PSYC 201 (01)

There is an area on the general campus D2L site set aside for this course. D2L can be accessed via this link: https://d2l.ucalgary.ca/d2l/home

THIS SITE SHOULD BE YOUR FIRST STOP FOR QUESTIONS ABOUT COURSE TOPICS, DATES, ETC.

# **Assessment Methods**

Two mid-term exams (February 1, March 6) and a final exam (date to be set by the Registrar) are scheduled. All are non-cumulative, multiple-choice tests based on textbook and lecture material (including films and other demonstrations). Not all test material will be covered in lectures, and some test material covered in lectures will not be covered in the text, so regular attendance is important for success in this course. Note that you are responsible for all assigned readings from the text even if the specific content has not been covered in lectures. Many test questions will involve critical thinking, a skill you will be given practice developing in class, so again it's to your advantage to come to class. The use of class notes or the text book, computers or calculators is prohibited during the tests in this course. No notes are allowed during midterms and exams.

Your course grade will be computed from midterm 1 (30%), midterm 2 (30%), final exam (36%), PLUS your Experiential Learning score (4%) (see section below the course schedule).

NOTE: Mobile phones and other electronic devices are not permitted during exams.

"Test-Taking Advice: Especially for the Multiple-Choice Challenged": <a href="http://psyc.ucalgary.ca/sites/psyc.ucalgary.ca/files/Test\_Taking\_Advice.pdf">http://psyc.ucalgary.ca/sites/psyc.ucalgary.ca/files/Test\_Taking\_Advice.pdf</a>

#### **Department of Psychology Criteria for Letter Grades**

Psychology professors use the following criteria when assigning letter grades:

A+ grade: Exceptional Performance. An A+ grade indicates near perfect performance on multiple choice and short answer exams. For research papers/essays/course projects/presentations, an A+ grade is awarded for exceptional work deserving of special recognition and is therefore not a common grade.

A, A- Range: Excellent Performance. Superior understanding of course material. Written work is very strong in terms of critical and original thinking, content, organization, and the expression of ideas, and demonstrates student's thorough knowledge of subject matter.

B Range: *Good Performance*. Above average understanding of course material. Written work shows evidence of critical thinking and attention to organization and editing but could be improved in form and/or content.

C Range: Satisfactory Performance. Adequate understanding of course material. Knowledge of basic concepts and terminology is demonstrated. Written work is satisfactory and meets essential requirements but could be improved significantly in form and content. Note: All prerequisites for courses offered by the Faculty of Arts must be met with a minimum grade of C-.

D range: *Marginally meets standards*. Minimal understanding of subject matter. Written work is marginally acceptable and meets basic requirements but requires substantial improvements in form and content. Student has not mastered course material at a level sufficient for advancement into more senior courses in the same or related subjects.

F grade: Course standards not met. Inadequate understanding of subject matter. Written work does not meet basic requirements. Student has not demonstrated knowledge of course material at a level sufficient for course credit.

# **Grading Scale**

A+	96-100%	B+	80-84%	C+	67-71%	D+	54-58%
Α	90-95%	В	76-79%	С	63-66%	D	50-53%
A-	85-89%	B-	72-75%	C-	59-62%	F	0-49%

As stated in the University Calendar, it is at the instructor's discretion to round off either upward or downward to determine a final grade when the average of term work and final examinations is between two letter grades. To determine final letter grades, final percentage grades will be rounded up or down to the nearest whole percentage (e.g., 89.5% will be rounded up to 90% = A but 89.4% will be rounded down to 89% = A-).

# **Tentative Lecture Schedule**

l entative Lect	ture striedule		
Date	Topic/Activity/Readings/Due Date		
T Jan 9	Winter term lectures begin.		
	Chapter 1 & 2. Introduction to Psychology/Psychology as a Science		
R Jan 11	Chapter 4. Human Development		
T Jan 16	Chapter 4. Human Development		
R Jan 18	Chapter 4. Human Development		
F Jan 19	Last day to drop Winter Term half-courses.		
M Jan 22	Last day to add or swap Winter Term half courses.		
	Last day for change of registration from audit to credit or credit to audit.		
T Jan 23	Chapter 11. Motivation & Emotion		
R Jan 25	Chapter 11. Motivation & Emotion		
T Jan 30	Chapter 11. Motivation & Emotion		
R Feb 1	Midterm 1 (Chapter 1, 2, 4, & 11)		
T Feb 6	Chapter 12. Personality		
R Feb 8	Chapter 12. Personality		
T Feb 13	Chapter 12. Personality		
R Feb 15	Chapter 13. Social Psychology		
Feb 18-25	Reading Week. No lectures. University open (except Family Day).		
	Alberta Family Day, University closed (except Taylor Family Digital Library, Law,		
	Medical, Gallagher and Business Libraries). No lectures.		
M Feb 19	Alberta Family Day, University closed (except Taylor Family Digital Library, Law,		
	Medical, Gallagher and Business Libraries). No lectures.		
T Feb 27	Chapter 13. Social Psychology		
R Mar 1	Chapter 13. Social Psychology		
T Mar 6	Midterm 2 (Chapter 12 & 13)		
R Mar 8	Chapter 10. Intelligence		
T Mar 13	Chapter 10. Intelligence		
R Mar 15	Chapter 14. Stress, Coping, and Health		
T Mar 20	Chapter 14. Stress, Coping, and Health		
R Mar 22	Chapter 14. Stress, Coping, and Health		
T Mar 27	Chapter 15. Psychological Disorders		
R Mar 29	Chapter 15. Psychological Disorders		
F Mar 30	Good Friday. University Closed		
T Apr 3	Chapter 15. Psychological Disorders		
R Apr 5	Chapter 16. Treatment of Psychological Disorders		
T Apr 10	Chapter 16. Treatment of Psychological Disorders		
R Apr 12	FINAL EXAM REVIEW CLASS – Exam Chapters: 10, 14, 15, & 16		
F Apr 13	Winter Term Lectures End.		
	Last day to withdraw from full courses and Winter Term half courses.		
Apr 16-26	Winter Term Final Examinations.		

#### **Reappraisal of Grades**

A student who feels that a piece of graded term work (e.g., term paper, essay, test) has been unfairly graded, may have the work re-graded as follows. The student shall discuss the work with the instructor within 15 days of being notified about the mark or of the item's return to the class; no reappraisal of term work is permitted after the 15 days. If not satisfied, the student shall immediately take the matter to the Head of the department offering the course, who will arrange for a reassessment of the work within the next 15 days. The reappraisal of term work may cause the grade to be raised, lowered, or to remain the same. If the student is not satisfied with the decision and wishes to appeal, the student shall address a letter of appeal to the Dean of the faculty offering the course within 15 days of the unfavourable decision. In the letter, the student must clearly and fully state the decision being appealed, the grounds for appeal, and the remedies being sought, along with any special circumstances that warrant an appeal of the reappraisal. The student should include as much written documentation as possible.

# **Plagiarism and Other Academic Misconduct**

Intellectual honesty is the cornerstone of the development and acquisition of knowledge and requires that the contribution of others be acknowledged. Consequently, plagiarism or cheating on any assignment is regarded as an extremely serious academic offense. Plagiarism involves submitting or presenting work in a course as if it were the student's own work done expressly for that particular course when, in fact, it is not. Students should examine sections of the University Calendar that present a Statement of Intellectual honesty and definitions and penalties associated with Plagiarism/Cheating/Other Academic Misconduct.

#### **Academic Accommodations**

The student accommodation policy can be found at: <a href="ucalgary.ca/access/accommodations/policy">ucalgary.ca/access/accommodations/policy</a>. Students needing an Accommodation because of a Disability or medical condition should communicate this need to Student Accessibility Services in accordance with the Procedure for Accommodations for Students with Disabilities <a href="ucalgary.ca/policies/files/policies/student-accommodation-policy">ucalgary.ca/policies/files/policies/student-accommodation-policy</a>. Students needing an Accommodation based on a Protected Ground other than Disability, should communicate this need, preferably in writing, to the instructor.

#### Absence From A Test/Exam

Makeup tests/exams are **NOT** an option without an official University medical excuse (see the University Calendar). A completed Physician/Counselor Statement will be required to confirm absence from a test/exam for health reasons; the student will be required to pay any cost associated with this Statement. Students who miss a test/exam have up to 48 hours to contact the instructor and to schedule a makeup test/exam. Students who do not schedule a makeup test/exam with the instructor within this 48-hour period forfeit the right to a makeup test/exam. At the instructor's discretion, a makeup test/exam may differ significantly (in form and/or content) from a regularly scheduled test/exam. Except in extenuating circumstances (documented by an official University medical excuse), a makeup test/exam must be written within 2 weeks of the missed test/exam during exam make-up hours provided by the department <a href="http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues">http://psychology.ucalgary.ca/undergraduate/exam-and-course-information#mues</a>. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred

exam <a href="http://www.ucalgary.ca/registrar/exams/deferred\_final">http://www.ucalgary.ca/registrar/exams/deferred\_final</a>. Under no circumstances will this be accommodated by the department.

# **Travel During Exams**

Consistent with University regulations, students are expected to be available to write scheduled exams at any time during the official December and April examination periods. Requests to write a make-up exam because of conflicting travel plans (e.g., flight bookings) will NOT be considered by the department. Students are advised to wait until the final examination schedule is posted before making any travel arrangements. If a student cannot write their final exam on the date assigned by the Registrar's Office, they need to apply for a deferred exam <a href="http://www.ucalgary.ca/registrar/exams/deferred final">http://www.ucalgary.ca/registrar/exams/deferred final</a>. Students with an exceptional extenuating circumstance (e.g., a family emergency) should contact the Department of Psychology (psyugrd@ucalgary.ca).

# Freedom of Information and Protection of Privacy (FOIP) Act

The FOIP legislation disallows the practice of having student's retrieve tests and assignments from a public place. Therefore, tests and assignments may be returned to students during class/lab, or during office hours, or will be made available only for viewing during exam review sessions scheduled by the Department. Tests and assignments will be shredded after one year. Instructors should take care to not link students' names with their grades, UCIDs, or other FOIP-sensitive information.

# **Acknowledgments and Respect for Diversity**

Our classrooms view diversity of identity as a strength and resource. Your experiences and different perspectives are encouraged and add to a rich learning environment that fosters critical thought through respectful discussion and inclusion. The Department of Psychology would also like to acknowledge the traditional territories of the people of the Treaty 7 region in southern Alberta. The City of Calgary is also home to Métis Nation of Alberta, Region III.

#### **Wellness and Mental Health Resources**

The University of Calgary recognizes the pivotal role that student mental health plays in physical health, social connectedness and academic success, and aspires to create a caring and supportive campus community where individuals can freely talk about mental health and receive supports when needed. We encourage you to explore the excellent mental health resources available throughout the university community, such as counselling, self-help resources, peer support or skills-building available through the SU Wellness Centre (Room 370, MacEwan Student

Centre, <a href="https://www.ucalgary.ca/wellnesscentre/services/mental-health-services">https://www.ucalgary.ca/wellnesscentre/services/mental-health-services</a>) and the Campus Mental Health Strategy website (<a href="http://www.ucalgary.ca/mentalhealth/">http://www.ucalgary.ca/mentalhealth/</a>).

# **Evacuation Assembly Point**

In case of an emergency evacuation during class, students must gather at the designated assembly point nearest to the classroom. The list of assembly points is found at <a href="http://www.ucalgary.ca/emergencyplan/assemblypoints">http://www.ucalgary.ca/emergencyplan/assemblypoints</a>

Please check this website and note the nearest assembly point for this course.

#### **Student Organizations**

Psychology students may wish to join the Psychology Undergraduate Students' Association (PSYCHS). They are located in Administration 130 and may be contacted at 403-220-5567.

Student Union VP Academic:Phone: 403-220-3911suvpaca@ucalgary.caStudent Union Faculty Rep.:arts1@su.ucalgary.ca

#### Student Ombudsman's Office

The Office of the Student Ombudsmen provides independent, impartial and confidential support for students who require assistance and advice in addressing issues and concerns related to their academic careers. The office can be reached at 403-220-6420 or <a href="mailto:ombuds@ucalgary.ca">ombuds@ucalgary.ca</a> (http://www.ucalgary.ca/provost/students/ombuds)

# Safewalk

The safewalk program provides volunteers to walk students safely to their destination anywhere on campus. This service is free and available 24 hrs/day, 365 days a year. Call 403-220-5333.

#### **Important Dates**

The last day to drop this course with no "W" notation and still receive a tuition fee refund is January 19, 2018. Last day for registration/change of registration is January 22, 2018. The last day to withdraw from this course is April 13, 2018.

#### **Course Credits for Research Participation**

# Experiential-Learning/Article-Evaluation Course Component (4% of final grade)

This experiential-learning/article-evaluation component provides enriched learning opportunities in this introductory course. You can complete this component by participating in research studies (Option 1: Research Participation), by completing 1-page article evaluations from a designated list (Option 2: Article Evaluations), or by a combination of the two options. Thus, you will learn more about psychology by taking part in research studies and/or by reading and evaluating articles from a psychological perspective.

**Option 1: Research Participation**. Students can complete this course component by creating an account and participating in Departmentally approved research studies at <a href="http://ucalgary.sona-systems.com">http://ucalgary.sona-systems.com</a>. Students earn 0.5% (0.5 credits) for each full 30 minutes of participation. Each study will be followed by an educational debriefing experience. The demand for timeslots may exceed the supply in a given term. Thus, students are not guaranteed that there will be enough studies available to them to meet their credit requirements. Students should seek studies early in the term and should frequently check for open timeslots. **The last day to participate in research and allocate credits is April 13, 2018.** 

*Option 2: Article Evaluations*. Students can complete this course component by reading and evaluating articles. Students earn 1% (1 credit) for each acceptable evaluation. Students can submit only one evaluation per due date (January 19, February 9, March 2, March 23, 2018), late submissions will not be accepted. Please consult the Blackboard for this course for more information about this option.

Option 3: Combinations of Options 1 and 2. Students can complete this course component through any combination of Options 1 and 2 (e.g., 3% through Option 1 and 1% through Option 2, or vice versa). Given that each article evaluation counts for 1%, students who complete, for example, 2.5% through Option 1 would need to complete two evaluations to successfully complete all 4% of this course component. As mentioned under Option 2, students can only submit one article evaluation per due date, late submissions will not be accepted. Thus, students who opt to combine Options 1 and 2 must plan ahead carefully.